

Prescott Dog

magazine

July/August 2022 • PrescottDog.com

Yavapai Humane Society Celebrates 50 Years of Passionate Service



WOOFstock
Event
Wrapup!

Hike Prescott's
Constellation Trails

Equine Nutrition:
What's for Dinner?

Introducing Our Cover Dog – Kona

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PRESCOTT DOG MAGAZINE

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*Serving Prescott, Prescott Valley, Chino Valley,
 Dewey-Humboldt, and The Highway 69 Corridor for 14 Years*

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COVER DOG CONTEST

It's easy to enter your furry best friend!

- 1) Take a picture of your canine pal
- 2) Send your picture to info@reddogpublishing.net

Winner will receive:

- 1) A photo shoot with A Portrait Park by J in Prescott
- 2) 50 copies of Prescott Dog
- 3) A personalized social media post congratulating your dog as the winner and an electronic copy of the printed cover

All entries are judged for the edition submitted..
You can enter for EVERY edition! One entry per dog, per edition.

Deadline Dates - 3/31/22, 5/31/22, 7/31/22, 9/30/22 and 11/31/23



Kona, Our Cover Dog

Name: Kona Hamm

Hometown: Prescott

Age: 6

Favorite brand of kibble: Kirkland Adult Ultra Premium

Favorite people food: Yum! Yum! I love my Broccoli

Favorite toy: I can't go anywhere without my favorite balls to throw up in the air and chew on.

Favorite outdoor activity: I love to swim and run.

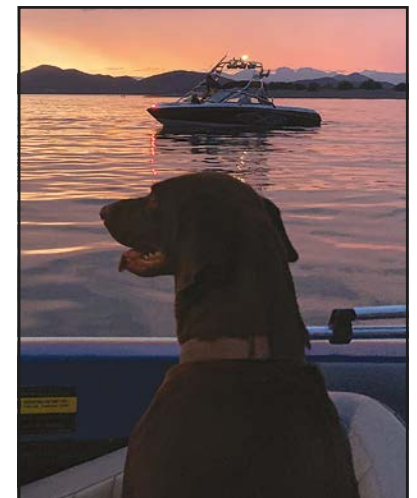
Favorite indoor activity: Sleeping and chasing balls

Favorite nap spot: I love to recline upside down on the brown leather couch.

Fitness regimen: As long as I'm outside and get to run as often as possible.

Describe your perfect canine pal: She's a loving, loyal dog that HAS to go with us at all times! Lays right next to us in bed... I even wake up with her on my shoulder!

Describe your perfect day: A day on the lake works for me so I get to swim and play all day. As long as I'm with my mom and dad.



HAZEL HOWLS

Dad Steps in It...(No, Not That)

Leave it to Keira, the youngest of the pack, to turn a completely normal morning into a thought-provoking controversy.

This current controversy began with a simple question addressed to Tucker and I during the consuming of our breakfast kibble. "How come you seniors always vote against my ideas?"

I glanced momentarily at Tucker but didn't stop plowing through my "break-feast". Tucker, on the other hand slowed to a stop at his bowl and sat down looking up at Dad. Tucker, with his photographic memory, knew we had not voted on any of Keira's ideas recently and correctly deduced that somehow, Dad was actually the one to answer Keira's question.

Keira, unlike Tucker and me, likes to follow Mom or Dad all over the property and through the house for extended periods of time, as she is curious about everything they do. Whereas Tucker and I have seen it all and would rather just do our business, then lay in the sun.

Apparently, during her rounds with the two-leggeds, she has been coming up with a steady stream of ideas for things for us to do together, and Dad has been pretending to go ask "the seniors" and coming back to tell her we had said no.

When Dad was forced to explain this to us, it did not go over well with Tucker, our pack sheriff.

Negotiations began, and Dad relented to a settlement. Keira was to list her last three ideas,



Hazel (foreground) & Keira

and if Tucker and I would have voted yes to at least two of them, then her next idea would be greenlit without a vote.

So, here were her ideas:

1. Cover the backyard with whipped cream and throw whipped cream balls that we would chase and catch.
2. Take a ride in the once-was-a-luxury-car instead of The Truck.
3. Have Dad put peanut butter on his shoes, then let us try to catch him outside in the backyard.

When Dad heard her recite her list, he put his head in his hands. Then, with a sigh, he asked the sheriff for a verdict on what would have been our votes.

Tuck and I conferred in the hallway and decided to graciously nix one idea and vote yes on two. That way, Dad could say it was close. Since we both knew that you really can't make a whipped-cream ball, and we were pretty sure a backyard covered in cream would probably lead to all of us having to endure scrubbies afterwards, we chose no on that one.

We returned to the living room to announce our verdict of voting yes on two of three. Dad, with visible trepidation, turned to Keira for the pronouncement of her latest brainstorm.

"Muzzle-Teers!"

Collective puzzlement floated through the room (not unusual with this bunch).

Keira, miffed at the lack of excitement shown for her idea, tried again. "Muzzle-Teers! The Three Muzzle-Teers, we're going to do a play!"

Dad mumbled something about, "Not swords again", while Tuck and I wagged enthusiastically for Keira.

Dad got up and opened the patio door so we could take our excitement and victory outside. When Tuck trotted past Dad, Tuck softly said, "I hope you learned your lesson."

Tuck didn't give him time to answer.

~Hazel Bazel Rocket Dog



available at
amazon

HAZEL HOWLS

FROM REZ DOG TO SPOKESDOG:
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TO THE PRESCOTT DOG MAGAZINE

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OUTSIDE TEMP (F)	VEHICLE TEMPERATURE	
	INSIDE TEMP (F)	
	after 10 mins	after 30 mins
70°	89°	104°
75°	94°	109°
80°	99°	114°
85°	104°	119°
90°	109°	124°
95°	114°	129°

Source: Veterinaryclinic.com

Even with the windows cracked, the temperature inside a vehicle can increase within minutes. When in doubt, don't leave them in the car, leave them at home. They'll thank you for it!



CALENDAR

Events are subject to change. Please contact the event sponsor to confirm date and details.

ONGOING ADOPTIONS & EVENTS

AARF ANIMAL RESCUE & SANCTUARY. Onsite adoptions by appt. in Mayer. Info 928-925-7219 or email at aarfanimalrescue@gmail.com. See pets available for adoption at aarfrescue.org.

CATTY SHACK – CAT ADOPTIONS. Onsite: Tue-Sat, 10a-2p, 609 S. Granite St., Prescott. ssnsmart@yahoo.com

CIRCLE L RANCH ADOPTIONS. On-site by appt. Off-site info. 928-273-7005 or CircleL.org.

DOG TRAINING GROUP CLASSES. \$10/class with Sammi Maon. 50% donated to United Animal Friends. Level 1: Sundays 9:30a-10:30a. Level 2: Sundays 11a-12p. UAF Rescue Ranch, 2600 Heckethorn Road, Prescott. Register: www.meetup.com/UnitedAnimalFriends.

MISS KITTY'S CAT HOUSE. Onsite adoptions: By appt. 302 N Alarcon, Prescott, 928-445-5411. Offsite: Petsmart, Sat & Sun 11a-3p

UNITED ANIMAL FRIENDS. Petco, Frontier Village, 1931 E Hwy 69, Prescott.

- Dog Adoptions: Most Saturdays 11a-2p.
- Cat Adoptions: Mon-Fri: 9a-10:30a & 4p-5:30p; Sat: 9a-11:30a & 4p-5:30p; Sun: 10a-11:30a & 4p-5:30p

YAVAPAI HUMANE SOCIETY

- Onsite Adoptions: M, T, TH, F Noon-5:30p by appt. Sat-Sun 11:30-4:30pm by appt. 1625 Sundog Ranch Rd., Prescott, 928-445-2666
- Lost Pet Center by appt: M, T, TH, F 12p-5:30p, and by appt. Sat-Sun 11:30a-4:30p.

YAVAPAI HUMANE TRAPPERS. Most Sat at Prescott Petco. Visit YavapaiHumaneTrappers.org to request mtg or complete preadoption form.

ONGOING EVENTS

ALLIANCE OF THERAPY DOGS TEAM VOLUNTEERS NEEDED. Do you and your dog love people? Is your dog well behaved? Share the love by becoming a certified Alliance of Therapy Dogs Team. No fee for testing. Info: tester.observer@gmail.com; robyn.petrillo@gmail.com; or therapydogs.com.

UNITED ANIMAL FRIENDS. To volunteer or learn more about UAF: unitedanimalfriends.org or 928-778-2924.

YAVAPAI HUMANE EQUINE CENTER. To tour our center: 928-515-4947.

YAVAPAI HUMANE SOCIETY (YHS)

- 50% OFF: 1st Sat every month at YHS Thrift Store, 1601 Iron Springs Road, Prescott. Open Mon-Sat, 9a-5p.
- Walk-In Vaccination Clinic every Friday between 8a-4p. No appointment necessary; first come, first served. Wellness Clinic, 2989 Centerpointe E Dr, Prescott.

JULY & AUGUST EVENTS

HERITAGE PARK ZOO

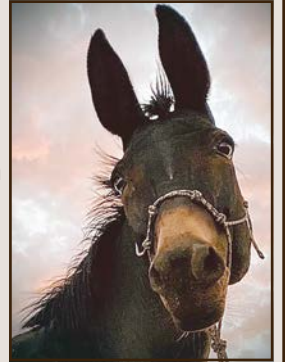
- July 9, Breakfast with Tortoise
- July 11-15, 18-22, 25-29, Zoo Camp
- July 13, Zoo By Moonlight
- July 16, Summer ZooFest Family Event

- July 30, Sip & Paint
- August 11, Zoo By Moonlight
- August 13, Breakfast with Mountain Lion
- August 20, Wet & Wild Day
- August 27, Evening with Clouded Leopard

CHINO VALLEY EQUESTRIAN PARK (CVEA). Info/registration for all events: cvequestrianpark.org

- AUGUST 27 & 28: WORKING EQUITATION CLINIC 8a-4p. Clinician: Tessa Nicolet

MILES GOODYEAR 2002 – 2022



In his early days, Miles, whose dam was an Arabian horse, was known for his MILAge. He accumulated over 5700 miles during his Endurance career.

Three years ago, Meg Goodyear bought the mule for trail pleasure and found him to be a joyous addition to her barnyard, entertaining anyone who happened to be present. Miles the mule was so beloved by the community and well known for his charming appeal and whimsical spirit.

He will be remembered also for his great gift of being ultra photogenic, a characteristic that Meg, with her creative ability, was able to harness and share with others.

Miles, who brayed wherever he went surprisingly never brayed at home, where he was content and happy and didn't need to hollar.

Not only the Goodyear family, but the entire community has lost a local equestrian celebrity.



Rescue Resources

For an expanded view of Rescue Resources, visit PrescottDog.com



<p>AARF ANIMAL RESCUE AND SANCTUARY 6639 S. Country Road, Mayer (928) 925-7219, aarfrescue.org</p>	<p>ARK CAT SANCTUARY Parks, Arizona (928) 635-5909 arkcatsanctuary.org</p>	<p>BETHANY'S GAIT RANCH Prescott, Arizona (928) 499-9442 bethanysgait.org</p>	<p>BLUE MOON RESCUE AND SANCTUARY 1851 E Perkinsville Rd, Chino Valley (928) 925-7724, bluemoonrescue.org</p>
<p>CATTY SHACK RESCUE 609 S. Granite Street, Prescott (928) 778-6951 cattyshackrescue.org</p>	<p>CHINO VALLEY ANIMAL SHELTER 1950 Voss Drive, Chino Valley (928) 636-4223 Facebook: cvalanimalshelter</p>	<p>CIRCLE L RANCH ANIMAL RESCUE 8550 E Smitty's Place, Prescott Valley 7680 N Coyote Springs, Prescott Valley (928) 273-7005, circlel.org</p>	<p>DESERT LABRADOR RETRIEVER RESCUE Sedona, Arizona (928) 554-4127, DLRRAZ.org</p>
<p>MISS KITTY'S CAT HOUSE 302 N Alarcon St, Prescott (928) 445-5411 Facebook: Miss-Kittys-Cat-House</p>	<p>NOW THAT I'M SAFE EQUINE RESCUE Chino Valley, Arizona, (951) 233-1318 nowthatimsafe.org Facebook: nowthatimsafeequinerescue</p>	<p>PETEY'S PLAYGROUND Yarnell, Arizona (928) 713-1375 peteysplayground.org</p>	<p>UNITED ANIMAL FRIENDS Prescott, Arizona (928) 778-2924 UnitedAnimalFriends.org</p>
<p>VERDE VALLEY HUMANE SOCIETY 1520 W. Mingus Ave, Cottonwood (928) 634-7387 VerdeValleyHumaneSociety.org</p>	<p>HUMANE SOCIETY OF WICKENBURG 4000 Industrial Rd, Wickenburg (928) 684-8801, wickenburghumane.com</p>	<p>YAVAPAI HUMANE SOCIETY Multiple locations. Please visit website for info. (928) 445-2666, yavapaihumane.org</p>	<p>YAVAPAI HUMANE TRAPPERS ANIMAL SEARCH & RESCUE Prescott, Arizona Facebook: Yavapai Humane Trappers Animal Search and Rescue</p>



IN CASE OF EMERGENCY

ANIMAL DISASTER SERVICES
Shelter for animals in the event of a disaster.
(928) 925-7990 • animaldisasterservices.com

EQUINE EMERGENCY EVACUATION OF YAVAPAI COUNTY
Assistance for equine owners in the event of wildfire and other emergency situations.
Emergency Hotline: (833) 922-9333 • eeeyc.org



11th Annual WOOFstock and ADOPT-A-THON

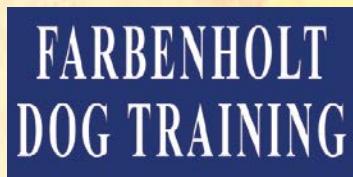
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Photos courtesy of Jesse Bartel (J) from *The Prescott Daily Courier*, and Robert Hawkins Photography (R).





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YAVAPAI HUMANE SOCIETY CELEBRATES 50 YEARS OF PASSIONATE SERVICE TO PETS AND PEOPLE

By Heidi Dahms Foster

The Prescott area's haven for all kinds of animals has reached a half century milestone. Yavapai Humane Society, known for its no kill ethic and its many programs to assist pets and pet lovers, celebrates 50 years this year.

YHS has had a long and colorful history, and it exists today because people fought with passion to make a difference. "No one thinks about the organization's history, but with the 50th anniversary, it forced all of us to dig into our background," said Director Rich McClish, who has served as a prior board member and in his current position at the helm of YHS for nearly four years.

"This organization is only here because of the heart of the founders. They struggled financially and philosophically, because there was not the support in the community for this type of concept here."

Historic accounts are a bit hit and miss, but YHS volunteers have collected significant information from Prescott Courier newspaper archives that give some insight into its evolution.

The first mention of animal welfare in Prescott was in 1906, when Mayor Morris Goldwater and the City Council first enacted a dog license tax. Later, in 1935, the Courier reported a groundswell of support for a humane society to stop "numerous acts of cruelty to animals" in the city. With no alternative, people dumped unwanted kittens and puppies to die or starve.

The effort became more critical when that same year, a national officer for the Society for the Prevention of Cruelty to Animals (ASPCA) was visiting and saw someone drive by and dump a litter of kittens on the road. That and other accounts upset the officer to the point that she threatened to "blast Prescott as the most inhumane city she ever visited" in



Top Row: Gabe Alexander, Medical Clinic Manager; Christine Campbell, Deputy Director; Loree Walden, Marketing Manager; Gina Angueira, Donor Development Manager; Alan Echavarría, Animal & Customer Care Specialist; Rich McClish, Executive Director. **Bottom Row:** Elisa Whalen, Finance Manager; Caeleigh Bigelow, Donor Development Specialist; Allie Raugust, Accounting Coordinator

ASPCA's national publication. A half century later, the opposite is true, with Yavapai County growing into an increasingly pet friendly environment, much to the credit of YHS.

People continued to work behind the scenes for the area's animals until Yavapai Humane Society completed its articles of incorporation on March 20, 1972, its official beginning. Then, YHS began the monumental task of raising enough money to build a shelter. By June 1973, the treasurer reported that after months of effort, just \$1,500 had been raised.

Local broadcaster, animal lover and YHS president Lou Silverstein reported to the Courier that perhaps the city wasn't ready for a shelter, but he pledged to chip away until the money was there. "It may take years," he said, "but it will pay off."

"If it wasn't for Lou Silverstein and his tenacity, Yavapai Humane Society wouldn't have been here," said McClish.

Another local animal advocate, Jean Samz, wrote to the Courier often, lamenting the lack of a public shelter in the city. At that time, Prescott was using the back of the old Prescott Animal Hospital as a pound, and Samz was concerned that pet owners would not be able to find their animals in the three days allotted by the city.

By June 1975, YHS had raised \$24,000 and had a \$50,000 promise from a state organization. By this time, Prescott had passed a resolution of intent to donate land near the city landfill to YHS when it was ready to build.

In 1976, the tireless Samz again wrote to the Courier, explaining the dire need for a shelter. By then, YHS had raised \$46,000 toward its goal. Two months later, the Courier announced that YHS had met its \$50,000 goal after longtime Prescott Animal Hospital veterinarians Charles Dockter and Jim Savoini each pledged \$500 to finish the fundraiser.

The Dubois Foundation of Scottsdale, the Courier reported, had pledged to match the \$50,000 raised by YHS. City money was used to construct the shelter, after which YHS purchased it from Prescott. The city deeded the land to YHS for \$1. The original shelter plans included a temporary modular office, a nine-car parking lot and the kennel, which would accommodate 72 dogs and 25 cats. Plans were included for a later clinic.

When the City had to end its contract with Prescott Animal Hospital for shelter services because the hospital on Iron Springs Road was to be removed

and turned into a parking lot, the Yavapai County Fair Board provided temporary shelter services until the YHS shelter was constructed. The City and YHS worked hard for the last two weeks of August 1976, soliciting donations of lumber, roofing materials, cinder blocks, electrical and other equipment to help supplement the \$100,000 now on hand to build the shelter. YHS contracted to provide shelter services to the city after the shelter was built.

In Summer 1983, Prescott decided to build and maintain an animal control facility next to the YHS shelter and contracted with the County and Prescott Valley for sheltering services.

Ten years later, YHS was struggling to keep its doors open. Entirely supported by donations and fundraisers, it still had a live release rate of just 24 percent. Then, in 1997, a Prescott woman bequeathed her home to YHS. It was YHS' 25th anniversary and the gift was timely to do some needed remodeling at the shelter. This would be the first of many such gifts that today support the shelter and its myriad programs to enrich the lives of pets.

Today, YHS encompasses the main campus on Sundog Ranch Road which houses its Lost & Found building and Adoptions Center; a thrift store at 1601 Iron Springs Road in Prescott, the Equine Center in Chino Valley, and the currently (temporarily) closed Spay/ Neuter Clinic off Highway 89A. It has reached its goal of a no kill ethic and a facility that supports both pets and pet lovers, but the philosophy by which they do business is costly.



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Drone view of the front of the Adoptions Lobby.

"The no kill ethic in animal welfare has really taken hold in the past 10-15 years. We are an open shelter," McClish said. "We don't pick and choose; we take all the animals. It's a constant struggle, because at one time we might have 100 pit bulls in system that no one wants or loves. They are sweethearts and we keep looking for a place for them. However, they'll sit a bit longer, and that escalates the associated costs."

McClish said people might not think their \$20 or \$25 a month makes a difference, but every donated dollar counts.

In 2003, YHS broke ground for a three-phased program to create an exercise and training area for animals, and to enlarge and remodel the existing shelter for an Animal Wellness Center. The Buffy Pence Bark Park, provided by a donation from local philanthropists, provides space for animals to exercise, socialize and where families can visit with dogs they are considering adopting. It also serves as a training and behavior counseling area.

McClish abides by a three-pronged philosophy as he directs YHS – the shelter, he said, must take care of the animals, the people who love them, and the staff. That's why so many YHS programs support pets and pet lovers alike.

YHS maintains a pantry for pet owners who need food and supplies for their animals. A spay/neuter clinic offers basic vet care and low cost altering and vaccinations for animals. The clinic is currently closed after the Pandemic for lack of a veterinarian and staff, an all-too-common problem for many businesses in the post-Covid world. But YHS is looking forward to the day it can be opened again, said YHS



1601 Iron Springs Road in Prescott
928-445-5668 | Tues-Sat 9 am-4 pm

Thrift Store Dog.

Marketing Manager Loree Walden.

Current programs include a foster program for puppies, kittens and older pets that need a bit of socialization and training to help them be more adoptable. The program is currently supported by 25-35 active fosters who are always ready to take in a pet in need.

YHS also offers behavior classes for the public or at a discount for dogs adopted from the shelter. Classes are \$35 per class or \$180 for the entire six weeks for dogs adopted from YHS, and \$60 per class or \$300 for the entire six weeks if the dog was not adopted from YHS.

Another wildly successful YHS addition has been the YHS Equine Center in Chino Valley. YHS Deputy Director Christine Campbell not only has had her hands full with horses in need of saving, but other livestock has found a haven there as well. Potbellied pigs, rabbits, goats, ducks, peacocks, and even tortoises call the Center home until they find a permanent placement.

For cat lovers, YHS houses its adoptable felines at its Adoption Center and at the PetSmart Satellite Adoption Center.

One of the most heartwarming programs that YHS provides is its Pet Guardianship Program. Recognizing that companion animals are a vital part of families, YHS established the Pet Guardianship program to give owners of all walks of life peace of mind in the event of illness or death, when many times, remaining family does not know what to do with a family member's pets.

Members leave detailed instructions both with YHS and in their wills that their pets will be bequeathed to Yavapai Humane Society. YHS then provides for the pet's unique needs, including medical care, and will find the animal a loving home. The only request is that while members are in the program, they maintain an annual donation of any amount to YHS and include YHS in their will.

Other current YHS programs include Animal Enrichment, which helps to ease the stress of shelter life for the animals, staff, volunteers, and the public, helping to make pets more adoptable. Special Treatment and Recovery provides money



Deputy Director, Christine Campbell with one of our Equine Center horses.

to help with critical medical needs. The STAR Fund helps with a homeless animal's medicines, x-rays, blood work and surgeries that the YHS budget would not otherwise support. The New Hope program is YHS's commitment to partner with other area animal organizations to meet the needs of animals with special or long-term needs and help them to find homes. Donations are welcome to any of these programs.

Creative programs and fundraisers such as an annual Gala, Walk for Animals, the Thrift Store, estate planning, one time or monthly gifts, memorial donations to remember a special person or pet, sponsorships, and a new online Pet Prescription Store with all profits going directly to YHS help are just some of the ways the public can support YHS with small or large gifts. Many ways to donate are listed on the YHS website.

YHS also partners each year with Prescott Dog Magazine's Woofstock adoption event in Prescott Valley and Dogtoberfest in Prescott, getting the word out about the organization and bringing adoptable dogs for exposure. Prescott Dog also provides space for information and photos on adoptable pets.

Finally, McClish is passionate about investing in YHS staff. He supports all the training and professional development he can provide. "We can't expect staff to take care of the animals when they can barely get by as individuals," he said. "If we are passionate about what we do, we need to have options and opportunities to enhance professionalism."

For more information on the Yavapai Humane Society, to get involved in helping area pets, or to view available dogs, cats, horses, or other pets, check out their website at www.yavapai-humane.org/ or call 928-445-2666.



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Dr. Gordon Vergason, DVM
Owner



ARMY (aka BARNEY)

Army is a 7-year-old Chesapeake Bay Retriever mix who was hours away from being euthanized recently when he was saved in Casa Grande. Army was named by Dogtree Pines' founder to represent this dog's strength and fortitude, as well as the army of people it took to help this boy.

He was found lying on the side of the road. Apparently, everyone thought he was deceased as he was a stray long enough to become infested with ticks and acquire tick disease. When animal control picked him up, he was alive but catatonic. He spent three days at Pinal County Animal Control on a stray hold, still unable to move or eat.

As soon as Army was available for rescue, Southwest Oasis Labrador Rescue (SOLR) jumped into action. He was rushed to the emergency room to be diagnosed and treated. Upon arrival, he was hooked up to an IV, started on medication for pain management, and underwent a series of tests including blood work and x-rays. He also began receiving prednisone injections in case inflammation was preventing him from sitting up, or even moving his neck enough to eat.



Army before (L) and after (R)

After a couple of injections, Army was able to seat and even sit up with help from the vet techs. The results of the tests didn't reveal anything obvious to be causing his paralysis, so Army received an MRI, which showed he had a blood clot in his neck.

A subsequent spinal tap revealed the clot was due to brute force trauma. We are still unsure if the paralysis was caused by the blow to the trauma and blood clot, or the tick disease.

Army was fostered by Nicole and Steve, an amazing couple who nursed him back to health. When he came to them, he had a catheter and could not walk. They carried him outside several times a day. According to his fosters, Army seemed to have forgotten everything, even how to eat. He had to relearn everything, including how to bark.

To get his joints moving again, he began rehabilitation which included physical therapy, water therapy, and at-home therapy. He was also medicated to reduce the inflammation and dissolve the blood clot in his neck. Fast

forward to three months later, and Army was ready for his forever home.

We here at Dogtree Pines Senior Dog Sanctuary had been following Army's progress all along, and his foster family scheduled a day to come up from Casa Grande and see our sanctuary here in Prescott. A few hours into their visit, we all agreed that our sanctuary was perfect for him.

He's been here since mid-June and is doing great! He continues to improve, and the pack is showing him the ropes. He's learning new things every day and spends his days digging holes in the forest, barking at the squirrels, playing with toys, admiring himself in the mirror, napping on the front wraparound deck, and wagging his nubbin (someone tried to dock his tail). He has yet to enter the heated pool, but this will be included in his future rehabilitation as well.

Army's life started out horribly, but we'll make sure he never suffers again and has the excellent quality of life he deserves. Thank you to all who contributed to Army's rescue. We always say "it takes a village," and it really does.

You can follow Army (Barney) on Facebook at Dogtree Pines Senior Dog Sanctuary or visit our website at DogtreePines.com. Donations for Army's future care are greatly appreciated and can be made via our website.

Currently, we need fosters and adopters like never before. If you're interested, please contact your local dog rescue today. We need you! Be sure to follow us each issue of Prescott Dog Magazine as we highlight another dog and their story of rescue. There are truly some amazing ones!

Soulmates come in all sizes and shapes. In this crazy upside-down world, they can be vital to our well-being and connection to sanity.

There is no other living thing who can love you unconditionally like your pet, and the need for adopters is so great right now as anyone in rescue will attest. The number of animals being abandoned, surrendered, irresponsibly born, left behind, and forgotten is unimaginable, and it's heartbreaking to anyone who respects that kinship with companion animals.

Are you wishing you could help or thinking of getting a pet and are you in a position to commit to their care? Here's what you can find in return.



Imagine waking up to an adorable face that never has a bad hair day and does not care that you do. Think about the trust in their eyes that you are the best thing that has happened to them and that you have no flaws

or shortcomings. Know that the breakfast you put together for them will be gratefully received as a gourmet meal. Remember, when you leave the house, they will eagerly await your return and delight in seeing you again. Count on the time you give them meaning everything to them, and they don't want to be anywhere else.

Is it time to get that next buddy or help give someone else that gift of life? There are so many ways to help with the overwhelming need, and Yavapai Humane Trappers Animal Search and Rescue is looking for your energy. Our trapping side is out almost daily searching



for lost or abandoned animals and if you like being out in the fresh air and are up for the challenge of animal tracking, there is no greater joy than seeing a dog or cat brought to safety and back in the arms of a grateful pet owner or safely secured for stray hold/adoption.

Tired of pet overpopulation? We can connect you with someone who wants

to rehome an unsterilized animal that may just contribute to our crisis. Offer to cover the charges and help see that animal safely rehomed.

If you want to nurture a shy or scared animal and have the time to foster and bring a dog or cat out of their shell, seeing their eyes light up with trust and confidence is tremendously rewarding. Want to up your dog handling skills? Take on a dog who needs work, under one of our professional dog handlers, and watch that dog turn into a well-mannered companion ready for adoption. Showing a dog at an adoption event and sharing the charming qualities about him/her so that someone will bring them home provides fantastic satisfaction.

Ready to commit to your own best friend? There is no greater need than now for good, responsible pet owners. Find your niche in the rescue world, and you may find yourself rescued too.

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We are getting calls on a daily basis right now and currently have 1 week old neonates all the way up to those "graduating" to adoption age. You can see our graduates on Petfinder and also on our web page cattyshackrescue.org or right here on Prescott Dog!

FOSTERING SAVES LIVES, and if you have experience, we need YOU! Apply to foster online, come by the Catty Shack at 627 S. Granite to fill out hard copy or call 928-778-6951 to express your interest.





BACK-TO-SCHOOL BACKPACK DRIVE

Yavapai County Food Bank has partnered with AZTV, Prescott Firefighter's Charities, CAFMA Charities, and United Yavapai Firefighters Local 3066 to make this one of the largest Back-to-School events in Yavapai County.

We plan to hand out approximately 2,500 backpacks to children in need throughout Yavapai County, and we need your help to ensure all of our children get started right when going back to school. We would like to equip them with the tools needed to succeed.

We need backpacks for boys and girls of

every grade Kindergarten through 12th grade.

Backpacks can be dropped off at our food bank located at 8866 E Long Mesa Dr, Prescott Valley (off Robert Rd).

If you would prefer, we can do the shopping for you, just send donation to Yavapai County Food Bank, indicating "School" to PO Box 4151, Prescott, AZ 86302

The Back-to-School Event will be at Findlay Toyota Center in Prescott Valley on July 26th between 3 pm and 6 pm with many vendors, clubs, and other organizations to help children succeed, along with free haircuts. If you have any questions, please contact us at (928) 499-8857.

Thank you for your support!



FOSTERING CHANGES LIVES



In the past year alone, over 200 animals from the Humane Society of Sedona have had the course of their lives changed forever.

Fostering can help animals who have medical, behavioral, or age-related needs get the special attention they need. Once they feel better, they are more likely to connect with potential adopters and find their furr-ever home.

As much as we do at our shelter to help the animals feel at home, it is still a shelter, not a home. Foster homes greatly help to reduce stress in shelter animals and is one of the most effective ways to reduce overcrowding in shelters – saving more lives. With an increasing number of shelters becoming overcrowded, many have looked to fostering for a solution- as have we. It's made a tremendous difference in



the lives of many animals in our care.

We have two types of foster programs. The first is a "Foster to Adopt" program in which prospective adopters can foster an animal they are hoping to adopt until it is medically or behaviorally cleared. Our main foster program is made of volunteers who open their hearts and homes to shelter animals in need. We provide on-going support as well as any needed vet care, supplies, and medications for each of our fosters so they have everything they need to care for their foster animals.

To join our foster program or to learn more, call the Humane Society of Sedona at (928) 282-4679 or email info@humane-societyofsedona.org.

UNITED ANIMAL FRIENDS ON A RESCUE MISSION

MEASURING SUCCESS

It can be difficult to measure success when it comes to rescuing homeless animals. We often see the hopeful beginning, as an animal is saved from a dangerous situation, or the exciting next steps as that animal is adopted by a loving forever family. But when we are able to see the full trajectory of a life saved and lived fully, the amazing power of animal rescue truly shines. Just such a journey can be seen in LuLu's story.

Rescued from an abandoned home as an 11-month-old puppy, LuLu and her sibling were neglected and starved, weighing just 11 pounds and suffering from a host of health issues. United Animal Friends (UAF) rescued both dogs, placed them in foster care, and ensured that they were treated and healed before going up for adoption.

Spunky LuLu made a special connection with an exceptional UAF volunteer, who took it upon herself to make certain that LuLu found the forever home she so desperately deserved. As fate would have it, that home ultimately belonged to a couple who were long-time UAF volunteers, and they enthusiastically welcomed LuLu into their home. Over the decade that followed, LuLu blossomed into a healthy,



LuLu

fun-loving 25-lb dog, even starring as a frisky model for UAF fundraising events.

Recently, LuLu's journey came to its natural conclusion, as she passed away peacefully and crossed the rainbow bridge. Loved and cherished by her family, she was deeply mourned. And yet, LuLu's life was also joyously celebrated, for she serves as a reminder of what can be accomplished when people unite for a worthy cause.

Thanks to LuLu, we have a beautiful example of how the power of rescue can be measured: in a lifetime of love, comfort, and companionship.

(Please read the rest of the story on PrescottDog.com)



UPDATE: A DOG NAMED CALL

Nearly a year.

Hoping for a noncommittal dog fix, cane in hand, I wobbled over the lumpy turf to WOOFstock last year in Prescott Valley. You know the rest of the story. Three weeks of barking. And then, as if Call knew she was on thin ice, she slowly tapered off.

Then began the routine. Then the confidence. Then the trust. Then the love. And then the mutual devotion.

I don't know how many old people live alone. What I do know is that since Call entered my life as a needy, damaged, deaf, PTSD dog, she has blossomed. We both have.

As old as she is, she guards me. On instinct alone, she has helped me up when I have fallen — on three occasions. Good girl. I treat her like royalty. She's earned it.



Every morning, she comes into my room at 0515. The look on her face says, "Let's go, old man." And so, a happy and healthy day begins. I love this routine.

Although she's stone deaf, I ask her, "How did you sleep?" She answers by running into the living room and grabbing one of her toys. Then coming back full bore and, toy in jaw, bolts through the dog door. "Great sleep. Thanks for asking."

I hope anyone, young or old, knows that they can make difference in a dog's life. There are a lot of dogs that need that void filled by a good human. Whatever you put into a dog will be returned with interest.

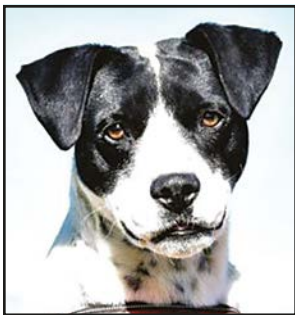
As it turns out, a dog's life is not so bad after all!

Find MORE RESCUE TALES on PrescottDog.com!



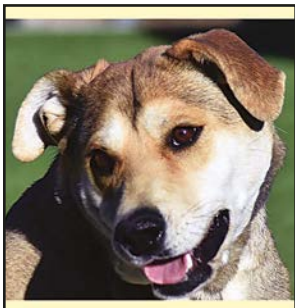
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AARF
928-925-7219



BUTTERCUP: A 2-year-old female Shepherd mix. She is people-friendly, happy, and loves attention. Not fond of cats.

Yavapai Humane Trappers
4lvdch@bullerinetworks.net



LANCE: A 6-year-old brown-and-white male American Staffordshire mix. For more info, please contact:
Yavapai Humane Society
928-445-2666



CAINE: A charming male Boston terrier/maybe bulldog mix. He's a senior but has plenty of spunk for walks and exploring. Loves everyone, knows basic commands.

Yavapai Humane Trappers
4lvdch@bullerinetworks.net



MINDY: A 2-year-old female Chihuahua who is low energy, gentle, playful, affectionate and sweet. She most of all wants to be near her human.

United Animal Friends
928-778-2924



HERMES: A 5 year old, big happy male Anatolian Shepherd mix. Very playful and very intelligent.

Yavapai Humane Society
928-445-2666



NELSON: An adorable 1-year-old Dachshund mix. He's a cuddle bug who loves attention. Walks well on a leash and is calm in a crate.

United Animal Friends
928-778-2924



JOE: A beautiful, 2 year old male Blue Tick Coonhound. Active, playful, and affectionate. He'll make a great running buddy.

Yavapai Humane Society
928-445-2666



SANDY: A loving 1-year-old Lab/Heeler mix. Sweet, and has a very gentle nature. Gets along great with other dogs and loves people and attention.

United Animal Friends
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SHILOH: A 5-year-old female brindle Plott Hound mix. Very sweet, but just a bit shy, so she needs time and love to blossom.

Yavapai Humane Society
928-445-2666



TONKA: A 10-month-old shepherd mix with a bit of Australian Shepherd mixed in. Calm, laid back, gets along with other dogs. Will be a great companion.

United Animal Friends
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by C.L. Dreves

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- Joy Fuhrman, DVM
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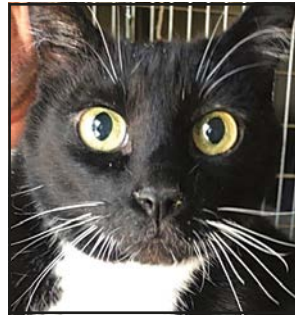
SCOTTY: A loving middle-aged red male Scottish fold mix. He's a fun and very affectionate cat. Yavapai Humane Trappers 4lvdch@bullerinetworks.net



GRAVY: A beautiful senior calico lady who's unique as she has a blue eye and a green eye. A loving and affectionate lap cat. Miss Kitty's Cat House 928-445-5411



FRED: A 2-year-old brown tabby male whose main objective is to crawl in your lap and turn on the purrs. Gets along with all people, other cats, and cat-friendly dogs. Yavapai Humane Trappers 4lvdch@bullerinetworks.net



BOOTSIE: A beautiful tuxedo lady with golden eyes and the most amazing white whiskers! Sweet and loving, and really wants a forever home. Miss Kitty's Cat House 928-445-5411



BIANCA: A beautiful black female House Panther, completely black with gorgeous copper eyes. Very quiet, mellow and friendly. Gets along with other cats. Petey's Playground 928-671-8084



BAXTER: A most handsome silver blue male shorthair with green eyes. Just over 2 months old, very loving and playful. Catty Shack/Emily 574-276-5495



WYATT: A handsome cream ticked tabby gentleman, 10 years old. Very affectionate with lots of love to give. Enjoys pets, treats, and cuddles. Yavapai Humane Society 928-445-2666



THURSTON: A most handsome orange tabby medium hair male, almost 3 months old. Charming, cuddly and affectionate. He loves people, toys and belly rubs. Catty Shack/Jill cattyshackrescue.org



Adopt a Horse from Yavapai Humane Society



KENNEDY

A sweet 7yo bay mustang mare. She's easy to catch, stands for the farrier, and enjoys being groomed. She is green broke but is off to a great start. Yavapai Humane Society 928-515-4947



CARLOS

A 6yo Appaloosa pony gelding, white with black spots. Not currently rideable. Very sweet, but also very shy and needs a restart on his training. Yavapai Humane Society 928-515-4947



MAVERICK

A 4yo chestnut gelding, an off the track Thoroughbred. Has good ground manners but will need some retraining for trail riding. Yavapai Humane Society 928-515-4947



JESTER

A 6yo chestnut gelding, an off the track Thoroughbred. Very sweet with good ground manners. He'll need some retraining for trail riding. Yavapai Humane Society 928-515-4947

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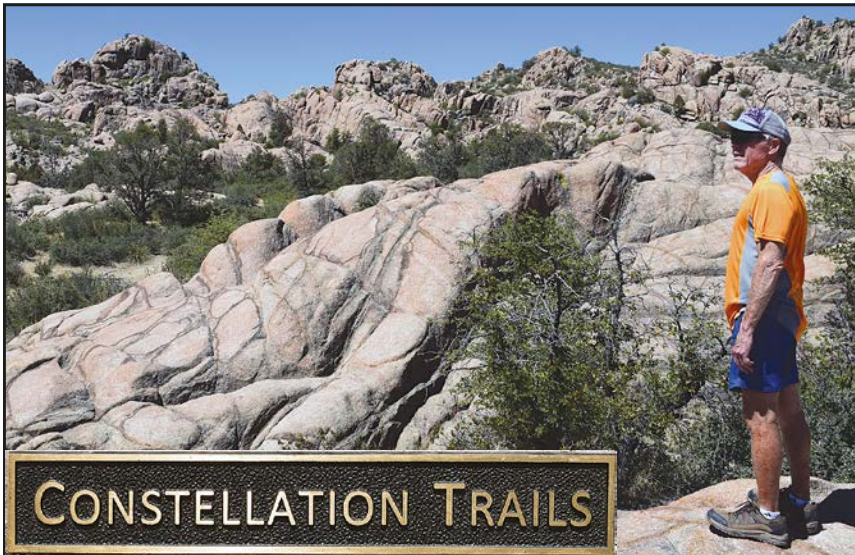
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Hike Prescott's Constellation Trails for a Perfect Summer Evening

Story and photos by Cheryl Hartz



Constellation Trails in Prescott's Granite Dells is not named for the features of the night sky, although it would be the perfect place to stargaze, especially from the small amphitheater near the story of its name.

The Constellation system honors the crew of a United States Air Force Lockheed C-121G Super Constellation that crashed at the site on February 28, 1959, during a training mission out of Phoenix. A plaque installed as an Eagle Project by Cody

J. Walker, Boy Scout Troop 10, in the summer of 2011, lists the five U.S. Navy servicemen who lost their lives: Commander Lukas Victor Dachs, Lieutenant Theodore L. Rivenburg, Jr., Lieutenant Edward Francis Souza, Flight Engineer Calvin Coolidge Coon and Engineer James Stephan Miller.

Thank you to the Navy men, and also thank you to young Mr. Walker and the City of Prescott for commemorating their service.

Thank you also to Ryan Peeples, Boy Scout Troop 6, who completed his Eagle Scout project with an information kiosk at the trailhead the following year.

The Constellation is actually a main loop with a collective set of interlocking trails for a total of 3.53 miles. The cross trails have such whimsical

names as Ham and Cheese, Hully Gully, and Hole in the Wall.

Terrain mostly is packed earth or slick rock. Trails are recommended for hiking and biking, but many sections are not conducive to the latter, especially for casual riders.

The city does tout it as having more ground level than some other trails in the Dells.

It is a favorite of dog walkers, as evidenced by a memorial bench, as well as a humorous sign reminding people to pick up after their canines, because "There is no poop fairy."

The first parts of the trail feature huge oak trees, but shade becomes sparse along the Dell edges. Therefore this is a better ear-



Someone decided to add a shade shelter to the trail skirting the Dells.

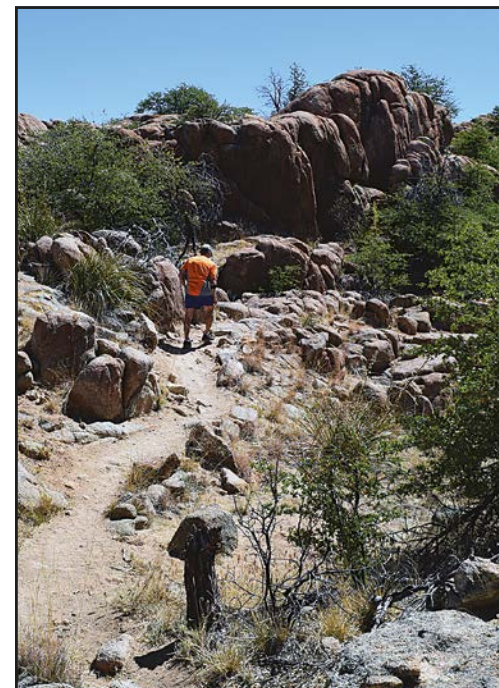
continuing via roadway/sidewalks to the North Peavine trailhead. Approximate distance from the tunnel is two miles.

Take plenty of water and pack out what you pack in. The trail has no garbage service or water. The circular trail system is surrounded by private property, so please stay on the main trails. Many social trails could take you erroneously onto private property.

Like other City of Prescott recreation areas, the parking lot has a \$3.00 daily use fee. Wednesdays always are free, however.

The Constellation provides access to the Prescott-managed Mile High Trail System. You can download a "map app" of all trails at prescott-az.gov.

Happy Dells hiking!



Trails traverse slick rock and packed earth.

ly morning or else an evening hike during the summer months.

Elevation is around 5,000 feet, so Phoenix folks might be OK with summer daytime temperatures that definitely are cooler than those to which they are accustomed. Too hot for me!

Through a short tunnel under Highway 89, it connects with the Phippen Trail, and then the Walden Farms Trail,



Tall oaks provide shade near the trailhead.



The trails are dog-friendly, as evidenced by a memorial bench and a funny sign.



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PAM BRINK'S LIFE OF TRIUMPH

By Heidi Dahms Foster

Prescott's Pam Brink has a rich lifetime of memories and achievements. She is an RN, a PhD and a Fellow of the American Academy of Nursing. She has authored multiple books and achieved much in her career as a nurse, teacher and researcher. But perhaps her most cherished memories and accomplishments include those of the German Shepherd dogs she has loved throughout her life.

One of those memories has pride of place in her study at Alta Vista Senior Living Community in Prescott, where she now shares her apartment with her cat Willie. It's the now slightly faded Best in Show ribbon that she won with her German Shepherd Hester, a dog she bred and raised.

German Shepherds are woven throughout Pam's life, starting with Guapa, a GSD that her father gave to her mother when she was a toddler. Although Pam said she has no memory of Guapa, the family's next dog, a GSD named Gerry, is forever burned in her memory.

The family lived in the Philippines, where Pam's mother was a teacher and her father employed by a subsidiary of Lever Brothers in Cebu City. In the summer, the family lived at their second home in Montalongon to escape the summer heat.

Pam's life with her brothers Bill and Bob was idyllic until the Japanese bombed Pearl Harbor on December 7, 1941. The three were in school when their parents came to pick them up and take them to the Montalongon house. Pam was in third grade. Shortly after Pearl Harbor, Clark Field, the army base north of Manila, was bombed, and a Japanese sub lobbed shells into Cebu.



Pam with Johanna and Lanz.

One day, 45 Japanese soldiers came to their mountain getaway, ransacked their home, took Pam's father as a hostage, and drove away. That experience and subsequent internment caused his death in 1945.

Pam recalls that when the soldiers arrived that first time, Gerry's heartrending story began to unfold. Her mother told the obedient dog to get under the poker table, which was covered by a long cloth. Because she told him to stay, Gerry stuck to his spot even while soldiers ransacked the home, never making a sound.

The second time the soldiers came, they took the family. Pam's ayah, or nanny, Mary, was left in charge of the house as Pam's mother was convinced the war would soon end. As the family was driven away, Pam's last view was Mary standing at the gate with Gerry. Neighbors later told her mother that Gerry never left his spot at the gate. He stopped eating and drinking, and died there waiting for his family to come home.

The family spent the rest of their time in the Philippines in various jails, colleges and finally an abandoned country club. It was a time of fear, uncertainty and starvation chronicled by Pam and her brothers in their memoir, *Our Family's Story of Survival as POWs in the Philippines*. They finally were rescued on February 23, 1945 by American troops and eventually returned to the United States.

In high school, Pam chose a career she later said was perfect for her. She began her nursing career in the 50s, becoming an instructor in the U.S. and Canada. She is a founding member of the Council on Nursing and Anthropology, published research texts and

founded and edited the *Western Journal of Nursing Research*. She writes about her career in her book, *An Academic Nurse's Tale: Triumphs, Tribulations and Travels*.

When the family returned to America, someone gave Pam's mom another GSD. "She was a lovely little black and gold puppy with the sweetest disposition," Pam wrote in her book, *My Love Affair with German Shepherd Dogs*. She named the pup "Schonheit," German for beautiful. While Pam fell in love immediately, her mother could not bond with the dog. "She had left her heart back at the gate where Gerry waited," Pam wrote. Shon became Pam's dog. She later died from an infection, breaking Pam's heart.

After Shon, Pam spent a few of what she calls her "dogless years," attending graduate school in Washington, D.C. then returning to California to work in a state mental hospital. She then moved to Ohio where she became an instructor in psychiatric nursing at the University of Cincinnati College of Nursing. Then she was accepted into the doctoral program in anthropology at Boston University, and soon she was on her way to Massachusetts.

Pam was in Boston in the days of the Boston Strangler murderer, and she gifted her roommate with a GSD named Bitte. Later her friend went to Africa to teach nursing, and Pam ended up with Bitte. Bitte started Pam's journey with dogs again, and in *My Love Affair with German Shepherds*, she shares her journey with each of the special dogs that graced her life.

Over many years, Pam became a respected breeder, exhibitor and above all, a lover of German Shepherds. Today, when asked what her greatest joy is after sharing her life with these magnificent dogs, raising pups, achieving prestigious wins in the show ring and titles in the obedience ring, she simply states, "Just living with them."

Pam endured all of the joys and heartbreaks of someone who shares life, raises, trains and competes with a beloved dog breed. She worked hard to responsibly breed healthy pups, weeding out of her



Pam with Kristie and her obedience win.

program those dogs that tested with hip dysplasia, a nemesis of the GSD, and place her pups in good homes. She remembers all of her litters, and all of the special achievements. She does, however, have one big regret.

After acquiring a lovely female GSD named Zehren, Pam waited to train her for obedience trials until she achieved her conformation championship. When she began to train her, though, Zehren was so sensitive that the usual training methods caused her to completely fall apart.

"If only I had known about the gentle method of obedience training – praising and giving treats when she did well rather than punishing when she made a mistake – she would have progressed faster and we both would have enjoyed our training sessions more," she said.

Zehren finally did achieve her AKC Companion Dog title, and back when it was rare, was a dual-titled dog. When talking with Pam, one can feel that like many who spend a lifetime learning their passion, she wishes she could go back knowing what she knows now.

What would she say to someone today who wants to add a dog to their home? "Do your research." So many dog/owner relationships fail, she said, because people don't know the traits of the dog they are bringing into their home.

Pam had many cats in her life along with her dogs, and when the owner of two cats in her apartment complex passed away, she adopted the person's two felines. Only Willie remains and keeps her company as she continues her active life, still writing and participating at events at Alta Vista.

When asked if she'd like a visit from a dog, she had one request. "Bring me a dog I can hug." Meaning, one large enough to fill her dog loving arms. That's a request that will be granted.

Enjoy Pam Brink's wisdom about dogs and more on her blog at pamelabrink.com



Pam with Hester.



Pam with Johanna.

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EQUINE NUTRITION: WHAT'S FOR DINNER?

By Rita Thompson-Tinsley

When it comes to your horse's health, you can't just think pony baloney. Nothing demonstrates better in the equine kitchen that 'you are what you eat'.

There are many choices to make when it comes to strategizing your horse's diet. You must take into consideration the type of horse you have, the size, and the activities or lack of.



Nutrition is no laughing matter. Photo by Carol Pettitt-Milnes.

According to Misa Dickinson, DVM, who has a vet practice in Chino Valley, "We definitely want the majority of our feed to be forage based." She recommends for those easy keepers, "You're going to want to stay away from the calorie-rich foods, feeding them less alfalfa, if any."

She emphasizes that working horses who are ridden every day to the point of getting lathered are the ones that need extra calories, and recommends 'graining' in these situations, keeping in mind that more than five pounds of grain is not a good idea. (Excessive grain can cause other issues such as gastric ulcers.)

Mares growing a foal or lactating have the highest nutrient needs out of all of horses. "Not only are they needing to feed themselves, they're needing to feed a growing foal. These mares need a lot of nutrients on board," says Dr. Dickinson.

Dickinson also addressed some misconceptions she hears about feeding. Many equine owners express suspicion regarding the effects of feeding their horse a specific hay, such as alfalfa versus bermuda grass hay. 'Alfalfa makes my horse hot' is a typical comment.

"There is no bad hay, there are just different hays. Each hay has its own pros and cons." She explains that the amount of calories in the alfalfa is higher than the amount in Bermuda. However, "We have done some hay analysis where Bermuda has turned out to be higher in calories than the alfalfa," she admits. "It depends on where it's grown, soil content, fertilizer, how it's cut, where it's stored, how long it's stored."

That's a lot to take into consideration. If the hay is cut when it's more mature, it has less nutritional value than if it's cut right away. "Early-cut hay," Dickinson stresses, "is going to be extremely high in nutrient, really dense and calorie-rich."



Gaia White's horse Deal having a 'hay day'. Photo by Gaia White.

Purina Livestock Production Specialist for Olsen's Grain, Rachel Lewis, has a philosophy for feeding. "Start with the end in mind." She recommends that you first evaluate your horse's lifestyle.

"A thoroughbred racehorse is going



Lunch with a view: grazing in Northern Arizona. Photo by Patty Popp Godfrey.



Arabian Sterling looking not-so-sterling with mush mouth. Photo by Micele Sharp.

to have more calorie needs than a Shetland pony." If you make changes to your equine's diet, like substituting pellets for hay or adding something new, be sure to re-evaluate the results over 60 to 90 days. And always read thoroughly the instructions on feed bags."

Lewis emphasizes that horses are designed to eat all day long, so it's important to have a corresponding menu plan. Slow feeders and hay nets are designed to allow the horse to have forage available for longer periods, imitating the natural grazing desires of your horse.

Serving multiple small meals throughout the day is a method that also suffices, but is not always practical to implement on a regular basis.

Unfortunately, Lewis points out that hay availability in this current economy may affect the equine communities universally. Substituting an alternate hay for your barn dwelling family may be an inevitable measure.

Dr. Dickinson, with her extensive background in equine nutritional studies, shared with me one of the fun facts that surprised her most. "Horses actually make a lot of their own vitamins," she stated. (WHAT?)

One of her favorite authors, an extremely witty, borderline whimsical, yet well-informed sources is Dr. David Ramey. On January 4, 2017, he addressed the issue of equine self-made vitamins, based on research from the University of Minnesota.



Hay nets are always a good idea for extended slow feeding. Photo by Gaia White.

HORSE VITAMINS ACCORDING TO DR. DAVID RAMEY

Source: doctorramey.com

If your horse eats anything that's green (say, hay or pasture), he's getting enough Vitamin A.

He gets all of his **B-vitamins** from the bacteria that happily synthesize them in his gut. He eats, the bacteria digest and make B-vitamins. Everyone is happy.

Horses make all of their own **vitamin C**. Can't make horses deficient in vitamin C, even if you want to.

Vitamin D is made in ample amounts if your horse has access to the sun. If he never has access to the sun, you're the problem, not him.

Vitamin E is available in things that are green.

Vitamin K helps blood clot. You couldn't make your horse vitamin K deficient if you wanted to make him vitamin K deficient. Those bacteria that live in his gut are responsible for this impossibility.

Plain and simple, horses usually get all of the vitamins that they need as long as they have a decent diet.

Happy Trails and Bon Appetit!

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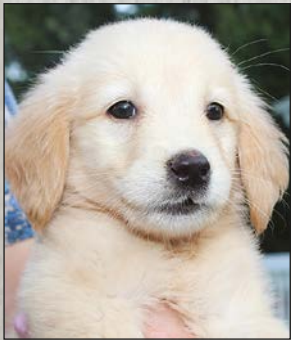
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