

# Prescott Dog

March/April 2023 • PrescottDog.com

magazine



## Abbott Wins 4th Man Against Horse

Lake Pleasant,  
More Than Pleasant

Proper Dental Care Critical

Trail's End

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*Introducing Our Cover Dog – Junior*

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# PrescottDog magazine

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### PRESCOTT DOG MAGAZINE

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*Serving Prescott, Prescott Valley, Chino Valley,  
Dewey-Humboldt, and The Highway 69 Corridor for 14 Years*

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## COVER DOG CONTEST

**It's easy to enter your furry best friend!**

- 1) Take a picture of your canine pal
- 2) Send your picture to [info@reddogpublishing.net](mailto:info@reddogpublishing.net)

*Please include your name, dog's name, address and phone with your entry. Entries without owners info will not be accepted.*

### Winner will receive:

- 1) A photo shoot with A Portrait Park by J in Prescott
- 2) 50 copies of Prescott Dog
- 3) A personalized social media post congratulating your dog as the winner and an electronic copy of the printed cover

**All entries are judged for the edition submitted..**  
You can enter for EVERY edition! One entry per dog, per edition.

**Deadline Dates - 12/1, 2/1, 4/1, 6/1, 8/1, and 10/1**



## Junior, Our Cover Dog

**Name:** Junior

**Hometown:** Walker, Arizona

**Age:** Five years old sometime this year. Not sure of my exact b-day.

**Favorite brand of kibble:** Costco lamb and rice.

**Favorite people food:** CHEESE!!!

**Favorite toy:** My yellow, stuffed duckling.

**Favorite outdoor activity:** It's a tie between hiking with my siblings and going to school, which is FUN agility training at the United Animal Friends Rescue Ranch.

**Favorite indoor activity:** Wrestling with my big brother, Bonner, and my sister, BB.

**Favorite nap spot:** In the sunny stairwell so I can keep an eye on the driveway.

**Fitness regimen:** I hike regularly and love doing the agility course.

**Describe your perfect canine pal:** BB is my best friend. We wrestle a few times a day, and Bonner our brother joins in. We also like to sing together at random times of the day. My humans call it HOWLING, but we are pretty good. BB and Bonner are the perfect match for me, and I'm glad my humans rescued me and them from UAF! We also have two older, smaller siblings that have taught me a lot.

**Describe your perfect day:** My perfect day is eating a hearty breakfast, going on a long hike in the forest where there are a lot of downed trees to run and balance on (one of my most favorite things to do!), coming home for a short break and then heading off to school. I am the star student in class (not so much at home).

I enjoy placing on objects, I love jumping over the jumps, and I like the weave poles. After all that activity, I love curling up on the couch to watch sports with my humans.



# HAZEL HOWLS: CASSIE – CELEBRATION OF LIFE

Hi, Everyone,

What's it like to lose your best friend? The question was something I never considered until the last Friday of 2022.

I was in my usual afternoon position, in the center of mom and dad's bed. Dreaming away, I heard mom's phone ring. I adjusted my ears for maximum range, in case the call had been for me, but all I heard was, "I'll be right there."

Mom came out of her office and quickly grabbed a few things, including a towel from the linen closet, which she rubbed over me and shot out the door. I wasn't certain what that was all about, but stranger things have happened, I guess.

Mom was gone quite a while. When she returned, she was very sad. She came to visit me on my perch, carrying the towel she had rubbed on me earlier. That's when I realized I had just lost my best friend.

Cassie had been my best friend since I was a puppy. Cassie loved puppies, though never having any of her own. She knew how to teach, how to correct, but most of all how to love. She was one of the kindest, sweetest dogs I ever knew.

How grateful I am that I had the opportunity to be taught by her.

Having come from the reservation, our mom didn't have a whole lot of time to teach us to play. She was busy keeping us fed and safe



*I Love You, Mom*



*Cassie and Blake celebrate*



*Nala, Cassie and Cardinals wait for the command*

from predators. Cassie taught me what play was. I'd follow her around and do what she did. If she laid down, I laid down. If she alerted on something, so did I. When I got out of line, Cassie would kindly show me that it wasn't acceptable. I loved being with Cassie.

When I got older there were lazy days on the patio, sleepovers, and the laborious yard surveys. We loved those. Wherever her nose was, mine was, too. We would comb every inch of the yard, her house or mine, inspectin' and detectin', as dad says.

Cassie's life didn't start out easy. She had been adopted and surrendered several times in her first year or so. None of the reasons seemed to have anything to do with her. They were all human reasons.

Cassie's fate changed forever at an adoption event in the Verde Valley, similar to our WOOFstock and DOGtoberfest.

My Aunt Sheryl was combing the event grounds for her radio notes when she spotted Cassie. I'm not sure if it was love

at first sight, but I know that my Aunt Sheryl has said more than once over the years, "She picked me" with one of the biggest smiles I've seen.

That being totally true, Cassie had no idea that day that she had come to one of the best homes EVER. My Aunt Sheryl helped Cassie adjust to her new forever home. She helped her to learn new things. She made her part of the pack.

It didn't take long before they were joined at the heart. Cassie lived her life being showered with love and affection. All the things a dog needs, and more. Cassie loved her mom. The adoration was unmistakable.

I will miss my friend until I see her again. My dad has promised me that I will, and I believe everything he tells me, cuz he knows stuff.

With Many Fond Memories,  
~Hazel



*Cassie and Hazel playing at mom's office*



*Puppy Lucy and Cassie "mouth-measuring" during play*



*Cassie alert in the garden*



*Cassie and Hazel as 'Old Girls'*

# 12TH ANNUAL WOOFstock & ADOPT-A-THON

What's the best summer party on 4 paws? The 12th Annual WOOFstock and Adopt-A-Thon, of course!

The best place for family fun and finding true love? That's WOOFstock! Saturday June 10th at the beautiful Civic Center in Prescott Valley. The address is 7501 E Skoog Blvd.

The 2023 WOOFstock Day, as proclaimed by the Town of Prescott Valley, will be full of canine and family fun and activities. Each year dozens of rescues, family related non-profit organizations and vendors come together for one of the best celebrations of "all things dog."

The host and coordinator of WOOFstock is Cherie Dreves, Publisher of Prescott Dog and Flagstaff Sedona Dog Magazines. Prescott Dog Magazine has been the voice for lovable Homeless Pets and those who rescue them from harm, since 2008. Cherie had a few things she'd like to share to make your WOOFstock experience more enjoyable for you and your pet.

1. **Examine your dog's collar before leaving home to ensure the collar is not too loose.** A slipped dog in a crowd is likely to become frightened and could turn and run.
2. **Please bring a 6-foot leash.** We ask that retractable leashes not be used at the event.
3. **If this is your first time visiting WOOFstock, and you live close by, perhaps visit the venue in advance.** Dozens of dogs walk the park each day. The green is a great oasis for tired paws. This will be help-



ful for both of you when WOOFstock Day comes. You'll know where the best parking is and your pet will be familiar with the sights, sounds and smells of the park.

4. **We ask that only well behaved, socialized dogs attend our events.** What does that mean, exactly? We are NOT asking for perfect. Dogs will be dogs. Dogs need to be under the control of their owners at all times. It's truly hard for a dog not to be excitable with other dogs around. Please be sure that, when necessary, you can break off the interaction and calm your dog to continue.
5. **Dogs should be tolerant of the other dogs they meet at the event.** We get dogs of all shapes, sizes, demeanors and backgrounds. All have their own beautiful story to tell and all deserve a relaxing day in the park. Make sure your fur-baby is easy to meet other dogs, taking it in stride as a pleasant part of the experience.

6. Speaking of relaxing, **if you don't take your dogs into crowds very often, don't get overwhelmed**, as it will transfer down the leash to your fur-baby. Relax and they will too.
7. **Have a good time, visit all the sponsors and vendors, and support our local rescues.**



Peace, Love, & Dogs, Y'all!

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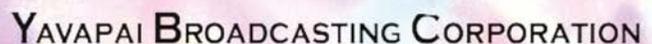
If you're looking for the next love of your life - **ADOPT**

If you'd prefer to help an animal in need - **DONATE**

If you'd like to make the lives of animals better - **VOLUNTEER**

## WOOFSTOCK AND ADOPT-A-THON SATURDAY JUNE 10TH 9-2PM

More details at [Prescottdog.com](http://Prescottdog.com)



# CALENDAR



Events are subject to change. Please contact the event sponsor to confirm date and details.

## ONGOING ADOPTIONS & EVENTS

**AARF ANIMAL RESCUE & SANCTUARY.** Adoptions by appt. in Mayer. Info 928-925-7219 or email at aarfanimalrescue@gmail.com. See pets available for adoption at aarfrescue.org.

**CATTY SHACK – CAT ADOPTIONS.** Onsite: Tue-Sat, 10a-2p, 609 S. Granite St., Prescott. ssnsmart@yahoo.com

**CIRCLE L RANCH ADOPTIONS.** On-site by appt. Off-site info. 928-273-7005 or CircleL.org.

**DOG TRAINING GROUP CLASSES.** \$10/class with Sammi Maon. 50% donated to United Animal Friends. Level 1: Sundays 9:30a-10:30a. Level 2: Sundays 11a-12p. UAF Rescue Ranch, 2600 Heckethorn Road, Prescott. Register: www.meetup.com/UnitedAnimalFriends.

**MISS KITTY'S CAT HOUSE.** Onsite adoptions: By appt. 302 N Alarcon, Prescott, 928-445-5411. Offsite: Petsmart, Sat & Sun 11a-3p. Website: misskittyscathouse.com.

**UNITED ANIMAL FRIENDS.** Petco, Frontier Village, 1931 E Hwy 69, Prescott.

- Dog Adoptions: Most Saturdays 11a-2p.
- Cat Adoptions: Mon-Fri: 9a-10:30a & 4p-5:30p; Sat: 9a-11:30a & 4p-5:30p; Sun: 10a-11:30a & 4p-5:30p

## YAVAPAI HUMANE SOCIETY

- Onsite Adoptions: M, T, TH, F Noon-5:30p by appt. Sat-Sun 11:30a-4:30pm by appt. 1625 Sundog Ranch Rd., Prescott, 928-445-2666
- Lost Pet Center by appt: M, T, TH, F 12p-5:30p, and by appt. Sat-Sun 11:30a-4:30p.

**YAVAPAI HUMANE TRAPPERS.** Most Sat at Prescott Petco. Visit YavapaiHumaneTrappers.org to request mtg or complete preadoption form.

## ONGOING EVENTS

**ALLIANCE OF THERAPY DOGS TEAM VOLUNTEERS NEEDED.** Do you and your dog love people? Is your dog well behaved? Share the love by becoming a certified Alliance of Therapy Dogs Team. No fee for testing. Info: tester.observer@gmail.com; robyn.petrillo@gmail.com; or therapydogs.com.

**UNITED ANIMAL FRIENDS.** To volunteer or learn more about UAF: unitedanimalfriends.org or 928-778-2924.

**YAVAPAI HUMANE EQUINE CENTER.** To tour our center: 928-515-4947.

## YAVAPAI HUMANE SOCIETY (YHS)

- 50% OFF: 1st Sat every month at YHS Thrift Store, 1601 Iron Springs Road, Prescott. Open Mon-Sat, 9a-5p.
- Walk-In Vaccination Clinic every Friday between 8a-4p. No appointment necessary; first come, first served. Wellness Clinic, 2989 Centerpointe E Dr, Prescott.

## MARCH & APRIL EVENTS

**ALL-PARTNER [EQUINE] TRAIL WORKDAY FOR MINT WASH, TRAIL #345**  
Mar 11, 8a-12p. Info & RSVP: yta.trailwork@gmail.com by Mar 9.

## WESTERN DRESSAGE ASSOC OF AZ

"RIDE A TEST"

Mar 18. Judge: Cynthia Ganem in Scottsdale. Sponsor: Western Dressage Assoc of AZ. Info: Syndy 928-830-9329

## WESTERN DRESSAGE ASSOC OF AZ RECOGNIZED SHOW

Apr 1, Carefree Farms, Phoenix. Info: Syndy 928-830-9329

## HERITAGE PARK ZOO

- Apr 8, Breakfast with Lynx
- Apr 8, Breakfast with Lynx
- Apr 9, Easter Eggstravaganza
- Apr 22, Behind the Scenes Photo Tour
- Apr 29, Community Appreciation Day

**CHINO VALLEY EQUESTRIAN PARK (CVEA), 2208 Equestrian Way, Chino Valley.** Info/registration for all events: cvequestrianpark.org

- Apr 15, Open Horse Show. New Classes, New Divisions, New Highpoint Program.
- Apr 16, Driving Show. Horses, Ponies, Minis, New Driving Arena.

## TREASURE SALE & CAT MEET & GREET

Apr 21 & 22, Petey's Playground Resource Center, 22448 State Route 89, Yarnell. Furniture, clothes, housewares, collectables, handmade jewelry from local artists, etc. Donations accepted. Info: peteysplayground.org

## WILD ROSE HORSE [EQUESTRIAN] OBSTACLE CONTESTS

Apr 21-23, Patterson Ranch, Star Valley. All proceeds benefit vet heroes & rescue horses at Bethany's Gait. Register: bethanysgait.org/wild-rose/



# Rescue Resources

For an expanded view of Rescue Resources, visit PrescottDog.com



<p><b>AARF ANIMAL RESCUE AND SANCTUARY</b> 6639 S. Country Road, Mayer 928-925-7219, aarfrescue.org</p>	<p><b>ARK CAT SANCTUARY</b> Parks, Arizona 928-635-5909 arkcatsanctuary.org</p>	<p><b>BETHANY'S GAIT RANCH</b> Prescott, Arizona 928-499-9442 bethanysgait.org</p>	<p><b>BLUE MOON RESCUE AND SANCTUARY</b> 1851 E Perkinsville Rd, Chino Valley 928-925-7724, bluemoonrescue.org</p>
<p><b>CATTY SHACK RESCUE</b> 609 S. Granite Street, Prescott 928-778-6951 cattysackrescue.org</p>	<p><b>CHINO VALLEY ANIMAL SHELTER</b> 1950 Voss Drive, Chino Valley 928-636-4223 Facebook: cvanimalshelter</p>	<p><b>CIRCLE L RANCH ANIMAL RESCUE</b> 8550 E Smitty's Place, Prescott Valley 7680 N Coyote Springs, Prescott Valley 928-273-7005, circlerl.org</p>	<p><b>DESERT LABRADOR RETRIEVER RESCUE</b> Prescott, Arizona 520-965-4968, DLRRAZ.com</p>
<p><b>MISS KITTY'S CAT HOUSE</b> 302 N Alarcon St, Prescott 928-445-5411 misskittyscathouse.com</p>	<p><b>NOW THAT I'M SAFE EQUINE RESCUE</b> Chino Valley, Arizona, 951-233-1318 nowthatimsafe.org Facebook: nowthatimsafeequinerescue</p>	<p><b>PETEY'S PLAYGROUND</b> Yarnell, Arizona 928-713-1375 peteysplayground.org</p>	<p><b>UNITED ANIMAL FRIENDS</b> Prescott, Arizona 928-778-2924 UnitedAnimalFriends.org</p>
<p><b>VERDE VALLEY HUMANE SOCIETY</b> 1520 W. Mingus Ave, Cottonwood 928-634-7387 VerdeValleyHumaneSociety.org</p>	<p><b>HUMANE SOCIETY OF WICKENBURG</b> 4000 Industrial Rd, Wickenburg 928-684-8801, wickenburghumane.com</p>	<p><b>YAVAPAI HUMANE SOCIETY</b> Multiple locations. Please visit website for info. 928-445-2666, yavapaihumane.org</p>	<p><b>YAVAPAI HUMANE TRAPPERS ANIMAL SEARCH &amp; RESCUE</b> Prescott, Arizona YavapaiHumaneTrappers.org</p>

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Photo of Asher and his  
best friend, Samson, adopted from YHS

# ABBOTT AND ENDURANCE HORSE, GOAT, WIN 4TH MAN AGAINST HORSE RACE

By Heidi Dahms Foster

In 1991, Phoenix horse lover Kim Abbott met and fell in love with a friend's Arabian horse, Fire Ari, and the rest of the story is endurance riding history that is still playing out today.

Abbott won the grueling Dewey Man Against Horse 50-mile race over Mingus Mountain for the fourth time this past October on one of Fire's daughters, Justa Strike of Fire, nicknamed "Goat," because when she whinnied, she sounded like a goat.

Fire, eight years old at the time Abbott purchased him, had quite the reputation. He had been mistreated as a youngster, and had put a couple of people in the hospital. "He was a friend's stallion and they were scared of him. I fell in love with him, and I had to have him," Abbott said.

She purchased Fire, but the friend made her sign a paper that said she wouldn't sue him if Fire killed her. She brought the handsome red stallion home and began the long road to winning his trust.

"I would carry a pocketful of carrots. I'd pull his head around, and give him a carrot. I'd put my foot in the stirrup, and give him a carrot. I'd sit on him and give him a carrot. He got to trust me handling and taking care of him. I wouldn't let anyone else ride him. He had a big personality. You couldn't bully him," she said.

Kim rode Fire in horse shows and parades, and then became interested in endurance riding. She got a late start as Fire was already older when she purchased him. But that didn't stop the duo. He was 15 when she rode him in the Wickenburg Land of the Sun ride in 1998, her first 50-miler. She was hooked.

One of her friends then talked her into riding the Tevis, the mother of all endurance rides. The 24-hour ride covers 100 miles of the roughest country imaginable, from the Lake Tahoe area to Auburn, California. Fully 50 percent of the riders who enter Tevis do not finish.

"I had barely ridden 50 miles, much less 100!" Ab-



bott said. But she's a tough, athletic horsewoman, and she and Fire took on the challenge in just their second-ever endurance ride.

Horse and rider teams must finish the contest in 24 hours. Abbott and Fire came in dead last with just 15 minutes to spare. But they finished, a great accomplishment in itself. Abbott would ride the Tevis a total of six times, finishing five of them, the last one on Fire's daughter, Ferrari.

After Tevis, Abbott entered her first Man Against Horse, held in memory of its founder, Gheral Brownlow, a runner who died after a battle with cancer. She has run the race most years since, and has won it four times.

The rigorous course, designed only for experienced, well-trained runners, horses and their riders, begins at an elevation of 5,200 feet in Dewey at the base of Mingus Mountain, and climbs to the top at 7,700 feet before dropping back down to the finish line.

Weather can be brutally hot or cold, and rain, sleet, hail, snow and wind are all possible. Depending on the summer monsoons, the trail can be full of hazards. Abbott and her horses have also beat the human runner every year except when Hopi runner, the late Dennis Poolheco, dominated the race for several years.

Abbott's wins and respectable finishes in the race are laudable, but it's her spirit and care for the other riders and horses that stand out.

One year, her friend was coming down the switchbacks and her horse tripped, fell, rolled over her and broke her pelvis. She had to be flown off the mountain. Putting her own race time aside, Abbott ponied her friend's horse to the finish line, making sure

she got down the mountain safely.

In the 2022 Tevis Cup, Abbott's friend Susie Kramer, a seasoned endurance rider, lost her beloved horse Steel when she was leading him along a rough section of trail. Steel slipped and fell off the trail, and was later found deceased.

Kramer rode the Man Against Horse this year on her horse Jesse, and Abbott rode with her along a couple of spots along the trail edge to ease her worries.

Abbott is also known for her care for her horses, often winning the Best Condition Award in races she runs. This award is sometimes more coveted than the first-place trophy because it defines a rider's character in putting their horse's wellbeing before the win.

Abbott can't say enough good about her Fire daughter Goat, one of the four Fire offspring she has bred, kept and ridden. She's an endurance rider's dream. Abbott let other riders use her while she was competing with her horse Sea Spot Run, on which she also won the Man Against Horse.

"Goat is so forward. She has a huge heart. She is very efficient in the way she moves and travels, and she takes cares of herself, eating and drinking well. She's a 100-mile horse but I'm not a 100-mile girl anymore!"

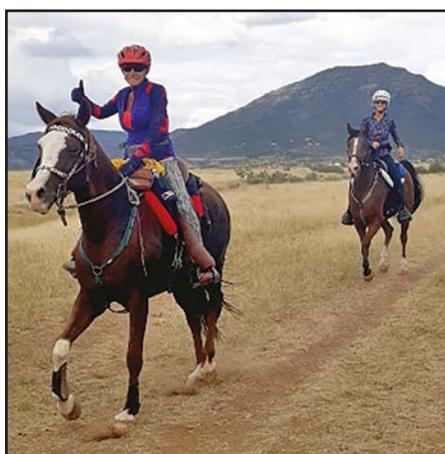
She may not want to ride the 100-mile trails anymore, but Abbott, a longtime realtor who specializes in horse properties, and a restaurant owner, works

hard to stay in shape. She takes spin classes, and works out on a Peloton five days a week. She also works with a trainer and hikes. "I have to keep myself fit," she said. "If you rest, you rust!"

Susie Kramer and Steel had won the 2021 Man Against Horse and earned the top condition award. In 2022, in remembrance and recognition of Steel, race managers Ron and Stacy Barrett, along with James Bonnett, created the "Steel Cup," a perpetual trophy that will display the name of the Best Conditioned Horse for the 50-mile distance.

Fittingly, Kramer's friend Kim Abbott on Goat won the race, and the Best Condition trophy.

Find more information on the Man Against Horse Race at <https://managainsthorse.net/>



Ask yourself....

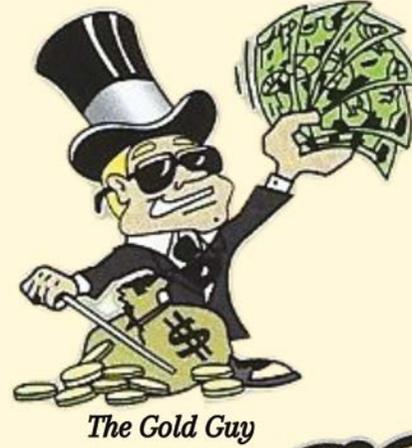
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### Lady Shepherdly: The Snow-Skiing German Shepherd

On August 4, 2022, this big old girl was pulled from a canal by Buckeye PD and Fire. They reported, "Dog tried to walk but could not stand on either hind leg; hind right leg shook before giving out, and hind left leg looked completely useless and mangled; according to buckeye PD, dog was found in a canal."

"NO NAME" was taken directly to Maricopa County Animal Care and Control where she was evaluated and was to be added to the euthanasia list on August 7, 2022. She was estimated to be approximately 12 years old and looked exhausted in her intake pictures. We'll never know where she came from or how she got in that canal, but from the moment I saw her picture, I knew I could help. You see, we have had old dogs for years and know that they can easily overwork their hind legs and have trouble standing once they get exhausted or panicked. With a little time, and sometimes meds, they usually recuperate.

We jumped into action and started Operation Save the Canal Dog. On August 6, we drove down to Phoenix to rescue Lady Shepherdly as she became known.

They loaded her into the back of my car with a sling and she sat quietly as we drove back up to Prescott, stopping for McNuggets & fries (as I do with all the rescue dogs). By the time we arrived at the sanctuary, she had decided that I was her person.

I have to admit, I was a bit hesitant to get my face too close to her. I usually don't bat an eye, but she was big, and strong, and we hadn't rescued a full-bred German Shepherd before. Once we were home, the pack introduction went incredibly smoothly and she moved into the house immediately. She had no intention of staying in the quarantine area for the night.

We loaded her up on pain meds and anti-inflammatories, and she slept about 24 hours. Like I suspected, with some rest and meds, she recovered and was easily walking and even running in the forest. She did great for the first month or so. Then we then started to notice issues with her hind legs.

Upon recommendation from our vet, we ordered up a test and she was diagnosed with Degenerative Myelopa-



thy (DM), a disease that affects the spinal cord in dogs. It causes progressive muscle weakness and loss of coordination, similar to Lou Gehrig's disease or amyotrophic lateral sclerosis (ALS) in humans.

Her inability to control her hind legs has progressed fairly rapidly; she now cannot support her own weight. We've never had a dog in a wheelchair before and wasn't sure it would be successful, particularly due to the terrain at the sanctuary. Her mind is 100% though, so we had to give it a shot.

We had a pair of wheels donated, strapped her in, and could not believe our eyes when she immediately tore off through the forest with the rest of the pack. She was a natural! She chases the other dogs through the forest amazingly fast, barking all the way. She is a sassy strong-willed lady which I believe will keep her going much longer. We have since upgraded her wheelchair to a more off-road version, which has been invaluable for her happiness and quality of life. She ABSOLUTELY LOVES IT!

When winter arrived, we modified an extra wheelchair with snow skis that we picked up at Noah's Thrift Store. Lady now skis around the property in the snow. Watching her, I am amazed at how adaptable dogs are. She can maneuver that wheelchair like it's a part of her body that has been there for years. She actually backs up to get out of tight area and can wheel over logs and rocks with ease. She also wears heavy-duty booties to protect her feet. Her favorite past time is wheeling down to her Gram's house for a treat every afternoon. She flies down that driveway ever anxious for the beloved piece of jerky.

I won't kid you, she is a full-time job. She knows her body is compromised and needs assistance moving about the house, therefore wants to be with me every minute of every day. When I'm out of sight, she calls for me. Dad is okay, but she prefers Mom. We sit on the couch together, sleep together and she is my permanent sidekick.

I don't see any sign of her slowing down in the near future; however, DM is a progressive disease so we make the most out of each day. We love her so. She is the perfect Lady!

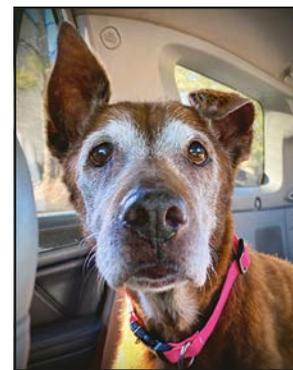


Dogtree Pines Senior Dog Sanctuary currently has sixteen dogs onsite and five in foster homes. We not only take senior dogs, but most all are medical dogs as well, meaning that they have fairly extensive medical issues preventing them from being adopted. Every dog has an amazing story and we'd love to share them with you.

This year we are starting a new program: SPONSOR A SANCTUARY SENIOR (SASS for short). It's easy!

1. Come meet the dogs of Dogtree Pines or browse their stories online.
2. Pick the dog that speaks to you the most (that's a hard one).
3. Sponsor the needs of that dog to whatever extent you'd like.

If you can't adopt or foster, you can still help a senior that touches your heart by becoming their sponsor angel! A sponsorship is a gift of \$25 or more made in honor of an animal at Dogtree Pines Senior Dog Sanctuary. You can sponsor a dog in your own name, or as a gift or memorial for someone else. Your name or the name you choose will be listed on that senior's page as his or her angel. You'll also get regular updates on your sponsor dog to let you know how he/she is doing and the difference your sponsorship has made to them. Here are just a few examples of the dogs you could sponsor:



**EMMA BEAR:** Emma is our sweater girl and oldest resident at the ripe old age of 16½. It's Christmas sweaters year around for our girl. Emma has Cushing's Disease, causing her hair to thin, which means that Emma is cold all the time and she is HUNGRY all

the time! She also needs weekly medicated baths for her dry skin. Emma is about the sweetest thing around and can usually be found on her heated down comforter.



**BELLA:** Bella is a beautiful Señorita rescued from Rocky Point, Mexico. She's about twelve years old and came to us covered with infected wounds. Despite her past, Bella is happy as can be and can be seen frolicking through the forest with

a smile on her face. Bella has cancer and needs daily supplements to help keep her cancer at bay. Sweet Bella is a volunteer favorite.



**FROSTY:** Frosty is a fourteen-year-old white Siberian Husky with the most beautiful crystal blue eyes. Frosty was rescued off the euthanasia list and came to us with severe dental disease that had fissured into his nasal cavity. He had

withered down to only 35 lbs. Frosty is coming into his own and finally eating. He has a special diet of lowfat foods to help his pancreatitis.

Please visit our website at [DogtreePines.com](http://DogtreePines.com) for details. You may also email us at [info@dogtreepines.com](mailto:info@dogtreepines.com), or call Cindy at 928-273-2228. We always welcome volunteers and visitors. Call us to schedule a tour!

## UNITED ANIMAL FRIENDS ON A RESCUE MISSION

With 2023 well underway, United Animal Friends marks a momentous milestone: our 20th anniversary! That's right—our efforts to rescue and assist animals have now spanned two decades! As we look to the future to increase our efforts and rescue even more animals, we celebrate the victories you helped us achieve in 2022:

- 575 animals rescued into our adoption programs
- 549 animals placed into loving forever homes
- 44,163 pounds of pet food distributed through our Pet Food Bank, feeding an average of 560 animals each month
- 873 animals spayed or neutered via our Spay / Neuter Program
- 360 sick or injured dogs and cats assisted through our Emergency Medical Program

Of course, numbers tell only part of the story. Other major successes include the operationalization of our Rescue Ranch, which enables us to house and rehabilitate animals as they await adoption.

In January, we opened our first retail venture: Furr-tastic Finds Rescue Resale! Located in Prescott at 510 S. Montezuma Street, our store accepts donations and welcomes shoppers Thursdays through Saturdays from 10am to 4pm. Come check us out!

Your support and generosity allow us to do more and more every year. Thank you for your donations, your volunteer hours, your well wishes, and your shared commitment to animals in need.

To learn about the many ways you can help animals through your support of United Animals Friends, visit us online at [UnitedAnimalFriends.org](http://UnitedAnimalFriends.org). And finally, as the year progresses, remember that the best is truly yet to come!



We are super stoked to be planning the revival of our annual Treasure Sale. It has been at least three or four years since our last event that was held during the demolition phase of the Resource Center.

This is not your usual rummage sale. This is more like a Boutique style estate sale. Some furniture, clothes, housewares, collectables, animal stuff from inside the Resource Center also and beautiful handmade jewelry from local artists.

We'll start taking donations in February during regular business hours, and other times by appointment. The sale is planned for Friday, April 21 and Saturday, April 22 at the Resource Center at 22448 State Route 89 in Yarnell. Our beautiful cats housed at the Resource Center will be available for Meet and Greets those days also.



We have been so lucky to have a local volunteer, Jay Bowman, plant, nurture, and tend to all the plants and flowers outside of our building all summer long. This year we're expanding those efforts to make that beautiful color available to customers.

Thanks to the generosity of one of our special donors we can purchase a greenhouse so that Jay can work his magic and grow all that luscious color protected from the elements and produce enough that we can share. All proceeds go back into Petey's Playground.

Please check out all the great senior animals we have looking for homes on our website at [peteysplayground.org](http://peteysplayground.org) or [petfinder.com](http://petfinder.com).



Yavapai Humane Society has been serving the people and animals of Yavapai County for over fifty years. It's hard to imagine how many animals found their furever homes during that time span.

I also find it unreal that some of these stories even exist. They are real stories; they are the reality we face every day! How can families leave their pets behind? How can you just be driving along and throw a dog out of your car window? How can you leave your dog behind because you have to move? Read on....

### Shelby

A beautiful four-month-old Australian Shepherd mix was seen being

thrown from a moving car onto the road. Unfortunately, she couldn't run fast enough to escape an oncoming car which struck her and ran over both of her back legs. She was taken to an Animal Control facility in Gallup, New Mexico where they quickly realized they did not have the capacity to help this poor girl.

This is where Yavapai Humane Society and our New Hope Program came into the picture. They contacted us and explained the situation and asked us if we could help by taking her and giving her the medical care, she needed, otherwise she would have to be put to sleep. Our New Hope Team quickly went to get her and bring her here, where she was evaluated by our veterinarian, Dr. Leo Egar. He discovered that both of her back legs were broken in half and completely shattered.

Dr. Egar, who has extensive experience in orthopedic canine surgery, performed her surgery which lasted 3-1/2 hours. He warned all of us that due to the nature of her injuries her recovery would be long, and she might not ever completely heal.

Shortly after surgery, she was paired with a very special foster family who worked with her for months teaching her how to walk again with a back sling. Once she was doing better, her fosters brought her back to us for her medical evaluation. She exceeded our wildest hopes of recovery by not only being able to walk normal, but run, jump, and play.

Everyone here fell in love with her and the sweet disposition she had, despite all she had been through. It was determined that she could be

*(Continued on page 16)*



Miss Kitty's had record adoptions in December and January. Our spay and neuter program continues to offer help to people who cannot afford to have their animals fixed.

In spite of the cold weather, we are still receiving calls to help cats with kittens. Miss Kitty's completely relies on volunteers to care for the animals at the house and in kitten foster. Could you help one day a week for two hours from ? to 10am, or 4pm to ? — to feed the cats, scoop litter boxes, and sweep floors? We desperately need you.

Fosters are also needed for adult cats and kittens. Please call 928-445-5411 and leave a message. Our volunteer coordinator will call you back.

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**SHAGGY:** A white male adult terrier mix. He is a tripod. Fun and affectionate, he is quite the character, rides well in the car, walks nicely on a leash.  
Yavapai Humane Trappers  
928-899-3942



**ARLO:** A 9-month-old male Border collie/Lab mix. He is active, fun, affectionate, and would make a great hiking buddy. Good with other dogs and cats.  
Yavapai Humane Trappers  
928-899-3942



**TANNER:** A cheerful 1-year-old male Rez dog shepherd mix. An exuberant little play machine, loves dogs, cats, and especially people.  
Yavapai Humane Trappers  
928-899-3942



**CLAYTON:** A loving bundle of joy mixed breed puppy. Mostly white with a few patches, he loves to cuddle and give kisses. Housebroken, loves other dogs and cats.  
Yavapai Humane Trappers  
928-899-3942



**LENNY:** A Pug/Chihuahua puppy. He has three other brothers, Vinny, Charlie, and Marley. For more information, please contact Yavapai Humane Trappers at 928-899-3942.



**JACKSON:** An adult gray and white Parson Russell terrier. He is the sweetest dog, the perfect blend of mellow and active. Very gentle, great with other dogs.  
Petey's Playground  
928-671-8084



**ISO:** A gentle female Australian shepherd mix. She is a sweet girl who lost her home through no fault of her own. She is gentle, affectionate, and loves kids and other dogs.  
Petey's Playground  
928-671-8084



**MOLLY:** A 13-year-old German Shepherd/Wirehair terrier mix. Her owner passed away recently. She is sweet, gentle, and housetrained. She has lived with other dogs and cats in the past. She needs love.  
Petey's Playground, 928-671-8084



**TINA:** A senior female Chihuahua. This adorable girl will melt your heart. She needs a gentle, quiet home with someone to make her feel safe. Her protruding tooth and cowlick just add to her charm. Petey's Playground 928-671-8084



**MAGNUM:** A cute mixed breed male puppy. For more information, please contact AARF at 928-925-7219.



**BUCKEYE:** A cute mixed breed male puppy, brother to Magnum, Grayson, and Astro. For more information, please contact AARF at 928-925-7219.



**GRAYSON:** A cute mixed breed male puppy, brother to Magnum, Buckeye, and Astro. For more information, please contact AARF at 928-925-7219.



**ASTRO:** A cute mixed-breed puppy, brother to Grayson, Buckeye, and Magnum. For more information, please contact AARF at 928-925-7219.



**KLONDIKE:** A 6-month-old Australian Kelpie mix. Walks well on a leash and understands a doggie door. For more information, please contact AARF at 928-925-7219.



**KENAI:** A 9-month-old male black and tan German Shepherd. He is very intelligent and active, and he would enjoy advanced training in just about any doggie sport. Yavapai Humane Society 928-445-4666



**SULLY:** A young, active Carolina dog. For more information, please contact the Yavapai Humane Society at 928-445-2666.



**SMOKEY:** A 2-year-old Siberian Husky mix. For more information, please contact the Yavapai Humane Society at 928-445-2666.



**CISCO:** A 9-year-old male Catahoula Leopard dog mix. For more information, please contact the Yavapai Humane Society at 928-445-2666.



**HANK:** A 9-year-old male hound mix. He is happy, snuggly, and very vocal. He is looking for a retirement home with lots of love and good things to sniff. Yavapai Humane Society 928-445-2666



**COLLIN:** A 1-year-old male black Lab mix. He is a happy guy, full of energy and enthusiasm. Loves to play. Obedience training is recommended and would be fun with this fellow. Yavapai Humane Society 928-445-2666



**CHOPS:** A 2-year-old male Yorkshire terrier mix. He is sweet, affectionate, and loves to play fetch. He also likes to snuggle. He would love to have a sibling to play with. United Animal Friends at [unitedanimalfriends.org](http://unitedanimalfriends.org)



**DASH:** A 1-year-old male Basenji/Border Collie mix. He is very smart and energetic and loves children and other dogs. He is housetrained and loves hanging out on the couch with his people. United Animal Friends at [unitedanimalfriends.org](http://unitedanimalfriends.org)



**WHISTLE:** A 6-month-old, 16-pound Chihuahua/retriever mix at best guess, with a quiet and affectionate personality. Loves people, house trained, crate trained, will make someone a wonderful companion. United Animal Friends at [unitedanimalfriends.org](http://unitedanimalfriends.org)



**ARCHIE:** A 1-year-old male terrier/Border collie mix. He is gentle with people and respectful with other dogs. He likes everyone he meets, and he bonds quickly with people. United Animal Friends at [unitedanimalfriends.org](http://unitedanimalfriends.org)



**SUNSHINE:** A 1-year-old female border collie mixed breed is an amazing companion. She is super smart, active, loves dogs, kids, and playing fetch at high speed. United Animal Friends at [unitedanimalfriends.org](http://unitedanimalfriends.org)



**VICKI:** A 3-month-old Shepherd/Cattle dog mix. She is a sweet, friendly puppy who loves playtime and cuddling with people. She is close to potty trained already and walks well on a leash. United Animal Friends at [unitedanimalfriends.org](http://unitedanimalfriends.org)



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### Lucky Has Luck

Pets Return Home (PRH) is blessed with amazing volunteers and animal welfare connections. Lucky, a Labrador pit-bull mix is one of many family rescue stories. She and her three puppies came to us in January 2022. Winnie, an animal lover, crawled fifteen feet up an underground culvert pushing a laundry basket to rescue Lucky and her family. She put the three pups in the basket and backed out in the ice.

Winnie contacted Blackhat Humane who knew PRH had the facility and experience to care for the three week old, malnourished puppies and mother. Chuck, a PRH volunteer, drove the twelve-hour round trip to bring them to us. We placed them in one of our nursery wards, where they received high calorie food, vaccinations, and parasite treatment.



Lucky, Tootsie, Candy, and Koko were integrated with our free-range pack of fifty adult dogs who helped them learn dog manners, socialization, and most importantly, to build confidence. All the pups were adopted.

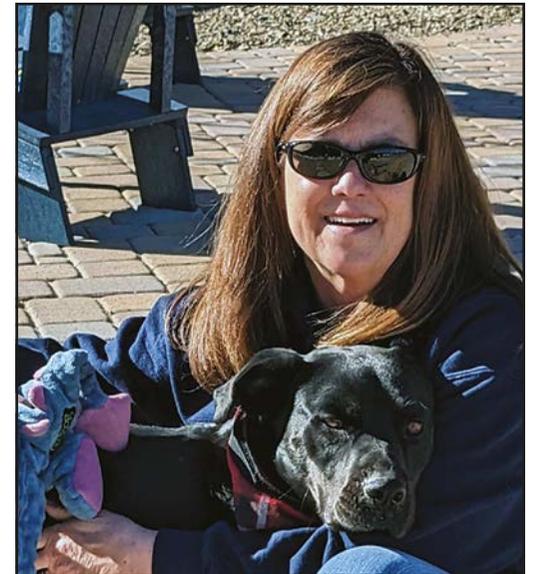
Lucky had no sound when barking. She had a hard time breathing when playing, so we took her to Verde Veterinary Hospital and Danza del Sol Veterinary Hospital for diagnosis. X-rays showed a BB lodged in her shoulder next to vertebral fragments. The BB destroyed her voice box, and scar tissue from the BB penetrating her esophagus caused an airway blockage. Consults with two surgeons revealed that an operation would not yield much improvement.

A remarkable family, Janet and Mike, stepped up to adopt her despite the airway issue and lack of bark.

Unfortunately, Lucky's luck did not end there. When she left our facility, we thought she had a little bleeding related to her spay. It was actually a uterine tumor. She was examined by specialists in Flagstaff and Gilbert. The type of cancer she had was treatable/curable with chemotherapy.

We offered to take Lucky back to keep Janet and Mike from incurring the cost. Just like so many of our other adopters, they said, "No, we won't give up on Lucky, we love her." After a year of chemotherapy by Oak Creek Small Animal Clinic, Lucky has been certified CANCER FREE.

Janet, Mike, Lucky, and Pets Return Home are looking for help paying the \$4,800 bill. Will you please help Lucky, and her parents offset some of the cost by donating, sharing, and recruiting others? Lucky has had bad luck and good luck, so let's give her one more round of GOOD luck. Five veterinary hospitals, two Rescues, four individuals, and \$5,000 saved Lucky to be a lifelong loving companion.



Thank you for helping. To help and see more of Lucky's story, including pictures and videos, go to [www.petsreturnhome.org/Lucky](http://www.petsreturnhome.org/Lucky).

*PetsReturnHomesavesunadoptable, abandoned, neglected, and abused homeless dogs. Our dogs run free (40+) on our seven-acre campus to build confidence and trust, resulting in stable and loving companions. We are a NO-KILL shelter staffed by volunteers and provide shelter, behavior/medical rehabilitation, adoption, and sanctuary for our dogs.*

(Continued from page 13)

made available for adoption, and she was adopted into her forever home the very next day, where she is now thriving and truly living the best life she deserves!

### Gina

At the time she was an almost eleven-year-old Pit Bull Mix. She was surrendered by her previous owner because they were moving. (They had her for 10 years!) She did not get much interest due to her age and reactivity toward other animals: she needed to be the only animal in the house.

Our staff, our behavior team, and even Gina (our donor development manager) and I worked with her. She was in our office every day. She was our girl. On January 17, 2022, she was finally adopted and we were all so excited!!! But sadly, she was returned 28 days later due to her dog reactivity. Soon, she started to show signs of being depressed.

Gina (the human) and I decided we'd move her over to the Marketing & Development office every day! So now, she's hanging out in

the office with us so we can give her a change of scenery, and we love it because we get all her love and affection!

At first she was a bit shy and kind of just hung out by herself in one of the three beds we had set up for her. Eventually, she started coming by us and was super sweet, and loved the attention and treats (too many) she was getting. This girl was coming to life!!! She loved her walks with us, learned how to walk well on the leash, and she loved to play fetch—although she wasn't a fan of giving us back the ball.

One magical day, Viola and her daughter, Daisha, came to adopt a small, younger dog. They had no intention of getting a Pit Bull Mix or an older dog, but took the time to meet Gina, and it was LOVE at first sight. It was magical for Gina (the human) and me because we knew our girl was going home!

I cried like a baby during her adoption, and although I was sad to say goodbye to her, I was so happy that she was getting the home and the love she deserved. We've been over to visit Gina in her new home and she's just the

happiest girl on the planet!

Ya know, heroes come in to our lives every day in every shape and form. But they all come into our lives for a reason, whether we know it or not. It doesn't matter whether the hero has four legs or two because really... who rescued who? Who's really the hero? We all are!

The biggest joy for all of us at Yavapai Humane Society is when forever families are formed and lives are changed. There is no better feeling than seeing one of our animals walk out of the lobby (or get carried out) with their new family and go HOME! Do we cry happy tears with every adoption? YES, every day! Every animal in our care matters, and we love them as if they were our own. Our only wish for each of them is a forever home!

Some come to us through Animal



Control, some come through due to a hoarding situation, some come to us because their person unfortunately passed away, some come to us as strays, and some come to us because of an owner surrender due to circumstances beyond their control. No matter how they come to us, we know they are scared and trying to figure out what

the heck is going on. Are we their heroes for caring for them and loving them? No... because caring for animals isn't just what we do, it's who we are.

Heroes are people who make themselves extraordinary... or is it the animals that make themselves extraordinary? Answer: BOTH!

*Are you ready to be a hero? Are you ready to change an animal's life? Visit [yavapaihumane.org](http://yavapaihumane.org) and check out all these precious animals who are just looking for their hero! Is it you?*

## Celebration of Life: Moment with Miss Maggi

By Shirley Culliney, Pat, and Champie

Our beautiful girl left us two months ago, a moment I often recall with mixed emotions. Maggi kept her own counsel and shared a life with us that brought many happy moments. Not always playful, she loved belly rubs, the outdoors, rolling in the grass or snow, and running fast when she was younger. Freedom was important, and we permitted it within a safety net.

Foods were in her happiest moments, especially salmon, and I loved seeing her prance with bright eyes, almost unable to contain herself. She loved her comfort and had many beds, including ours (when she could jump up). As she grew older, her favorite spot to sleep was either in the master closet, or more recently in our master toilet area!

To say I miss her is such an understatement and something I never realized until her large furry presence was nowhere nearby. Tears cleanse and heal and happen often, but somehow it keeps her close. Her impact was so much greater than I/we realized and now seems so taken for granted. Thus, those emotions.



I spent time with her when we knew, but because she didn't really like being fussed over, I treated it as just an ordinary day with ordinary routines. I didn't want her to feel my sadness or that things were out of place, out of the ordinary.

She passed at home, on her bed, in peace. She was ready. A proud girl, she could no longer be the dog she had always been. I know that, but wish I had done more to let her know how important she was to our life and everyday routines. I have come to believe that this is just me and my feelings, but it is hard to push aside what feels like guilt.

Maggi was so special, as all our dogs and as every dog should be in a family. Aside from chewing a couple of important items when she was first brought home from the shelter, she never gave us any problems and was such a good girl. She loved to run and chase with Walker, her German Shepherd buddy. She was a role model for puppy Champ, and a reluctant one for pups we fostered, teaching them boundaries.

When Walker passed, she and Champ were friends, and I know that Champ misses her in his own way. He too is very special but independent and selective, preferring humans over dogs most times.

Writing this helps, and I keep her photo in my office so she can still be close by, and she will be forever in my heart. So many of my friends have experienced recent losses. Each is different in many ways, but all the same when it comes to that final day and all the emotions it brings from that day to forever.

I think we are lucky to feel this way, as tough and miserable as it seems, because we cared deeply about a pet that we chose or that chose us and entrusted their entire lives to us. So many never have that opportunity. All our pets have been rescues and have truly blessed our lives, giving us many shared moments to treasure and remember!

## The Marvelous Mysteries of Our Canine Friends



While there's not complete agreement, most experts concede that the relationship between people and dogs goes back thousands of years. A dog

bone found in a prehistoric tomb at Newgrange, Ireland, indicates domestication some 4,800 years ago. This has given our four-legged friends plenty of time to adapt to our lifestyles and the benefit of befriending us. The feeling, of course, is mutual. If you're a dog owner, you intuitively know your pet is sensitive to you and your movements. Studies increasingly reveal fascinating facts that support and help explain the bond between people and our best friend—the dog.

Researchers Benjamin and Slocombe compared and reported dogs' responses to dog-directed speech and adult-directed speech in "Animal Cognition"—a fascinating article exploring dogs' responses to pet owners' dog-speak.

Many dog lovers will unabashedly admit to cooing over their fur baby. If you are one of them, you know the routine. You find yourself making comments in a high-pitch voice like, "That's my good girl," and "Does sweetie want a treat?" There's a name for those loving murmurs—dog-directed speech (DDS). The study showed that both the tonal range and comments seem to be favored by dogs. People who demonstrated dog-friendly language were preferred by the test dogs.

Amazing? It gets better. Our canine buddies are not to be outdone by an ape.

Dogs can understand imperative pointing—a communication tool lost on chimpanzees. In a 2012 study, the experimenter pointed to the item she wanted and rewarded the dog for handing over the correct one. Chimps, on the other hand, just couldn't figure it out (reference: [tinyurl.com/mu4xb3ah](http://tinyurl.com/mu4xb3ah)). Expounding on canines' sensitivity to our gestures, dog trainers often suggest that pet owners couple any verbal command with a hand signal.

The results of yet another intriguing study led the authors to determine that, "Dogs have been found to be excellent behavior-readers if given the opportunity. They are highly competent in learning about directly observable but also quite subtle behavioral, gestural, vocal, and attentional cues, which is of high adaptive value for life in the human environment. In addition to their behavior-reading competences they also seem to be sensitive to some mental states in humans. They for example seem to know that humans have visual perspectives different from their own" (reference: [tinyurl.com/3rnpuj9a](http://tinyurl.com/3rnpuj9a)).

Additionally, science has demonstrated that the dog/human bond is affixed with a chemical reaction—Oxytocin. Oxytocin is both a hormone and a neurotransmitter. Hormones travel through the blood and act on cells. Electrical signals in the brain and nerves cause neurotransmitters to release and act on other brain and nerve cells. Oxytocin does both.



Potential dog daddy, Marco, bonds with his soon-to-be-adopted puppy. Pre-adoption visits are encouraged at VVHS.

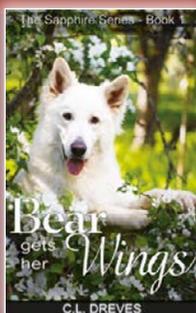
You may have heard about Oxytocin's connection to people in love or mothers with their infants. It is well-known for increasing feelings of calm, trust, and affection thus creating a bond between those experiencing it.

The first to demonstrate the cross-species outcome of Oxytocin—a study titled, "Oxytocin-gaze Positive Loop and the Co-evolution of Human-dog Bonds" and led by Nagasawa—showed that Oxytocin increased in both dog and

owner as they gazed into each other's eyes—akin to the deepest of human attachments. K. London in her article, "Oxytocin: Chemistry Between People and Dogs is Real" confirms, "...we love our dogs like we love people, scientifically speaking."

At the Verde Valley Humane Society, we promote positive relationships between people and dogs and take extra care in helping potential adopters find their special fur baby. You're encouraged to make an appointment to discuss your desire for adoption, where our animal behavioral specialist will discuss your lifestyle choices and the dog characteristics relevant to make the best possible match.

So if you've been thinking of dog adoption, call us today at 928-634-7387. There's love and companionship waiting, all bundled up in a furry, four-legged package with thousands of years of proof that it can be a great relationship!



## Bear Gets Her Wings

by C.L. Dreves

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**JASMINE:** A sweet and gentle girl who loves to spend time with her family and sleeps at your side. She is on the mellow side and would love to be an only cat. Yavapai Humane Trappers 928-899-3942



**POPPY:** A beautiful black calico who affectionate, gentle, and quiet. She is ready for some peace and quiet in her furever home. Yavapai Humane Trappers 928-899-3942



**RED:** A big huggable orange tabby male. He is affectionate, gentle, playful, smart, and curious. A quiet, loving gentleman who would make your home complete. Miss Kitty's Cat House 928-445-5411



**SASHO:** A fluffy long-haired brown tabby male with the most gorgeous green eyes. He is 10 years old. He is gentle, affectionate, and needs love. Miss Kitty's Cat House 928-445-5411



**SYLVIA:** A lovely long-haired 4-year-old female, gray on white markings. She is very pretty and has a very sweet temperament. Miss Kitty's Cat House / Noel Coker 847-877-1110, Prescott



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**BABY:** A charming 8-month-old beautiful gray and white tabby female, sweet, friendly, and talkative young girl. She is quite tiny and just a big love bug. She even loves tummy rubs! Miss Kitty's Cat House 928-445-5411



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**EMMY:** A sweet tortoiseshell lady, 2 years old. She is a very sweet lap cat who loves petting, scratches and just being around her person. Catty Shack cattyshackrescue.org



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[cattysackrescue.org](http://cattysackrescue.org)



**CHARLESTON:** A brown tabby male with cute white paws and bib. Cuddly and loves to play. Charleston would love to be one of his own siblings (Savannah, Sierra, Cheyenne).  
Catty Shack  
[cattysackrescue.org](http://cattysackrescue.org)



**SAMARA:** A lovely female tuxedo cat with big green eyes. She is 2 years old with medium hair. Samara loves to race around playing. She has a WONDERFUL personality!  
Catty Shack  
[cattysackrescue.org](http://cattysackrescue.org)



**MARTY:** A charming young tuxedo male with big golden eyes. Very athletic, curious, and daring, but in a good way. He likes getting on your back when you clean the litter box!  
Catty Shack  
[eajoannes@gmail.com](mailto:eajoannes@gmail.com)



**TIGERELLA:** A sweet brown tabby female with big green eyes. She is very sweet and playful and of course curious! Her two siblings have been adopted so now it's her turn!  
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**EMMY LOU:** This elegant lady is a gray with beautiful green eyes. She is very sweet, loves petting, purrs and is just a love bug. Friendly, affectionate, gentle, smart, and independent.  
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[eajoannes@gmail.com](mailto:eajoannes@gmail.com)



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### DALLAS

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Yavapai Humane Society  
928-515-4947



### ROSLYN

A striking female dun mule. She is very curious, but a bit timid.  
Yavapai Humane Society  
928-515-4947



### MIRANDA

An 18-year-old Belgian mare. Very sweet, partially blind in one eye. Needs TLC and groceries, as she's a bit underweight.  
Yavapai Humane Society  
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### SHANGO

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Yavapai Humane Society  
928-515-4947

# LAKE PLEASANT'S WILD BURROS MAKE THE PARK MORE THAN PLEASANT

Story and photos by Cheryl Hartz

Even if you are not an equine aficionado, the wild burros at Lake Pleasant Regional Park will enchant you. Hearing them bray at any hour of the day or night made me smile. And the little donkeys are only one pleasing aspect of this expansive area.



Lake Pleasant Regional Park sits on 23,662 acres straddling Yavapai and Maricopa Counties, within Peoria's boundaries. Some inflow comes from the Agua Fria River, but most is diverted from the lower Colorado River as part of the Central Arizona Project. The Waddell Canal channels the water from the CAP aqueduct into the reservoir.

With a mean depth of 70 feet, year-round the lake is ideal for boating – in our case kayaking – swimming, paddle boarding, scuba diving, and fishing. We even saw swimmers crossing the lake as they competed in a triathlon. In the spring, Lake Pleasant can swell to 10,000 acres, and shrinks to about 3,000 acres during dry times.

A plethora of trails enhance the park. Almost all are rated easy and allow bikers, horseback riders,



and hikers. The longest, at 4.4 miles, is Beardsley Trail, which winds through the Sonoran Desert.

Frog Tanks Trail is ½-mile connecting Beardsley to the 0.4-mile Roadrunner Trail, which skirts Lake Pleasant's southern shoreline, includes a 2-room prehistoric Hohokam Indian hilltop lookout ruin and ends at the Discovery Center. These trails are aspects of the 315-mile Maricopa Trail.



wary. We knew better than to approach them. But I was no threat in my kayak to a dam and her foal on shore just below our campsite.

Cottonwood Trail extends 1.2 miles beyond Wild Burro.

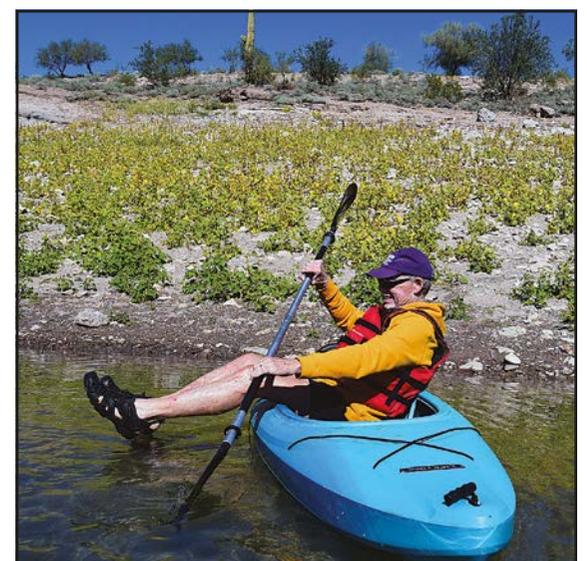
The Pipeline Canyon Trail is 0.9 miles of moderate difficulty and offers access to Yavapai Lookout, overlooking Pleasant Harbor Marina.

Also of moderate difficulty, but for hikers only in Pipeline Canyon, is the 3.1-mile Yavapai Point Trail.

With plenty of area to explore, you won't miss hiking the arm of the Agua Fria River that's closed for bald eagle nesting until June 15.

Keep in mind Lake Pleasant is in the Valley of the Sun, so unless you plan to stay in the water, skip summer visits!

*Happy wildlife spotting!*



Our favorite was the 1.6-mile Wild Burro Trail heading to Pipeline Canyon. This trail hugs the western shoreline, which was farther away than we would have liked, due to low lake levels. But Two Cow and One Cow Coves were fun to pass, even though we saw no cows at all. Burros and/or burro sign were rather abundant, however.

Every burro we encountered in the park seemed fascinated by humans, but all were

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# PROPER DENTAL CARE IS CRITICAL TO OVERALL PET HEALTH

By Heidi Dahms Foster

Dental health greatly affects overall health in pets as much as it does in people. Dental cleanings are often expensive, especially if it involves pulling teeth or other surgery. Problems cannot always be prevented, but there are many precautions people can take to encourage proper dental health in their pets.



"You want to look for some chewing action," Walker said. "Find toys that rub on the teeth, that have nubs or ribs. Rawhides get a bad rap – owners have to be cautious as dogs can chew off chunks - but rawhides can work well for chewing action.

"My recommendation is that owners supervise the dog with a rawhide for 30 minutes, and then take it away. They'll get some chewing action but it won't get soft enough for the dog to swallow it. Rawhides are digestible but in large quantities they can cause a blockage."

Dr. Michael Walker, a longtime Prescott Valley veterinarian at Bradshaw Mountain Animal Hospital, said certain breeds and sizes of dogs can have more dental problems, thus needing a bit more attention. These include small dogs such as chihuahuas and papillons, and Brachycephalic breeds (those with short noses), such as bulldogs and Pekingese.

To make matters worse, he said, many smaller dogs do not appreciate having their mouths touched. He suggests that owners work on a regular basis to handle their dogs' mouths, rubbing the gums and looking at the teeth, so that vets can properly examine them during health visits. "Certainly, a lot of other problems such as fractured teeth and teeth growing improperly can be found during vet visits," he said.

Like people, some dogs have dirty or problem teeth, and others may rarely need cleaning. While there is no guarantee that it will prevent all dental problems, Dr. Walker suggests that dog owners find toys and treats their pets will chew on, to help avoid tartar buildup. Brushing with a soft toothbrush and pet dental paste can help, but Walker admits that less than two percent of pet owners brush their pets' teeth.

Regular vet checks are an important way to catch dental and other health issues. Some signs of dental problems include tartar buildup and brown calculus on teeth. A gum line that's red and irritated can indicate gingivitis, a periodontal disease. "We want the gums to be pink, not bright red," Walker said.

Just as dog food has improved over the years with healthy ingredients, there are many dental treats that not only improve dental health, but are easily digestible. Many toys are also available for dogs that will chew on them.



Some of Dr. Walker's other recommendations include dental chews such as Greenies™, if the dog will chew them and not just swallow them whole. "Oravet™ chews are more likely to be chewed, and they have a human grade product that helps with plaque, tartar and bad breath," he said.

He added that dogs love raw beef marrow or knuckle bones, but the drawback is that enthusiastic chewers can break teeth. He has also removed numerous marrow bones that have become stuck on the canine teeth and the dogs can't get them off.

He also favors the toys in which treats can be inserted, such as Kongs™ and other similar toys.

Below are some of the available dog toys and dental treats to help maintain your pets' dental health.

## Dental Treats

Look for the treats made with natural ingredients, easily digestible, that have nubs or ridges to help clean teeth. They should also be the proper size for your dog. It may take some time and experimentation to find the treat that your dog will enjoy and that will clean his teeth properly.

Some popular dental treats include:

- Halo Herbal Dental Chews™ help to clean teeth and scrape away plaque and tartar. Made with peppermint oil for fresh breath Oravet™ Dental Chews come in sizes for dogs from 3.5 lbs. to over 50 lbs. Contains an ingredient that coats the teeth, tongue and gingiva to create a protective barrier against bacteria.
- Merrick Fresh Kisses™ are digestible chews with nubs, and come in several flavors such as coconut and botanical oils or with mint flavored breath strips.
- Greenies™ chews are easily digestible, freshen breath, and also come in sizes for all dogs.



## Treats Containing Dental Toys

Treats containing dental toys include those that can be loaded with a variety of healthy treats for dental health and hours of chewing stimulation. Some, such as Kong™ toys, can be filled with anything that's safe for a dog to eat. These may include kibble, canned dog food, treats, fresh fruits and vegetables, meats, cheese, yogurt, or canned pumpkin. A great summer treat is to fill and freeze the toys before giving them to your dog.



- Starmark Everlasting Bento Ball with Dental Treat™ Tough Dog Chew Toy is made for tough chewers, with nubs to clean teeth. Another benefit is the hours of mental stimulation from chewing.
- Kong™ toys have been popular for years, and there is a wide variety to fit any dog and help with dental health.
- Arm & Hammer Super Treadz Dental Dog Chew Toys™ are designed to help freshen breath, stimulate gums, and reduce tartar and plaque buildup. They are made from durable rubber to withstand aggressive chewers, and are infused with baking soda for dental care.
- Playology™ has a line of toys made to entice senior chewers, which can have the most dental problems. The toys are gentle for fragile senior teeth, Deep, brush-like grooves help clean dogs' teeth as they play. They are infused with an attractive scent that won't wash away.
- Bark Box™ is a subscription box that contains not only natural treats but innovative, size-appropriate toys for tough chewers and more. It's a monthly box of fun that you and your dog will both look forward to.



## Cats

While cats generally don't like to chew, there are literally hundreds of varieties of dental treats available for even the most finicky cat.

Most of these products can be found at pet outlets online or at local pet stores. Whatever products you find that work the best for your pet, attention to their dental health will enhance their quality of life and often help to avoid more serious intervention.

# 'MIRACLE DROPS' SAVE PRECIOUS

By Caleb Wright, Owner of Orozona Oils

My aging, Hispanic grandmother, affectionately named Weta, called me one day desperate for help with her overweight dachshund, Precious. She had fallen off the steps to the bed and hurt her spine, causing paralysis. When I arrived, Precious was dragging her hindquarters and was in obvious distress. At Weta's request, I took Precious to the vet where x-rays revealed a herniated disc as well as high levels of enzymes in her liver. They prescribed prednisone and offered the dim hope that she wouldn't walk again for many weeks.



Precious, at the vet, unable to use her hind-quarters.

Concerned about the high levels of enzymes and the compounding negative side-effects of prednisone, Weta decided to try the 'miracle drops' instead. She called them miracle drops because she personally knew the powerful, cell-nourishing results of taking high quality full-spectrum CBD herself.

She had been using the drops regularly to ease the pain of MS, Lupus, frequent muscle spasms, chronic pain, and systemic inflammation. It had helped her tremendously without any negative side-effects, dreariness, or psychoactive high of any kind, so she intuitively knew Precious would do well with it also.

She was right. Within two days of beginning a CBD regimen, Precious was walking again! After a week, she was going in and out her doggy door and even up and down the steps to the bed. No one would have known there was ever a problem!

Weta kept Precious on a daily dose of CBD oil for years, until she eventually and peacefully died of old age. Weta is on the other side now, too. But I have the assurance that my CBD increased the quality of both of their lives until it was their natural time to go.

While visiting the beach in Costa Rica one year, I met a young family with an elderly, once-in-a-lifetime lab named Marlee. She was having trouble enjoying her beach walks and would frequently have to sit down. Like most people these days, they were familiar with CBD and had even tried it on her, with limited results.

I asked if they would be willing to give Marlee my brand of organic, full-spectrum hemp extract. They agreed and began administering it immediately. After just days, they reported that she was doing far better than expected, not just walking but finding her run again and had even jumped into the back of the truck unassisted!

Being in this industry for nearly eight years, I have heard multitudes of heartwarming testimonials regarding the benefits of quality, full-spectrum hemp oil. From great Danes to chihuahuas, retrievers to cavaliers, the benefits of hemp derived CBD are experienced by them all. The following is an excerpt from a letter I received from a cavalier owner:

*"Both of my cavaliers have Syringomyelia, and your CBD oil is their main source of pain control. The typical medications prescribed for this horrible condition caused*



My dog, Winnie, getting her daily dose of full-spectrum CBD.

*lethargy, gastrointestinal upset, drooling, loose stools, no desire to eat, hiding in corners, and the list goes on.*

*"I worked very hard for many weeks to change their lives, and Orozona Oils CBD, along with other supplements and alternative therapies, acupuncture, and cold laser, have completely changed their lives for the better. We walk two to three miles a day, swim, play ball, huge love for food, and just overall such happy girls. I wish others could open their minds to seeking alternative pain control methods".*

~Lynn R. Brighton, MI

## Why do some CBD products work so well and others underperform?

Why do some CBD products seem to do nothing, or have limited results, while other products completely change the lives of those consuming it? I have identified four main contributors that correspond to efficacy, potency, processing, purity, and proper dosing.

To start with, there are three types of CBD that relate to potency; full-spectrum, broad-spectrum, and isolate. A true full-spectrum oil will contain as many of the plant constituents as possible, with nominally high CBD. Other cannabinoids like CBG, CBN, and CBC, terpenes, amino acids, lipids, vitamin E, and flavonoids are also present. Broad-spectrum oil will boast of higher CBD percentages, up to 90%. This is abnormal and is achieved by refining the lipids, amino acids, and other plant material out of the hemp oil. It becomes hard and sticky like tree sap and is difficult for the body to absorb.

The 99.9% pure CBD, called isolate, is a water soluble, pharmaceutical grade powder, stripped of all other elements, leaving only isolated CBD. Full-spectrum oil provides the most benefit.

Now, looking only at full-spectrum oil, the CBD content can vary, ranging from 3% to 90%. Think of gasoline. You can buy different octanes of fuel that burn more or less efficiently. Or how about alcohol: you can buy a 3.2% beer or a 9% beer. Both are 12 ounces of hopped-up suds, but one will have a more pronounced effect versus the other. However, don't fall prey to thinking that more is always better. I have found that a 25-35% CBD content, along with all the other naturally occurring cannabinoids and lipids, is ideal.

The next thing to consider is the type and amount of processing the plant material is exposed to during extraction. Primary extraction methods include the use of hydrocarbon solvents like ethanol and butane, natural solvents like coconut or olive oil, steam distillation, supercritical CO-2 and wiped film evaporation. The last two are the cleanest, most efficient extraction methods available, using no solvents.

As a general rule, the more refined a product, the less effective it becomes. A good example is white bread. Not exactly health food—especially when compared to sprouted whole grain bread.

The CBD products that are mass-produced are mostly made with hydrocarbon, solvent-extracted isolate. All of the other constituents of the hemp plant have been harshly removed, leaving behind a white, water-soluble powder. It can easily be formulated into treats, beverages and other foods. It's also cheaper to produce.

The downside is that it doesn't work as good or linger in the system like a less refined, full-spectrum hemp oil that has been extracted using clean methods, such as wiped film evaporation or supercritical CO-2 extraction. The reason for this is that the lipids in the hemp oil bond with the lipids in the body, where they are absorbed and can provide systemic cellular nutrition to every organ.

Water-based isolates wash over the cells, but can't effectively absorb into them like oil-based extracts can. It's literally asking water to bond with oil. A full-spectrum oil has what's known as an entourage effect. This simply means that when there is a group of constituents from the hemp plant remaining in the extracted oil, they assist one another in a synergistic way that enables uptake and efficacy in the body. It may have a bitter herb or earthy taste, but CBD should be consumed for the benefits, not the flavor!

The third factor is purity. It is common to see products loaded with too many and/or the wrong ingredients, often attempting to mask the strong flavor of hemp extract.

Complex formulas can slow the absorption process and diminish the potential effects of the CBD. Artificial flavors, preservatives, colorings, additives, and sugars can also get in the way of metabolizing—actually countering the effects of CBD and compromising the purity.

Another thing to consider is that when CBD is exposed to high temperatures for too long, it evaporates, reducing its strength. That's why I stay away from most CBD treats, unless they are made at low temperatures and with the right CBD. Also take into consideration the quality and processing methods used by all other ingredients in a treat.

Once you have identified a clean, full-spectrum oil with a CBD potency of 25% to 35%, you must dial in your unique, proper dose. We approach this by weight or severity of the condition, along with experimentation.

Since CBD is non-toxic, it's practically impossible to overdose, so taking too much during the experiment is not to be feared. Once you discover the ideal dose, simply remain consistent, taking it daily. I like to split the dose, 1/2 in the morning and 1/2 in the evening. As a starting point, I like to administer .1ml to .2ml per pound, one to two times per day. Increase or decrease that dosing after a couple weeks depending on the response rate.

In my opinion, any viable CBD company will exist not just to turn a buck, but to support those who are serious about pursuing systemic, cellular health via natural plant essence. I recommend looking for products that are adequately potent, use clean, solvent-free extraction, promote bioavailability, and are formulated with only a couple organic, non-GMO ingredients, free from preservatives, additives, flavorings, sugars, etc.

Full-spectrum hemp extract with a 25% to 35% CBD content delivered in one other clean oil is your best bet. Pass on the flavored products, processed treats, and isolated CBD. They are gimmicky and will leave you disappointed, where you could be telling a life-changing story like those above and like Weta told of Precious.

# TRAIL'S END

By Rita Thompson-Tinsley

Talking about death is not the end of the world. It's just the end of the trail. And though this situation means different things to different people, it's something that everyone needs to ponder. Yes, it's painful to imagine the demise, the mortality of this animal you cherish, but it could be more painful if a plan is neglected.

Why can't our best friends live forever? The adult in us would say: Grow up! They do not live forever, and it's selfish if you think they should go on and linger in a state that reflects pure misery and the worst discomfort so that they can continue their weary companionship.

Today there are methods that will humanely bring peace and comfort to your beloved animal...at their favor. It's up to you to come to terms with the inevitable and relent to your own level of peace.

Ginny Jablonski of Heart of the Horse ([heartofthehorse.us](http://heartofthehorse.us)), a Human and Animal Soul Whisperer and animal communicator, shares an astute viewpoint regarding our animals' end of life experience. She explains, from the human perspective, that we don't want to lose all the loving elements including unconditional love that we receive from our animals.

Ginny says, "We don't want to be responsible for another being's suffering. We have a fear of



death. Animals don't fear death," explains Jablonski. "When we set them free from their suffering, we are honoring them."

How do you know when it's your horse's time to go? My elderly palomino, Sundance, had been suffering over the years with bone spurs and arthritis, hobbling along, yet he still roared for his food at mealtime and enjoyed being with his herd mates. Then one day, my once mighty steed did not roar and did not eat. He preceded to walk in small circles and dead-end into my

belly where he stopped and rested his head.

I could see his pain, and it was unbearable. He did this same pattern several times, and it was clear that he was asking for release. I made the call to the vet who did her due diligence with utmost care and professionalism. Sundance and I said our goodbyes as I saw him succumb to peace.

The act of euthanasia is not a terrible thing. The absence of my beloved animal was sad, but there was peace in knowing that I did the right thing. I answered his call.

Carrie Singer, founder of Animal Guardian Network at Healing River Ranch is familiar with animal death in her rescue's hospice care. Regarding senior animals she advises, "Our most important responsibility is evaluating quality of life and making the heart-breaking decision to help them pass.

"We make these decisions with our hearts, which often causes us to prolong the decision. When the end is in sight, let them take all the love you have shown them, and what little bit of life they have left with them. Allow them to age gracefully and pass with dignity."

Gaia White lost two middle-aged horses only a couple of months apart. The thought of having to put down your beloved equines, as each separately struggled in colic pain, is nothing any of us want to experience. But, though young, Gaia knew she had to do the right thing for Kona and Deal, who will be sorely missed.

Veterinarian Patty Zahorecz, DVM explains euthanasia by injection is a humane procedure that usually involves two steps to make it easier for the horse and everyone involved. The first step is a deep sedation followed by the euthanasia solution which puts the horse to final rest.



Gaia White with Deal and Kona

I asked Dr. Zahorecz what she does to prepare horse owners for the euthanasia process.

"Veterinarians cannot fully prepare an owner for the emotions involved in this decision." She continues, "It can be even more difficult when the decision must be made suddenly, as can happen in severe colic situations. We can provide understanding, comfort, and information to help an owner in these circumstances."

Eileen Groom wasn't sure what to do when her older horse Cisco went into a bad colic. She called Dr. Dickinson, who came and thoroughly went through the procedures to treat Cisco. Later that day, his condition came back with a vengeance, and Dr. Dickinson was called to return.

After hearing the options to further treat Cisco, none with a guarantee, including surgery which he had endured years before, Eileen made the difficult decision to let Cisco go.

Groom recently shared, "I dreamt the other night we were cantering. He told me he had just been taking a break."

She continues, "I heard that when dogs look at us, they are giving us hugs with their eyes. It made me think how when horses look at us, they are giving us the world."

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Cisco Bob



Eileen and Cisco



The author and Sundance at Parada del Sol Parade

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# THE BENEFITS AND SOURCES OF NATURAL GLUCOSAMINE

By Sandy Haffner, Owner of Preskitt's Pawz n Clawz, and Pet Nutrition Specialist



When we look at the research into natural ways to give your dog glucosamine for joint support, without resorting to synthetic supplements or harmful non-steroidal anti-inflammatory drugs, we see that there are many natural food options to keep your dog mobile and pain-free!

Trachea is made up of cartilage, which is rich in glucosamine and chondroitin. Beef trachea is the most readily available. An injectable joint medication your vet may suggest, Adequin, comes from beef trachea. And because trachea is food, your pet's body will recognize the nutrients and absorb them easily.

Most dogs will enjoy chewing on whole raw trachea or you can also give it to them dehydrated as a crunchy treat with joint support as a bonus!

Chicken feet may not sound good to the human, but they are loaded with naturally occurring glucosamine for dogs. And they make a desirable, crunchy snack, that most dogs love. Some dogs even like eating them raw and still frozen. You can also feed other poultry feet such as duck & turkey!

Shellfish shells contain glucosamine for dogs too. Many supplements made in labs contain glucosamine extracted from shellfish. As it might not appeal to the human, your dog can benefit by this natural source of glucosamine, shellfish shells.

After peeling and eating a meal of wild shrimp for dinner, you can give the dog the shells and tails or try simmering water with the shellfish shells for a few hours for a glucosamine-rich broth.

Rich, gelatinous bone broth, is another delicious way to serve your dog natural glucosamine. Bone broth has a lot of health benefits,

plus it's loaded with glucosamine and other joint-supporting nutrients.

A specific recipe for dogs must be followed. Or your local independent pet store should have dog safe bone broth.

Dogs love chewing and gnawing knuckle bones for hours of entertainment. And when they do, they gain several benefits. Beef knuckle bones have lots of cartilage, and it's a valuable source of glucosamine for dogs.

Green lipped mussels are another excellent source to get high levels of glucosamine added into our dogs. Research has proven that they reduce arthritis symptoms in people and animals.

Green lipped mussels are rich in glycosaminoglycans, or for short, GAGs. Some especially important GAGs are Chondroitin Sulfate and Hyaluronic acid. Most of the arthritis supplements contain them. Naturally they are found in green lipped mussels. This means green lipped mussels can provide powerful help for your arthritic dog or supply the support throughout their life as they age.

They are hard to find fresh. But you can buy green lipped mussel oil or powder supplements for dogs. You can also buy freeze-dried green lipped mussel treats and give two mussels for every 10 pounds of body weight, per day.

An important benefit to giving your dog glucosamine from natural sources, is bioavailability. When you give glucosamine supplements that are not bioavailable, your dog doesn't absorb all the nutrients.

Bioavailability refers to the amount of any nutrient that gets digested and delivered to the cells that use

it. The glucosamine your dog gets from natural supplements and food is absorbed quickly. The body will use it right away. Because it's food, the body knows what to do with it. Therefore, it will take much less natural glucosamine to be effective, compared to a synthetic supplement. Plus, natural sources are less expensive and much tastier for your pet!

Did you know your dog's body naturally produces its own glucosamine? It's a substance that helps create molecules that form the cartilage of your dog's joints. Glucosamine is a name made up of glutamine, an amino acid, and glucose. It is naturally produced within the joints, where it combines with collagen to produce and repair cartilage.

Healthy cartilage is a naturally spongy or flexible part in the joint. As your dog ages, the body produces less glucosamine. Joints can stiffen up and lose the cartilage that acts as a shock absorber.

When you give extra glucosamine to your dogs, it helps in maintaining their mobility and is also a natural anti-inflammatory. It often helps with improving mobility and range of motion. It can also help slow the

aging process in your dog's joints. This makes it an easy choice as a supplement for people and pets with joint pain or stiffness and is widely talked about.

Dogs need about 500 mg of glucosamine per day, per 25 pounds of body weight. But when feeding the body bioavailable glucosamine regularly, they will get plenty of natural glucosamine. For example, the beef trachea mentioned earlier, is mostly cartilage. It contains about 5% glucosamine.

A 1 ounce piece of trachea will provide your dog with over 1400 mg of glucosamine. Another food source of one chicken foot, for example, contains about 400 mg of glucosamine.

The benefits of feeding food sources for glucosamine, have been proven to be the most effective in the dog's body absorption, instead of asking the body to use something it doesn't recognize in a synthetic supplement. Every supplement has a natural food source to feed your dog that will supply them with the nutrients they need. Their body will absorb it and use it for the full benefit. And therefore, the dog lives happier, which makes our world a better place!



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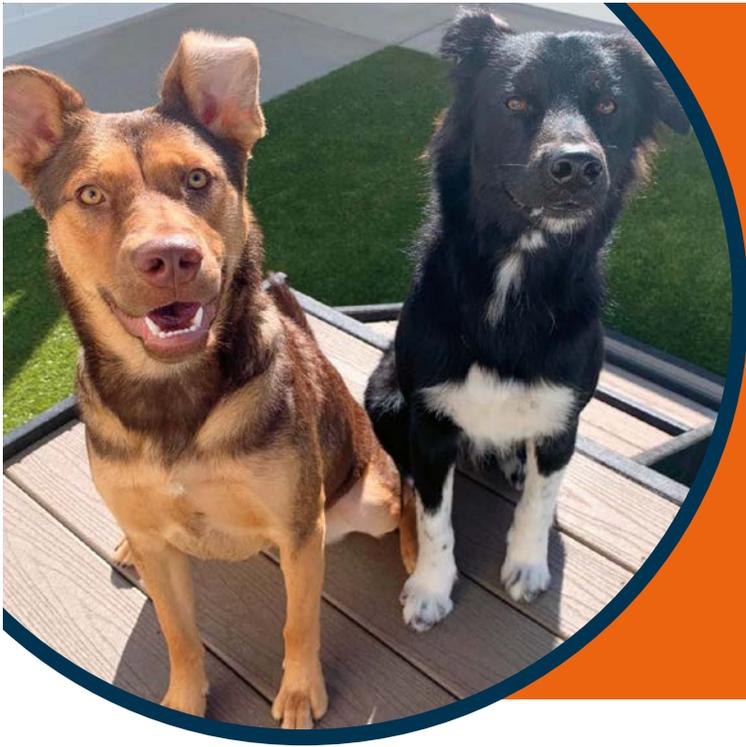
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