

Traveling With Cats

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What Kind of Dog Is That? ★ Seniors & Their Pets: Duke Is At Jeff's Service



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The Prescott Dog

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COVER STORY
Kitty Palooza: Bring On the Cats!



Traveling With Cats







Seniors & Their Pets: Duke is at Jeff's Service

Horse Adoptions



THE PRESCOTT DOG

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Heidi Dahms Foster - Finding a Dog Trainer

Cheryl Hartz - On the Trail

Bobbi Leverich - Training Your Dog

Briana Lonas - Pet Health Tips

Skye Lyons - Watching Ravens

Rita Thompson-Tinsley - Horsin' Around

Allie Werhan - Cover Story; Yavapai Humane Society: A Look Back, a Look Forward; Moving a Mountain; Book Review; Business Spotlight; Rescue in the Limelight; Kitten Korner; Special: Mini Therapy Horses

If you have a story idea, please send it to info@prescottdoq.com



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The Prescott Dog Staff & Writers



Cherie L. Dreves - Publisher/Editor Cherie has had her share of furries "follow her home" (a few times on the end of a rope). Her public relations career probably started back then; lobbying her mom, "can we keep 'em? Cherie has worked to increase community awareness for several rescue groups around the southwest. She is a writer, speaker and idea generator; with a passion for puppies, of all ages.



Allie Werhan - Editor Allie was born loving animals and trying to rescue them. (Can we keep him? He followed me home.) After several careers including teaching and retail management, she is now a part-time writer. Allie coordinated the cat program for United Animal Friends for years. Some of her best friends are dogs. The cat is her boy, Scamper, who is a Maine Coon mix, about 7 years old, and a love.



Bobbi Leverich - Dog Training holds a Master's Degree in Counseling from St. Edward's University in Austin, Texas. She is a longtime dog enthusiast and trainer. Her passion has always been helping homeless pets. From her years working at a service dog organization, she has seen what dogs and people partnered together can accomplish. This experience led her to become a certified Canine Good Citizen tester and she is a member of the Association of Pet Dog Trainers (APDT).



Briana Lonas - Pet Health Tips Briana Lonas lives with her husband John and two dogs - a Labrador/hound mix and a Border Collie/Pembroke Corgi mix. Aside from also raising a horse and chickens, she enjoys researching animal safety issues and natural remedies in tandem with traditional medicine. She feels that our furry family members are happiest when they are healthy.



Cheryl Hartz - On The Trail Cheryl Hartz is a tree and animal hugger, an award-winning writer and photographer and a 30-year resident of Prescott Valley. She has hiked extensively with only minor bumps, bruises and sunburns. She was the Arizona Game & Fish Outdoor Writer of the Year for 2014.



Gary DeGeronimo - K-9 Service Corner and Training Gary has been a Canine Behavior Specialist for close to 30 years and has been involved with many aspects of the canine world from training to shelter administration. He is currently the Founder/Director of Training for Gentle Hearts Service Dogs, a non-profit charitable organization providing trained and qualified service dogs for those in need, with a particular focus on children with autism.



Heidi Dahms Foster - The K-9 Beat Heidi has lived in the greater Prescott/Prescott Valley area since fourth grade. She has been involved with dogs her entire life, and shares her home with husband Randy and a houseful of critters. She recently changed careers after 27 years with Prescott Newspapers, Inc. and now works as Communications Relations Coordinator for the Town of Prescott Valley. She enjoys keeping her hand in writing about and photographing dog activities and events.



Mary Beal – Staff Photographer For Mary, photography has always been FUN! She got a Brownie for her birthday when she was 7 years old. Hettie, her cocker spaniel was her only willing model so she has many black and white memories of her safely stored in a wooden box even now. Through the years, she photo'd kids, vacations, and the milestones of life, but now concentrates on her true love - taking photos of animals. Hettie would be pleased.



Rita Thompson-Tinsley - Equine Contributor After a career in broadcast advertising and production, Rita and family moved from a ranch in Texas where she raised Nubian goats, retired show lambs, miniature donkeys, llamas and horses, to Arizona. She currently resides in Dewey with her husband, three horses and two rescue labs. Her equestrian and western writing has been featured in Arizona publications as well as an international magazine for cowgirls.

tes From The Pack Leader & the

From the Pack Leader

Hello Everyone!

We hope your winter has been wonderful. I am very excited to answer a question that we have received from many readers. Who is it that is barking in your radio commercials? Is it Hazel? Many have guessed. I am happy to share; she's a local girl, sweet as can be and rescued from Yavapai Humane Society. She's Hazel's best friend and my canine niece, Cassie.

Cassie is the voice of the Prescott Dog Magazine. She wonderfully barks on command. Definitely a one take wonder and she has never needs a teleprompter.

You may have heard the expression "Gotta watch those Pitbull's, they'll steal your heart" Cassie stole mine the first day I met her. I've never gotten it back....

Cassie had kind of a rocky start, in and out of the shelter a couple of times. She patiently of the shelter a couple of times. She patiently **Prescott Dog** waited for someone to come, never loosing that kind disposition. She met



Hazel & Cassie's First Meeting



Playing with Toys Turns Into Mouth-Measuring



Afternoons at Prescott Dog



Cassie - The Voice of

her forever mom (and my best friend) at one of the large pet adoption events. It was instant love, instant bonds between the two. She is the sweetest most loving dog. She's great with everyone and extremely well mannered.... except when I'm around.

One thing that has amazed me more than all the rest, her love of puppies. In her 5 years she's taught many puppies to play like, well puppies. The pure joy is endearing. It's interesting to watch her playfight carefully showing the puppy "the move" then stepping back to urge and beckon the puppy to come try "the move" on her. Gently and patiently she'd go over and over the moves drawing the puppy onto play.

Our family has had the great pleasure watching Cassie finish the canine socialization of three of our own pups, including Hazel. Their lives and ours have been enriched by this sweet Pitbull that loves puppies.







Hazel Howls

Hey there everyone! Hazel Bazel (the rocket dog) here again as spokes dog of "Prescott Dog Magazine".

I hope everyone's enjoying the winter season, as I and my sisters have been. Recently we had a fair amount of snow to play in, (and eat). We had a blast as dad was packing snow from the patio chairs into lose balls to roll across the backyard. We chased them like fools and they would disintegrate before our eyes. Roll and repeat.



Alas, our service human's hands got cold and the game was called. A little more indoor chase around the island, and soon, all that stand on four were passed out in a loose formation. Fun, that was pure fun.

Lately, a string of gray days made the two leggeds a little, well, grumpy. Some were even a little testy and lethargic. It's seasonal I guess. Us on four legs tend to sleep a little longer, deeper. Pups grow in length, and my age tends to growth around the middle. We enjoy it, and flaunt it.

Having been around a bit, (three years and runnin'), I think I've made an observation that's kind of going back and forth in my thinking on the big bed. Some two leggeds must be inner "tailwaggers".

When inclement weather sticks around or there's a run of sunless days, they don't seem to go glum as quick as others. I'm thinking they must know what it's like to run through the field without a leash. To chase the disappearing snow balls. To not be followed by a plastic bag for once. And, (very important here). And... They remember what spring smells like in any season. They carry the memory and promise of that season everywhere

When we meet someone like that, we gather round and love them up, stranger or not. If I was a two-legged, I would hug them and take deep breaths.

I know you're thinking something like, "You really ponder this kind of stuff laying around?"

Sometimes. Other times I drift off in short order and dream of quickly, and artfully catching that snowball, intact. Trotting back carefully, I drop it back into the maker;s hands. Now that's what makes a red dog's tail wag. You know, it kind of smells like spring right now. Do you smell it?



If you're lucky, a dog will come into your life, steal your heart, and change everything. ~Unknown



If I could give you one thing in life, I would give you the ability to see yourself through my eyes. Only then would you realize how special you are to me.

~Unknown

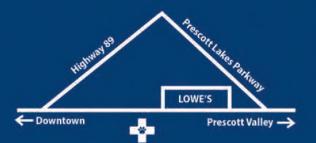




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POISON PREVENTION

In honor of National Poison Prevention week in March, we wanted to share some foods and plants that are toxic to pets. The level of toxicity depends on the food or plant, how much was ingested and what type of pet ingested it, but some of these are severe enough to result in death.

Common signs to watch for include, vomiting, diarrhea, panting or trouble breathing, seizures, lethargy or trouble walking, and increased body temperature.

Did you know these foods are poisonous to pets?

- Salty food
- Hops (beer)
- Apricot

- Coffee Cherry
- Mushrooms
- Bread dough

- Alcohol
- Peach pits Onions & garlic
- Moldy food

- Avocado
- Xylitol (sweetener)
- Grapes & raisins
- Chocolate Yeast dough
- Nuts (macadamia, almonds, pecans, walnuts)

Did you know these plants are poisonous to pets?

- Foxglove
- Morning glory
- Tulips

- Lillies
- Lavendar
- Hydrangea

If you suspect your pet has ingested anything toxic, contact a veterinarian immediately. We are open 24/7 for all emergencies.



Ongoing Adoptions

CATTY SHACK - CAT ADOPTIONS

Onsite- Tues thru Sat 10am-2p 609 S. Granite St., Prescott, ssnsmart@yahoo.com

CIRCLE L RANCH ADOPTIONS

Onsite – by appointment
Dogs – Liz Steigmeir, (928) 273-7005
Farm Animals – Terry O'Brian, (928) 9251926

Offsite, Whiskers Barkery Every 3rd, 4th, 5th, Saturday, 11a-2:00p, Pet Headquarters, Every Sat., 11a-2:00p, www.circlel.org

GREYHOUND PETS OF AZ

Petsmart 4th Sat of each month 1:30p

MISS KITTY'S CAT HOUSE

Onsite – Open House, Fri, Sat. 11a-3p 302 W. Alarcon, Prescott

Offsite - Petsmart, Sat/Sun 11a-3p

UNITED ANIMAL FRIENDS

Cat Adoptions – Petco, Saturdays & Sundays (Hwy 69, Prescott), 11:00a-2:00p or by appointment by calling Ruthie at (928) 379-1088

Dog Adoptions – Petco (Hwy 69, Prescott) Saturdays from 11a-2p, & Sunday 12p-3p. Whiskers Barkery (225 W Gurley St, Prescott) 1st two Saturdays of every month, 11a-2p. www.unitedanimalfriends.org

YAVAPAI HUMANE SOCIETY

Onsite – Daily from 11a-6p, 7 days a week at Yavapai Humane Society, 1625 Sundog Ranch Rd., Prescott, (928) 445-2666

Offsite - Petsmart Adoptions

Cat Adoptions - 11a-4p Mon-Sat; 11a-2p Sun

Special Events

ONGOING

THE BEASTRO – EVERY 4TH FRIDAY ART WALK

117 N. McCormick St., Prescott. Starts at 5p. Help feed a beast in need. Art Gallery/Retail Animal Items. More info (928) 778-0284

UNITED ANIMAL FRIENDS

If you want to volunteer or learn more about United Animal Friends, visit www. unitedanimalfriends.org or call 778-2924.

LOW-COST WALK-IN VACCINATION CLINIC

Every Friday, 8-11a & 1-4:30p at Yavapai Humane Society Wellness Clinic, 2989 Centerpointe E., Suite B., Prescott. More info (928) 771-0547

MARCH

SENIOR PET SEMINAR

March 8, 5:30p-7:30p. \$20, with all proceeds donated to Circle L Ranch Animal Rescue & Sanctuary. Space is limited, call 928.776.8700 for more info & to reserve a space.

SUMMERTIME FIRST AID, HEATSTROKE, & RATTLESNAKES

March 11, 5:30p-7:00p at Kennelkamp Village, 9049 E Florentine Rd, Prescott Valley.

HOLISTIC FIRST AID PART 1 -HEATSTROKE, BLEEDING, BANDAGING AND CPR

Traditional and Holistic techniques including acupressure, herbals, homeopathy, & topical solutions. March 12, 2:00p-3:30pm. Circle L Animal Ranch & Sanctuary, 8535 E. Smitty's Place, Prescott Valley.

EVENTS - HERITAGE PARK ZOOLOGICAL SANCTUARY

Spring Zoo Camp, March 13-17 Yard Sale, March 31-April 2

CANINE MASSAGE AND DEMONSTRATION

March 16, 6:00-7:00pm, Holistic Veterinary Care & Acupuncture Center, 8200 E. Valley Rd., Ste. C, Prescott Valley

"ON THE ROAD FIRST AID FOR PETS", CPR & HEATSTROKE

March 22, 4:30-6:00pm, Little Dealer, Little Prices, 2757 N. Truwood Dr., Prescott Valley

ACUPUNCTURE & CANINE MASSAGE: CLASS & DEMONSTRATION

March 23, 5:30p-7:00p at Kennelkamp Village, 9049 E. Florentine Rd., Prescott Valley.

SPECIAL EQUESTRIAN EVENT: "YOU ARE ALTOGETHER BEAUTIFUL" - Bethany's Gait Retreat for Wives of Combat Warriors

To connect, relax and restore your spirit.
March 27-29 at Chapel Rock Retreat Center in Prescott. \$75 single occupance; \$50 double occupancy. To register, contact Cristi Rose at 928-499-9442. For more info, email crose@bethanysgait.org or visit www. bethanysgait.org

APRIL

EVENTS - HERITAGE PARK ZOOLOGICAL SANCTUARY

Yard Sale, March 31-April 2
Breakfast w/the Animals: Tiger, April 8
Easter EGGstravaganza, April 16
Behind-the-Scenes Photo Tour, April 22
Earth Day Celebration, April 22-23
Volunteer Appreciation Dinner, April 23
Community Appreciation Day (FREE DAY), April 29

3RD ANNUAL DOGGIE EASTER EGG HUNT

April 8, 11a-2p. Hosted by Whiskers Barkery, 225 W. Gurley, Prescott. \$20/dog donation to Yavapai Search & Rescue K9 Unit to participate. Call 928-776-8700 for more info.

EASTER PHOTOS

April 8, 11a-3p. Hosted by Whiskers Barkery, 225 W. Gurley, Prescott. \$10 for a framed 5x7 photo, or a multi-photo CD. All proceeds benefit United Animal Friends. Call 928-776-8700 for more info.

"ON THE ROAD FIRST AID FOR PETS", WOUND CARE, BANDAGING & RATTLESNAKES

April 8, Saturday, 3:00p-4:30p, Little Dealer, Little Prices, 2757 N. Truwood Dr., Prescott Valley

HIGH DESERT HORSE SHOW

Open Schooling Show, Western Classes. (English classes in May.)
April 8th, 8:00am. SW corner of 1 West and 2 North in Chino Valley. For info, visit www. thehighdeserthorseshow.com

UNDERSTANDING ACUPUNCTURE

April 20, 6:00p-7:00p at Holistic Veterinary Care & Acupuncture Center, 8200 E. Valley Rd., Ste. C, Prescott Valley

VERDE VALLEY EQUINE FESTIVAL 2017

April 21-23, Verde Valley Fair Arena in Cottonwood. event showcases the beauty, power, and ability of equine companions. For more info, visit www. verdevalleyequinefestival.com

HOLISTIC FIRST AID PART 2 - TOXINS, POISON, SNAKEBITES, VOMITING, & DIARRHEA

Diagnosis, management, temporary treatment, emergency contact info.
Traditional and Holistic techniques and tools. April 23, 2:00p-3:30p. Circle L Animal Ranch & Sanctuary, 8535 E. Smitty's Place, Prescott Valley.

(Continued)

(Calendar Continued)

YAVAPAI COLLEGE & AAEC PRESENT HORSE SHOW

April 29-30, 9am. 2275 Home Manor Drive, Chino Valley. For info, visit www.yc.edu/horseshow

OPENING: CHINO VALLEY EQUESTRIAN & EVENT CENTER

[Date to be determined.] Old Home Manor, in Chino Valley. For updates, go to the Chino Valley Equestrian Association's Facebook Page.

THE KENTUCKY DERBY PARTY AND FUNDRAISER

Presented by Bethany's Gait to benefit veterans, first responders and BG rescue horses. May 6th, 1pm-5:30pm. Info and RSVP: www.bethanvsgait.org



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Dog





PRICES

Kitty Palooza: Bring on the Cats!

By Allie Werhan

Kittens and cats dominate some media pages and the internet, doing their cute, adorable antics to the delight of many, both those with cats and without. Baby animals are irresistible, especially warm fuzzy little kittens.

The cat rescues in the Prescott area often have an "overload" of cats and kittens, all in need of forever homes.. or furever homes, as many like to say. Cats live in multiple numbers in many households, and live amicably side by side with dogs in many more. People are gradually realizing that cats are not all standoffish or too cool, but in varying degrees, love to cuddle, play, lap-sit, go for walks, and of course, rule the house. "The cat's in charge" is an easy sign to find to decorate your home.

Why don't we see cats at the wonderful dog adoption events, such as Woofstock, Dogtoberfest and Woofdown Lunch? It is not for a shortage of cats, although cats are more "seasonal" than dogs, but because the requirements to show kitties for adoption are not the same as dogs.

Cats are very place-oriented, which means they are happiest in a place with which they are familiar. Barring that, a place similar to home is necessary. That means an indoor venue, since most cats are indoor-only, and because indoors, cats feel safer than outside.

Even though they are good hunters, they are small and vulnerable, and prefer hiding or "lurking" to being out in the open. Those big open pavilions at the adoption events don't work for them.

Danny Sampson's business, Little Dealer, Little Prices, in southeastern Prescott Valley is the perfect venue for a big cat adoption event. There is a large indoor campground, with pretend trees and RV's, and lots of cozy space to set up tables, show cages or condos, and all the amenities needed by cats to feel safe and comfortable. They are able, in this

Many Beal Or B

setting, to show off their cuteness, regality and total awesomeness in a way that people will appreciate who they really are and what they are like.

Kittens, of course, don't much care where they are as long as they can play, so this is also a perfect place for them. Set up a cage, a transparent tent or some other arrangement, throw in a few kittens with lots of toys, especially toy mice and jingle balls, and those kitten are good to go.

Kitty Palooza, being held March 11th, a Saturday, from 10 a.m. to 3 p.m. will be the cat event of the year. Besides rescue groups with cats for adoption, there

will be some vendors showing cat items including food and condos, and there will be food available for the humans in attendance.

Contests are possible through the magic of video. Take a video of yourself and your cat doing wonderful cat things, and enter it in the contests. You may win a prize and the bragging rights that go with it. Bring your cell phone so your 30-60 second video can be judged. A brief appearance by the owner in the video is a must. No live cats will be judged, so even if the "most beautiful cat" is the contest you want to enter, bring that cell phone video!

Little Dealer Little Prices is a co-sponsor of Kitty Palooza, with Prescott Dog Magazine. The venue is a beautiful facility, and has the added virtue of ample parking, most of it close enough to make unloading easy.

The room itself is not a major traffic area, so the cats are visited by the people who want to see them. It is convenient to all the restrooms and water, always important. The staff, who will be working while Kitty Palooza is there, are friendly and knowledgeable. They wear "forest service" uniforms and work in offices designed to look like businesses in an early-day town.

Some cat rescues will bring cats to show and play with, while others may bring illustrated books of all their available pets. It is a good chance to hold and pet a kitty, and find your new Best Friend.

Be sure and attend this groundbreaking event, being held to help all rescue kitties find a new forever home. There is nothing like a cat's purr to calm your heart rate, drop your blood pressure and make you smile and sigh with contentment.

We are all looking forward to seeing you at Kitty Palooza. Little Dealer, Little Prices is at 2757 N. Truwood Drive in Prescott Valley.











Muffy. I'm 2 y.o. silver tabby with white feet and bib. I have freckles on the bridge of my nose, and enjoy being petted and held. I'm glad to be safely indoors. Miss Kitty's Cat House. (928) 445-5411.



Zipper. I am a 7 y.o. short-haired tortie who wants a loving home of my own. I like human company and I like to be brushed. I also like to chat with you while I sit on your lap. Miss Kitty's Cat House. (928) 445-5411.



Meatloaf. I'm a sweet orange tabby boy with a goofy personality. I do well with other cats and people. Let's have some fun! Call The Ark Cat Sanctuary (928) 308-4599.



Porgie. Under 2 y. o., sweet, easy going, loves to be petted. Miss Kitty's (928) 445-5411.



Sammi. 3 y.o. Flame pt. Siamese mix, powder blue eyes, no background on him. He's easy going, quiet, would love a forever home. Miss Kitty's (928) 445-5411.



Aiden. I'm 10, a sleek black kitty who loves sunny windows, being brushed, feather wands, and being with my person. Miss Kitty's (928) 445-5411.



Tippy. I like: rubbing against legs, toys, scratch posts, playing fetch and catnip. I am sweet and soft and lovable. Miss Kitty's . (928) 445-5411.



Spencer. I'm totally handsome, 3 ½ years old, a sweet calm boy who loves belly rubs, & I prefer male humans & 1 other cat or a calm dog. Miss Kitty's. (928) 445-5411.



Tyler. I'm 4 y.o., little timid, calm, and a good companion, and so pretty for a boy. Miss Kitty's . (928) 445-5411.



Casper. Siamese mix, boy, 10 mo., and I'm handsome and love people. I have some skin allergies and require a special diet. Ark Sanctuary. (928) 308-4599.



Chico. I'm an orange tabby boy, 4 mo., lots of energy and spunk. Vin is my brother...take us 2...we're small. Ark Sanctuary (928) 308-4599.



Vin. Chico is my brother, & I'm a gray tabby, full of play & fun. You deserve both of us! Ark Sanctuary. (928) 308-4599.



Furface. I am a calico/ tortoishell girl, adult, & declawed. I'm sweet and I need a quiet home where I can love my person. Ark Sanctuary. (928) 308-4599.

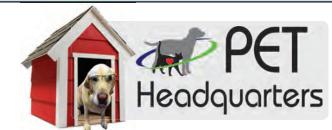


Einstein. I'm a 2 y.o. bonded with my brother Jasper. We would like to be adopted together. I am a Maine Coon. Catty Shack. (928) 778-6951.

THANK YOU! To Our KITS PALOXA Sponsors



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Jasper. I'm 2 y.o., and Einstein's brother. I'm a lovable lap cat too, and would like a forever home adopted with my brother, please! Catty Shack. (928) 778-6951.



Cookie. I'm 18 mo. old, need to be the only cat. I had babies and they are adopted. I like to play, be held, and patted. Catty Shack. (928) 778-6951.



Marx. My sisters and I are 5 mo. old purr babies, love to be held, petted and snuggled. My sisters are Lynx and Gizmo, and we are all miniature black panthers! Catty Shack. (928) 778-6951.



Aaron. I'm a nice lovable boy, 7 mo. o., friendly, & I love to play with my mouse with a bell on its tail. Catty Shack (928) 778-6951.



Augustus. I'm Aaron's brother, 7 m.o., ready to settle down in a forever home. We are two beautiful bonded boys. (928) 778-6951.



Heart. My mom brought me to the back yard of Catty Shack so we could be rescued. I'm a 5 m.o. girl baby ready to meet you. Catty Shack. (928) 778-6951.



Clover. I'm a cutie with a pink nose & I love to be petted and given lots of affection. Yavapai Humane Society. (928) 445-2666.



Elliot. I'm a shy guy, very special, who neds to be with adults who understand me. Yavapai Humane Society. (928) 445-2666.



Custer. I'm a beautiful golden boy, & I love feathers, toys and I like dogs. Yavapai Humane Society. (928) 445-2666.



Albus. I'm 5 y.o., black & white, & I like to be petted. I like people and I'm a nice boy. Handsome too. Yavapai Humane Society. (928) 445-2666.



Blanch. I'm an oldie but a goodie, 13 y.o. girl, sweet affectionate, but a bit shy. I like to be petted and am declawed. Yavapai Humane Society. (928) 445-2666.



Tilly. I'm a 2 y.o. tuxedo girl, active, independent. Adults only please. I need patience. I like to play with toys. Yavapai Humane Society. (928) 445-2666.



Tama. I'm 12 y.o., a girl, love to be brushed and lap sitting. I need to be the only cat. Yavapai Humane Society. (928) 445-2666.



Boris. I'm a beautiful tuxedo, almost 2, friendly with people and I have a big plume tail. United Animal Friends. (928) 778-2924.



Java. I'm a black/gray tabby, 7 y.o. declawed, and I love Maya and am very bonded with her. I'm good with kids and dogs. **United Animal Friends** (928) 778-2924.



Maya. I am bonded with Java, 10 y.o., a tortie girl, declawed and am okay with kids and dogs. I have beautiful green eyes. United Animal Friends. (928) 778-2924.

Continued on Page 24

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Traveling with Cats

By Gary Herstein with Allie Werhan

Having moved multiple times in the last 10 years with multiple cats, I arrogate to myself the privilege of passing along the following information.

The cat MUST be in a carrier. Even a kitten must be able to ride in a carrier for a few hours. Cats generally do not like cars and do not travel well. If you travel with a loose kitty in your car, it will hide under the brake pedal, or some equally suicidal thing.

Prior to any trip, regardless of how short, have the carrier out with the door open for at least a day prior to packing the kitty into it. You do not want the cat to associate the appearance of the carrier with BAD things. If that were to happen, then the cat would hide the instant it saw the carrier. Setting the carrier out a day or more makes it just part of the furniture. Kitty will then be much easier to catch and cage.

Cats HATE traveling, and will let you know about it. They will fret, cry, howl, and carry on until you are ready to give yourself a lobotomy. Trying to drug the kitty into passivity while you are traveling is a really bad idea. (Don't even think about doing it to yourself!) Drugs do not make them calm; they make them insane. Oh, yeah, and pissed. So you are likely to have a chorus of protests the whole long way. All I can suggest is talking to the kitty, letting it sniff a finger of your free hand through the carrier, and grit your teeth and bear it. Try singing at your own peril.

One of my cats, the most experienced traveler of the bunch at the time, had diarrhea on one leg of the trip. That's just no end of fun. I pulled into a service station, locked us in the bathroom and cleaned him and his carrier as best I could, enough that with the windows open, I could finish that part of the trip. One should be aware that this too could happen. While it is unpleasant, you grit

your teeth and deal with it. The kitty will not remember and you'll eventually be able to laugh about it...eventually.

Trips that take more than one day are do-able. There are "pet friendly" motels out there and AAA is an excellent source of help in finding these and making reservations. Keep in mind that being "pet friendly" is not a guarantee of being "cat proof." There's an excellent chance that kitty will discover that impossible hiding place under the bed, and you will be obliged to shift furniture about to gather everyone back up to be properly stuffed into the carrier.

Once having arrived at the new place, it is imperative that one unpacks the car (and trailer if applicable) ENTIRELY before letting kitty out of her carrier. The kitty is going to be very upset, and may bolt once the carrier door is open. (The kitty may not bolt, but rather leave the carrier very slowly and warily.) Regardless, the new place should be closed and subjected to no further major "in & out" disruptions due to unloading after the kitty is out.

The bottom line to remember as you move kitty in and out of the carrier, of vehicles, and of buildings, is that if an opportunity to escape presents itself, kitty will take it, and you may very well lose your cat. Err on the side of caution and always make sure kitty is secure in every circumstance.

At the new home (or the motel, if your trip has multiple legs), let the kitty out so that the first thing it sees when it emerges is the litter box. Of all the things it might have to look for, this one should not be it. Discovering food and water will happen on their own without coaxing. The litter box is the mistake you do not want to ever happen. (If you can have a little bag of old-not used, thank you-litter to add to the fresh, the smell will be familiar to the kitty and help it identify the box, and hence the rest of the environs, as "home").



We Don't Want to Go

That being said, traveling for even twelve hours without a toilet break is quite doable for the kitty. Do not imagine that you should let it out for comparatively short jaunts.

Some cats have to hide for a day or more in the new place. Let the kitty do so. Even if you go around looking for the kitty (I always did – how could you not?) don't try to force it out. Keep in mind that a kitten can hide in some pretty tight places (behind the refrigerator...) but do not underestimate the kinds of nooks an adult cat can find, either. In any event, let the kitty satisfy itself that it is safe.

I've moved with three or more cats from Chicago, Illinois, to Carbondale, Illinois, to Lawrence, Massachusetts, to New Concord, Ohio, to Evanston, Illinois, and now to Prescott, Arizona. Several of the trips took three days to complete. The trip to Prescott took longer; the water pump on my car blew in Santa Rosa, New Mexico. The first trip, from Chicago to Carbondale, nearly destroyed me. But each subsequent trip has gotten easier. The thing for one to keep in mind is that kitty is not going to like this, and may well not settle down for the entire trip. But kitty will eventually come to recognize the new home as its home.



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What Kind of Dog is That?

Story & photos by Allie Werhan

In the last several decades, the science of DNA processing has become much more common. We know it is used to help identify criminals, to identify bodies found by the police or the military, and many other procedures.

Along with these important applications, people have discovered organizations which will analyze and identify the DNA of private individuals. You can submit a sample of your DNA to one of these companies and subsequently discover where your ancestors came from.

It is also possible to analyze the DNA of animals. Here is the story of a dog, Hank, from Prescott Valley who looked like many breeds but none in particular. His person, Dawn Carberry, a volunteer foster for United Animal Friends became curious enough about Hank's origins to investigate.

Dogs have been domesticated human companions for thousands of years. It is theorized that the dogs are descendents of wolves, but as they interbred with other dogs, they also mingled with wolf populations, so that some wolves in their Eurasian homelands have 25% dog DNA.

In 2010, when Hank was a puppy, Dawn sent his cheek swab into a lab, BioPet Vet Lab, to identify his breed... or breeds. Before I get to the results, let me tell you a little about Hank.

Hank is quite timid and always has been. He was Dawn's foster pup, along with his siblings, who, incidentally, resemble Huskies. Hank was the stranger in the pack.

He adores Dawn. When she brought him to cat adoption events at Petco, if she had to leave the area for a few minutes, he would wait with one of the other volunteers, but he followed Dawn with his eyes until she was out of sight, then craned his neck watching that spot until she reappeared, no matter how long. During this time he could not be diverted with a treat or petting. He was tenacious and devoted, wanting to be with his person.

As a puppy, he looked like a shepherd, then a Shar Pei, then a Labrador retriever, or even a Rhodesian Ridgeback. He also looked sad and scared, and Dawn's boyfriend at the time insisted that she adopt Hank because no one would want such a shy dog.

Dawn agreed, and Hank became her dog. She is the only person he has ever loved and trusted wholeheartedly.

Besides Hank, Dawn has 3 cats, Marley, Wrigley, and Mama Cass. They all live together with Dawn's cousin, Paula, as a happy family.

Hank's DNA analysis came back with some surprises. Here is a list of his ancestry:

Level 3 Schnauzer

Level 4 Afghan Hound

Level 4 Australian Shepherd

Level 4 Chinese Shar Pei

Level 4 Dachshund

Level 4 Siberian Husky

A level is a range of degree of ancestry found to be in your dog of the breed listed.

Level 3 means the breed is between 20% - 36% of the dog's DNA.

Level 4 means the breed is between 10% - 19% of your



Marley

dog's DNA. There are also Levels 1,2, and 5.

The accompanying material explains that the database BioPet uses is of the AKC recognized breeds. "It is important to understand that each dog is uniquely individual. Two dogs with the same breeds detected in their DNA may exhibit drastically different physical traits (like Hank and his Husky siblings). In terms of behavior and personality, while certain traits may generally be associated with specific breeds, behavior will also be influenced by environment, training and handling."

The packet Dawn received from the lab company included a certificate of ancestry analysis for Hank, as well as information about the test results, from which I quoted above, and descriptions of the physical and behavioral traits of each breed.

As you can see, some of the breed guesses about Hank were borne out. He is part Shar Pei, and has the wrinkles to prove it. That is what gives him his sad look. He is also part Australian Shepherd, as well as Siberian Husky. There is no Labrador.

Two of the breeds listed for Hank describe the dogs as being protective, the Afghan Hound and the Schnauzer. Some of the other characteristics described



Hank and Dawn

include a low dominance level, suspicion of strangers, intelligent, destructive when left alone. An aside here... Hank ate most of a couch, destroyed some storage containers and mangled a kitty play cube and then wore it as a collar as he pranced around the room. He had been left alone.

Hank is too afraid of people to try to bite anyone, but if someone were to threaten Dawn or her dad, Hank would defend them completely. Then he would probably run and hide.

Being timid has kept him out of trouble which often occurs with more aggressive dogs. He doesn't have any interest in cars, strange dogs, or people at the door. If someone rings the bell, he barks once and retreats to the kitchen, which is far enough away to feel safe. Sometimes he raises his hackles to look fierce, but it is an act.

This has been an interesting excursion into breed identification and specifically into Hank. Now when someone asks Dawn what kind of dog he is, she says, "Schnauzer-afghan-hound-australian-shepherd-chines-sharpei-dachsund-siberian-husky." She might even sort it out for you if you say, "Huh?"



Hank

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Catty Shack News

We have some catching up to do! I need to let you know that we have been having adoptions and other happenings.

We adopted out Pixie, our little girl who weighed 6 oz when she was rescued with her brothers from under a shed in Paulden. Luckily they were rescued by a vet tech and she kept them alive until we were able to take them. They are big lovely kitties now.

Also, Dottie was adopted. She was one of the surprise kitties, 6 kittens found in a rock pile with no mother. Until 2 days later when their mom was reunited with them. They went to foster until old enough to be vetted and then came to the Shack.

Ambi was adopted by a family where she will have a cat friendly dog friend. She was part of the Victoria group. Victoria was taken in by a kind man who saw she was pregnant and had been dumped. He contacted us and we were able to take them into foster until ready for the Shack.

Elinor, our mom kitty who had 4 tiny boys when we were called to take her, was adopted out to be an only cat. She is doing well in her new home.

Polly, a girl kitty, was rescued with ringworm, worms and horrible ear mite infestation. This girl would never have made it if not taken in by a kind person who worked for several months to get her thru all her issues. She is now being adopted to someone really tickled to have her.

This is why we do it and over and over the person is as thrilled to have the kitten or cat as the kitty is to have a home.

We are looking into opening a GOFUNDME account to try to raise a down payment for a facility that is larger and that we can own and not pay rent on. We are looking for quite a bit more space to allow us to have a kitten nursery, an infirmary room, and a place to have a caretaker who can live on the property so the kitties don't have to be alone and unprotected at night.

If you haven't seen Prescott Dog yet this month, we are featured in 3 different places in the magazine. Very generous of them to include us in that way.

We have been busy shoveling snow and cleaning up water at the Shack probably along with the rest of you.

But while we were cleaning we adopted Pinky to his new family! He went home yesterday to a new family environment. We have watched him grow from 8 oz to the big beautiful boy who left us yesterday.



Pinky

It is impossible not to become attached at some level to our kitties but our goal is always to find them the best home possible for their type and temperament. You love them so much, you never want to see them again! Only on Facebook or in pictures!

We talk in depth with each person who comes in to the Shack before we get to the adoption phase. Then we talk to them again over the phone while we are considering approval. Then when they come to pick up their kitty, we go over again with them the introduction process if they have other animals, how to protect them as they learn the ropes in their new environment, and how to think ahead for this new life entering into relationship with them.

That's rescue...you do everything possible to never have them cross your path again. So they won't end up on the street or relinquished to another shelter. You want them to become a cherished family member who will live out their lives with people who know them and care about them. Kind of what we want for ourselves!

Thank you for helping us make this possible and for allowing us to keep the kitties until we place them properly and insure their safety. Your help at all levels makes this possible.

As always, thank you for your support and help. We could not do it without you.

Susan and the kitties

CIRCLE L RANCH RESCUE Handy-Person Needed

Circle L Ranch Rescue needs someone with various handyperson skills. The hours are flexible, although mornings are best. This Is a volunteer position. Please call (982) 273-7005 for more info.

Heritage Park Zoo

Baby Lemur Calls HPZS Home!

A new baby lemur will now call Heritage Park Zoological Sanctuary his home! The Arizona Game & Fish Department contacted us recently



regarding the permanent housing of a young lemur who was found living on the streets with his owner. He arrived a little over a month ago and so far is happy with his new home and new lemur friends!

Although little is known about this young lemur life prior to now, he is approximately seven months old and appears to be in good health and of normal weight. He spent his first days with us in separate quarantine so he could be overseen by our veterinarian and receive all of his necessary vaccinations and health tests.

HPZS has a family group of four lemurs already within the animal collection. Our hope was to introduce him to our existing lemur family. This process can be challenging and involves a slow introductory process to allow him as well as the other lemurs to acclimate to each other before being allowed full contact with each other. Lemurs form tight familial bonds and often reject new members. Thankfully, with careful, tireless work from our staff, we were able to successfully integrate him into the population. It's now been a few weeks and they've all been cohabiting nicely.

We never know what sort of animal we'll be called to help with, but we'll always provide care to any animal in need. We must always be ready for any new animal to join our collection, and thanks to the work of our Keepers, area organizations, partners and associates, animals like this one receive the care and attention they need. We're grateful to have this rescued lemur as a new member of our sanctuary, and we hope you'll soon come by to see him for yourself!

And now that he's an official member of our sanctuary, he needs a name – and that's where you come in! Starting on Monday, February 13 and going through Friday, March 17, we'll be running online polls on both our



Facebook and Twitter pages. Find these posts and vote for your favorite name. The final four choices are down to: Oliver, Pogo, Spock, and Theo. We'll tally the votes from both platforms on Friday at 4:00 pm. We hope this will be a fun way to get involved with our newest resident and have a say in his name. Go vote now!



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United Animal Friends News

We'll Miss You, Toby

Toby is a founding member of United Animal Friends and has been a major force in shaping the organization we are today. When the group began in 2003, there was no Low-Income Spay/Neuter Certificate Program, no Community Pet Food Bank, no Courtesy Listing Program, no Emergency Medical Program and no Paw it Forward Program. Toby has been instrumental in implementing and expanding the many vital programs that we offer to the community. In fact, the entire Paw it Forward Program was Toby's idea and that program alone has helped pay for critical veterinary services to help numerous cats and dogs whose owners could not afford the care.

As President, she has helped lead our organization through difficult times and helped us grow into a strong, financially sound organization that is able to help the people and pets who need it most. In addition to working a full-time job and fostering countless (and by countless, we mean way too many

to count) cats and dogs, Toby has spent many hours managing adoption events, facilitating adoptions, purchasing supplies, doling out medicines, administering vaccines, responding to inquiries, evaluating requests for medical help on community pets, authorizing treatments and verifying veterinary billings.

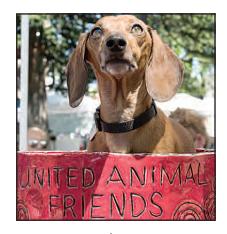
We thank Toby for so ably leading us for the past six years and hope that she can now take a deep breath, relax a little, and spend more time on her favorite thing to do, which is snuggling with furry critters. We will continue to rely on her experience and insight, and look forward to her contributions as a valued member of the UAF

United Animal Friends Fundraising Events

Be sure to mark your calendar for these opportunities to help animals in need while having fun with your best friend!

• Easter Photos - April 8th, 11:00 to 3:00 at Whiskers Barkery, 225 W Gurley Street in Prescott. Have your pet's photo taken with the Easter Bunny for a memento you will always treasure. For just \$10, you can choose a framed 5x7 print or receive a CD with multiple photos. Wear your best Easter outfits, because Whiskers Barkery will be awarding prizes for the top Easter Pet & Pet Parent Attire Contest. No appointment necessary. Call Whiskers Barkery at 928.776.8700 for details.

- Spring Clean Dog Wash May 6th, 10:00 to 3:00 at Whiskers Barkery, 225 W Gurley Street in Prescott. We'll wash your dog for less than it costs to do it yourself! A shampoo and towel dry is just \$10 and nail trim is only \$5. Or you can give your pet the special "spa treatment," which includes blueberry facial, shampoo, crème rinse, towel dry and nail trim for \$20. No appointment necessary. Call Whiskers Barkery at 928.776.8700 for details.
- Woof Down Lunch June 3rd, 10:00 to 3:00 at the



Prescott Courthouse Square. Fundraising events don't get any more fun than this! We'll have a Picnic Lunch from Crossroads Café, handcrafted pet bowls, raffles, live music, vendors, games, demos, an agility course, contests and much, much more! This event is free to attend and for \$20 you'll receive a picnic lunch and your choice of a pet bowl or ten raffle tickets for great prizes. Call United Animal Friends at 928.778.2924 for details. For information on participating as a vendor or sponsor, please contact Jennifer Casey at jcasey. uaf@gmail.com.

Circle L Ranch Rescue

Our New Venture!

A wonderful supporter has given us the opportunity to have a booth at The Cortez Street Emporium in downtown Prescott (on Cortez Street). It's a good location within the shop. We started stocking it on November 1 with wonderful handcrafted items from supporters as well as items left from our silent auctions and given by volunteers.

All proceeds (minus some small expenses) from our sales will go to Circle L Ranch. It is our hope to grow this into a very nice contribution as people become aware of our mission and want to help. Our mascot is Hannah - some of you may remember her as Jasmine who came to us with her two tiny puppies; she was adopted into a wonderful home. We are calling it "Hannah's HOPE Chest...giving hope and help to rescue.

Please check out our booth to see the many items we have. Not only will you find a nice gift for a friend or loved one, but you will also be supporting the animals of Circle L Ranch.

P.S. We are doing quite well and REALLY REALLY NEED DO-NATIONS! This is a great opportunity to make some dollars for us every month and a great chance to get our message out to the community. Featuring different items is important, things that will attract: anything western, Prescott, antiques, copper or glassware, unusual. We also need a sponsor or two for our monthly booth fee which can be a donation to the Ranch.

The Cortez Street Emporium, 115 N. Cortez Street, Prescott, Arizona, Hours: 10:00am -5:00pm, Monday-Sunday.

Miss Kitty's Cat House **Happy Spring, Animal Lovers!**

Miss Kitty's Cat House is proud to share we adopted out a total of 360 adult and kitten cats in 2016! We also spayed or neutered 80 cats/

kittens thru our Grant. Won-

derful news!

Since we started on August 1, 2002, Miss Kitty's Cat House volunteers have rescued and found homes for almost 4,550 cats and kittens. We are very thankful that these cats and kittens found good homes with loving new families. We are also thankful for all the support from the community and the cat lovers all over the country. This allows us to continue our efforts of reducing the pet overpopulation and rescuing and finding good homes for our cute little creatures. We are not a long term boarding facility and not a sanctuary.

We are desperately in need of foster homes for adult cats and kittens. We also are in need of volunteers to do cleaning duties at the house, do adoptions at Petsmart or the house, or participate in our fundraisers throughout the year. For more information please call 928-445-5411 and leave a message if no one answers. Please mail any donations to Miss Kitty's Cat House, 302 N Alarcon Street, Prescott, Arizona 86301.

Loving homes were found by the following Adult cats at the cat house: Kitty, Suede, Kenley, Meadow, Boo, Bust-

er, Molly, Star, Beau, Cash, Chloe and Katie. Kittens that found loving forever homes include: Nutmeg, Cinnamon, Clover, Rockwell, Johnathon, Elora, Cinder, Micah, Oliver, Weeba, Hanna, Sienna, Millie, Claire, Catsby.

Big Hugs to everyone who comes to MKCH for Pet and Play during adoption hours 11-3 Fri and Sat. We appreciate all the donations from our cat lover friends. THANK

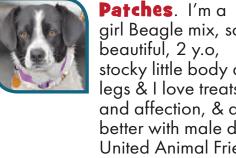


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Maisy. I'm a

Rottweiler/hound

mix, a sweet 2 y.o.

wagging, & I love

new people, & an

778-2924.

Meatball. I'm

and playtime.

2666.Z

happy, confident,

affectionate and I

Yavapai Humane

Society (928) 445-

need lots of exercise

girl, my tail is always

active lifestyle. United

Animal Friends. (928)



loving. I'm waiting for you at Chino Valley Animal Shelter (928) 636-4223 X7.



Joker. I'm a 2.5 y.o. boy who needs someone to love him. I like daily walks, playing tag and fetch. Yavapai **Humane Society** (928) 445-2666.



Tebow. 3 y.o. boy, I love toys, exploring, older children and tall fences because I'm a jumper. Best as only dog. Yavapai Humane Society. (928) 445-2666.



Samuel. I'm 4 y.o., sociable, good w/dogs, & need outdoor exercise 'cause I love to play fetch. Yavapai **Humane Society** (928) 455-2666.



Poncho. I am a very handsome 2 y.o. boy, Siberian husky/ Australian kelpie mix. I will be a great

companion. Yavapai **Humane Society** (928) 445-2666.



Kaluah. I'm a 5 ½ y.o. girl with cute ears, very loyal, & I love exploring with my person. Yavapai Humane Society. (928) 445-2666.



Amelia. At 6 ½ y.o., I am a sweet girl who loves affection, & I'm an exceptional walker on a leash. Try me! Yavapai **Humane Society** (928) 445-2666.



Chelsea. I'm a 6 y.o. friendly girl whom everyone loves & I'm a loyal, wonderful dog. Yavapai Humane Society. (928) 445-2666.



Danica. I'm a Vizsla girl, almost a baby, and a beautiful golden color. Circle L Ranch Dog Rescue. (928) 273-7005.



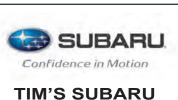
Rambo. I'm a baby boy Shepherd/ hound mix, black with gold, and so sweet I make your teeth hurt! I'm cute too!. Circle L Ranch Dog Rescue. (928) 273-7005.



Robin. I like people long walks and exploring. Yavapai Humane Society. (928) 445-2666.



Delilah. I love to fetch, have out door adventures and I need an active person. Yavapai Humane Society. (928) 445-2666.



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Heather. I'm ready for my own home. I'm 2 y.o., Australian/hound mix, little timid, very sweet. Circle L Ranch Dog Rescue. (928) 273-7005.



Heidi. I'm a 10y.o. pointer mix, a big, loving happy girl, good with older kids, best as only dog. Circle L Ranch Dog Rescue. (928) 273-7005.



Ben. I'm a golden mix, 3 y.o., friendly and I love people. I don't like to be crated, but I'm very smart. I need a high fence. United Animal Friends. (928) 778-2924.



Jake. I'm a 3 y.o Plott hound, a good boy, but I don't like small dogs or cats. I like girl dogs my size (60#) and I love walks. I don't hunt, I'm a family dog. Circle L Ranch Dog Rescue. (928) 273-7005.



Big Sandi. I'm a 4 y.o. female mastiff mix. I had a rough life until Circle L rescued me. I need to be the only dog or with a mellow dog. No cats please. Circle L Ranch Dog Rescue. (928) 273-7005.



Jax. Male shepherd mix, @ 2 ½ y.o gets along with other dogs, tricolor. Circle L Ranch (928) 273-7005.



Makenzie. F. pit bull terrier, 7 m.o., okay with dogs, needs puppy training. Darling girl, energetic. Circle L Ranch., (928) 273-7005.



Tango. I'm still a puppy, a year old, 60#. I love treats so I learn fast! I love dogs, people, attention, running, and hiking...but not sure about cats. United Animal Friends. (928) 778-2924.



Roxy. Boxer mix, 9 mo old, adorable wrinkles, loves people, wants attention, I'm great with larger dogs, older children. **United Animal** Friends (928) 778-2924.



Corndog. Beagle/Doxie mix, 6 m.o. I am a baby who loves to run, need adults only, and a doggie friend. United Animal Friends. (928) 778-2924.



Jewel. I'm a cattle dog mix girl, a year old, gentle personality, and I love attention. United Animal Friends (928) 778-2924.



Sarah. I'm a collie/cattle dog mix, 8 m.o., a happy bouncy girl, inquisitive, ok w/ other dogs. United **Animal Friends** (928) 778-2924.



Ernie. I'm a shepherd mix 1-2 y.o., a big loving dog, & I get along with dogs and people, an awesome hiking companion, treat motivated & smart. United Animal Friends (928) 778-2924.



Leo. Beagle/ Doxie mix, 1 y.o. laid back, good w/dogs, love my people ...and I am a cute boy too! United Animal Friends (928) 778-2924.





TIM'S SUBARU

3230 Willow Creek Rd. Prescott, Arizona 86305 928-445-7350 - 888-853-2234 www.timssubaru.com

BUSINESS SPOTLIGHT: LIGHT THERAPY WITH LITE WORKS LLC

By Allie Werhan

Light therapy has a long history. It is common knowledge that getting enough light via sunlight will help mitigate the "winter blues," that dull, depressed feeling that occurs when the weather is gloomy and the sky is gray for long periods of time. The treatment is light, either certain kinds of artificial light or sunlight if you can find it.

It was an intuitive leap to using light to help mitigate pain. In the last century, scientists found that some light "had an excellent therapeutic effect on afflicted cell tissue." This led to NASA testing red and infrared wavelengths to assist with wound healing for astronauts. As part of their research, scientists discovered that '660 nanometer red wavelength' was the most effective.

The Chi Lite, previously described in Prescott Dog Magazine in the July/Aug. 2015 issue, benefits both people and animals, easing the pain of arthritis, injuries, and the pain of headaches and tension, among other ailments. It has the additional advantage of being portable.

The Photon Genius machine is called a super sauna; it utilizes infrared, and is large enough for a person to stand or sit in its semicircle. Infrared sauna therapy is said to duplicate the healthy frequencies of our own cells. The tissues selectively absorb these rays as the water in the cell reacts in a process called resonant absorption. You can look up some of the development history at www.photongenius.com.

The Photon Genius uses the infrared spectrum to help the body produce powerful antioxidants as well as more nitric oxide, which helps preserve the elasticity of all the vessels in the body, creating an optimal blood circulation, important to almost all health issues. Nitric oxide is associated with benefits to blood pressure and heart disease, reducing inflammation, pain relief and assisting the immune system by fighting off bacteria, among other benefits. Pam has a nitric oxide saliva test she offers to check your level right in her office.

The Photon Genius radiates infrared



Pam Golden, Owner of Lite Works

light treatment to the entire body at once, improving oxygenation to all systems. The heat aids in expelling toxins through perspiration, while the lymph system (lymph is a pale fluid that bathes the tissues) takes toxins from the blood and brings them to the kidneys, liver or lungs to be expelled by those systems. When it is operating, it generates heat and the full spectrum of infrared light. Some clients need to start small, in 5-minute increments, and work up to 30 minutes per session.

The Photon Genius is a new type of sauna, so if people want to try it, Pam offers the first visit free. Because of the heat, most people wear a minimum of clothing and are encouraged to drink plenty of water for hydration. The



A cat being treated by Photon Genius

infrared waves penetrate to the core of the body. When the session is over, it may take hours for the heat to exit the body. Pam finds that many people don't sweat much at all at first, but as their lymph system clears, they are able to sweat more. Each person may have a different reaction, or no reaction at all, after one or more sessions.

Animals can also benefit from treatments in the Photon Genius to help them heal from injuries and illness.

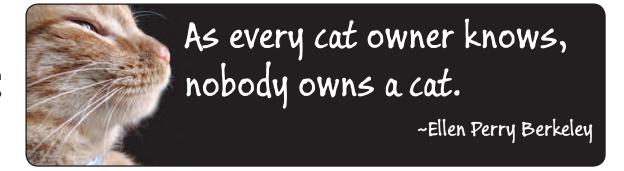
The machine itself is a colorful array of glass tubes filled with noble gases. In the photo, Pam is standing in front of the machine, and you can see the lighted tubes. The client stands or sits in the semicircle for the prescribed length of time. Although the long infrared light waves penetrate to the core of the body, all the client feels is the heat, which is very agreeable.

People who don't have an active condition like lung issues or cardiac issues can still benefit. The therapy helps them maintain their health, periodically clearing the lymph and impurities from their systems and giving the immune system a boost.

There has been a lot of interest in alternative medicine in the last few years. Some methods and treatments don't work out for people, but infrared light therapy is an alternative therapy that works.

To learn more about either the Chi Lite or the Photon Genius, please come to the Open House on Thursday, March 30, from 4:30 to 7 p.m. for refreshments and demonstrations.

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Jade. I'm a short haired black girl kitty born in Oct. 2016 & I like t lap sit and be close. I'm okay with other cats and dogs. United Animal Friends. (928) 778-2924.



Oregano. Boy, 1 ½ y.o., quite affectionate, needs someone home most of the time, playful, would like another young cat for companionship. United Animal Friends. (928) 778-2924.

KITTY KORNER: GRITZ AND ZIMBOTT

Story & photos by Allie Werhan

Born in Phoenix, Mary Harrold, like many Arizonans, moved to California. She enjoyed California but there was one little thing she didn't like...the Northridge earthquake in 2000.

"Of course it happened in the night, when it was too dark to see what was going on," Mary says. The terrifying jolt knocked a full-length mirror off the wall and across the bed. She heard it shatter, but couldn't know how much glass was on the floor and couldn't get out of bed for fear of cutting her feet. She had to wait until daylight to assess the damage and figure out how to escape her 3rd floor apartment.

Outside the sidewalks were rolling like a wave from aftershocks, and she said to herself for the hundredth time that night, "That's it! I'm moving back to Arizona!"

Spring Valley was home to family members so that is where she settled. She has a comfortable home which she shares with two wonderful cats, Gritz and Zimbott. Both cats are rescues from Yavapai Humane Society.

As a kitten, Zimbott was being chased with his

littermates by rescuers, and ran into a thorn bush. His eye was destroyed, and he was supposed to be euthanized, but a kind woman took him to the veterinarian and had the eye tissue removed, paying the entire cost herself. When he recovered, Zimbott was adopted by Mary and is now 16 years old. He is a Maine coon, and quite a handsome boy.

That adoption day, Mary had gone to Petsmart to adopt a cat. When she saw Zimbott, she decided he was the one. "He had one eye and I have one leg, so we were kind of a matched set," she says, chuckling.

Gritz, at 14, is a tall handsome Bombay, black as night, but extremely inquisitive even for a cat. Nothing escapes his attention. He hunts for bugs, not to eat, but to use as toys.



Gritz

He's unusual in that he is polydactyl on all four feet, with more toes on the front than the back.

Both cats are large, and have a large cat's reluctance to lap sit, especially since Mary is a small woman. Zimbott weighs well over 15 pounds. They love Mary and enjoy her attention, brushing, petting and getting treats.

Mary lost her leg to a blood-clotting disease. Her daughter, Stephanie, who is also physically limited, helps her out with shopping, as do several of her neighbors. One man and his wife in particular, keep an eye out for Mary and do errands and other things for her. Mary has a sister in Bagdad, although she



Mary



Zimbott

doesn't see her often.

The two cats keep her going, she says, because she rarely goes outside. She has a motorized chair she uses all the time, but often doesn't feel well enough for an excursion. Mary feels like the two cats are her family, and they give her love and companionship, and often amuse her with their kitty ways.

Both cats are friendly and curious about a visitor, and have to check out what is going on. They are very comfortable with Mary, and she with them. It gives you a warm feeling to see them all together.



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9a-12p

JUN 17 YAVAPAI CLASSIC CRUISERS 9a-12p
Mile High Middle School, Prescott

JUN 24 THE PRONGHORN CLASSIC 3p-6p
Pronghorn Ranch, Prescott Valley

JUL 8 HOT AUGUST NIGHTS 3p-6p
Memory Park, Chino Valley

AUG 5 PRESCOTT ANTIQUE AUTO CLUB 9a-12p
Watson Lake Park

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MAY 13 MAYER DAZE

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SENIORS & THEIR PETS: DUKE IS AT JEFF'S SERVICE

Story by Allie Werhan. Photos courtesy of Gary DeGeronimo

"Every room in our house has a different theme," Jeff tells me. The front room with the piano is the Saint Bernard room, this large room is the western room, and another is the airplane room because of Jeff's Air Force career. Both Carol and Jeff laugh because they didn't start out to make the rooms that way; it just happened.

Carol volunteers at the Smoki Museum, and has an interest in Native American art. The big Navajo rug on the floor belonged to her grandparents, so she comes by her interest naturally.

Duke is Jeff's service dog, and joined the family around Christmas of 2016. He has excellent basic training, but his outstanding personality was already "built in" and this is just who Duke is. Duke was surrendered to the Fetch Foundation because his people could no longer keep him. He spent a short period of time there before being donated to Gentle Hearts Service Dogs, whose founder and director of training is Gary DeGeronimo. As soon as Gary met Duke, he knew he was the service dog for Jeff.

Jeff met Gary 2 years ago at the Gateway Mall at a dog event, where they talked about service dogs. Jeff has severe PTSD. He has been in 3 wars as a member of the U.S. Air Force and is now retired. "It cost me a lot (serving) but I didn't know it then," Jeff says.

It was a wonderful experience to talk to Gary, because he understood what Jeff was going through.

Carol's and Jeff's wonderful daughter, Wendy, was born deaf. They



Duke and Jeff, Shopping

use sign language with her. Gary works with autistic children and adults. Wendy works in Pennsylvania with autistic and deaf children, developing a program for some of them. Gary and Wendy had a lot to talk about, and because of her own experiences, she understands what her father is experiencing.

Jeff had a stroke a few years ago and has problems with speech and balance. Duke's vest has a handle built into it for Jeff to hold on if he feels wobbly. The two are in training together by going to the mall and other public places so both know what to expect and how to manage each situation.

Duke is extremely intelligent and may even be a mind reader. He is totally dedicated to Jeff, who continually marvels at that incredible knowledge.

Duke is a Labrador retriever of an unusual color. He enjoys retrieving toys Jeff and Carol toss for him. Like most Labs, he is a mellow, gentle boy, to which he adds his amazing personality. When Duke arrived at his new home, there was an instant rapport and bond between him and Jeff. The connection was so apparent that Gary said, "He was meant for you," and all agreed.

If Jeff gets up, Duke is right with him. He follows him all day, and at night, crates near where Jeff sleeps. He likes to go to bed at 8:30 p.m. which is too



Duke with Jeff, Learning About Restaurant Behavior

early for Jeff and Carol. Duke will stay up with them, but he doesn't like it!

In the morning immediately upon rising, Jeff and Duke go outside so Duke can take care of business. Then to the kitchen...Jeff prepares Duke's breakfast while Duke waits patiently. Duke is very good at waiting without fussing.

Carol retired after a 27-year career with Walt Disney Co, specifically with the Disney Channel in business and legal affairs. They lived in Burbank, CA then, and got to attend the "fun events" put on by Disney for the employees.

Both Carol and Jeff were around dogs growing up but didn't become involved with them until at the end of Jeff's long Air Force career. When they were getting ready to move, Jeff followed up on an ad and brought home a Saint Bernard puppy. They liked him so much that after he passed away, they started going to a Saint Bernard club where they learned about the breed and about showing. They loved Saints, and had a total of 4. "Wonderful dogs, very smart," Jeff says, and they enjoyed their life showing the dogs.

Jeff is quick to point out that, although the Saints were wonderful dogs, they were not as smart as Duke nor did they bond the way Duke has done.

When the pair goes out, Duke always wears his vest. The minute he sees it, he turns into a working



Jeff, Carol, and a Cute-Faced Duke

service dog, with no thought for anything else. Both Carol and Jeff remark on how much Duke has calmed Jeff's PTSD down. He has fewer episodes and those are not as bad as the episodes before Duke arrived.

Sometimes Duke will just sit and stare at Jeff. Jeff thinks he is waiting for a sign that something is needed. He wants to please, but is also ready to help. As much as Jeff needs Duke, I think Duke needs Jeff just as much.

Carol lets Jeff do all the personal care for Duke, including feeding, grooming and other activities. She does take him for a walk occasionally and plays with him in the house. Duke will get Carol up in the morning if Jeff is still asleep, and make sure she is okay, then return to Jeff.

Jeff wants people to understand that when a service dog is working, it is not a pet. He takes issue with "fake" service dogs, a topic Gary has written about in the Prescott Dog several times. "Companion dogs have no business in grocery stores, or movie theaters," Jeff says adamantly.

The best part for Duke is that after two or three days of uncertainty, he soon realized that this is his forever home, and that here he will be loved and cared for. These are his family and this is his home, where he belongs.



Duke with Jeff and Carol



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Positive Reinforcement Training - It Works!

By Bobbi Leverich

The scientific name for this type of training is Operant Conditioning, a form of learning that takes place when an instance of spontaneous behavior is either reinforced by a reward or discouraged by punishment. It means that the biggest influence on a behavior is the consequence...what happens immediately after a behavior is exhibited. If the consequence is pleasant...like giving your dog a treat, a toy, or praise for something he or she has done, the likelihood of the behavior recurring increases.

One of the most common complaints I hear from people is that their dog will not stop barking when in their crate. When I ask them how they respond to this, most people tell me they immediately open the crate and let the dog out. What did this just do? It taught the dog, "If I bark I can get out"! They received an immediate reward for a behavior you wish to stop.

Instead, when your dog is quietly sitting in his or her crate, that is the perfect time to reward that behavior with praise or a treat. If they bark as you walk by their crate...ignore them. This is harder to do then it sounds. We have become accustomed to reacting to their negative behaviors.

How many times have you said "NO" or "OFF"? When we do this we just showed our dog that they can get our attention... but in the end all we have done is reward their bad behavior. Instead, I tell students to practice "Be a Tree" when a bad behavior is exhibited. Don't respond and don't react. While this sounds easy, it takes practice but you will

soon catch yourself in the act of the doing this.

Positive rewards can vary by your dog's preference. Some dogs live for that amazing treat while others are more motivated by toys or praise. If you are using treats, make sure they are enticing and of high quality for your dog. If you reward your dog with a large crunchy treat, by the time they are done eating it, they have long forgotten why they got it in the first place and often become distracted looking for crumbs scattered across the floor. Instead, use small, soft treats, something that provides an instant reward.

For Positive Reinforcement training to be effective, timing is everything! Rewards must be given immediately. For example, say you told your dog to sit, which they did, but you forgot to reward them. Minutes later they are up walking around and you remember to give the treat. What behavior did you really reward?...their getting up!

Consider investing in a treat pouch which can be kept with you at all times during the training process and each time you use a food reward, couple it with a verbal reward, even just enthusiastically saying "YES!" will work.

A research report published by Utah State University stated that "positive reinforcement is



most effective when it occurs immediately after the behavior". The guidelines also recommend that the reinforcement should be presented enthusiastically and should occur frequently.

How many of us are guilty of forgetting to praise or reward the many good behaviors our dogs exhibit each day? I, too, am guilty of this and remind myself daily to remain vigilant in rewarding the amazing things they do each day.

Have you ever been out shopping with your dog and engaged in a conversation with someone you met? Did your dog sit or lie down quietly, allowing you time to complete your conversation? If so, did you remember to reward them while they exhibited that behavior? Timing and Catching the behavior you want is critical to successful outcomes.

Many people express reluctance to use this type of training, concerned they are bound forever to carry around training treats. The truth is, once dogs have mastered a skill, they can be weaned off the treats. It is necessary in the beginning to shape their behavior; however, once they have reliably learned the behavior, treats can be phased out.

While we have spent a lot of time discussing how to practice



Positive Reinforcement training it is important to remember its opposite – aversive training which is nothing more than punishment and can include striking the dog, jerking on leashes, scolding and even withholding food.

With these types of training techniques, dogs will work and respond to commands not because they have built a strong bond with their human partners and want to please them; they respond out of fear. Punishment is the presence of something unpleasant immediately following a behavior and can lead to distrust of humans and even aggressive behavior.

Dogs and humans have a special relationship. Practicing Positive Reinforcement training is one way to build a strong relationship, one built on trust. We want our dogs to demonstrate positive behaviors because they want to, not because they have been forced to do so.

And, as always, when in doubt, enroll your dog in a local dog class or consult a professional trainer.





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Reading Food Labels: Meals, By-Products and GMOs

Story and photos by Briana Lonas

If you've ever wandered up and down the dog or cat food aisle, reading labels but not knowing what to purchase, well wonder no more!

Nutrition labels can seem confusing sometimes. And more and more pet owners are trying to steer clear of products that contain grain.

However, there are other factors to consider when choosing the best diet for your furry loved one – such as wet foods and dehydrated foods.

Here are a few things that may make choosing the right food for your cat or dog a little easier.

When reading the ingredient label on the back of the bag, "There's a big misconception about what you see as the first or second ingredient."

For example, when you see the word "meal" such as animal meal or by-product meal, then it may be best to consider choosing a different food brand.

However, when the meal is in its purest form and listed as "beef meal" or "chicken meal," then this particular listing means the ingredient contains a higher concentration of protein – not to mention a higher quality product.

"It takes about five pounds of chicken to make one pound of chicken meal."



Pet Headquarters Owner Robyn Hazelwood reads an ingredient label from a popular dog food brand

Some food companies will list their first ingredient as deboned chicken or just chicken, with their second ingredient listed as chicken meal.

Pet owners would prefer a product that lists the first ingredient as a meal such as beef meal or chicken meal because of that higher concentration of protein.

Taking things a step further and using chicken as an example, the Association of American Feed Control Officials (AAFCO) defines the single ingredient chicken as, "A clean combination of flesh and skin with or without accompanying bone, derived from parts of whole carcasses of chickens thereof, exclusive of feathers, heads, feet and entrails."

Chicken meal, on the other hand, "is the dry rendered product from a combination of clean flesh and skin with and without accompanying bone, derived from whole carcasses of chicken thereof, exclusive of feathers, heads, feet and entrails."

The AAFCO further explains that the water content for the single ingredient chicken averages around 70 percent, with 18 percent protein and the chicken meal averages a 10 percent water content and a 65 percent protein level.

Pet Headquarters recommends that pet owners avoid feeding anything containing animal meal, soy, wheat or corn.

According to dogfoodadvisor. com, animal by-products are what's left of a slaughtered animal after the parts intended for human consumption have been removed.

"What makes some by-products edible (and others not) isn't just a matter of what they are but how they're handled after slaughter," according to the Website.

For example, "Giblets not refrigerated immediately after

slaughter, but stored for up to 24 hours... cannot be sold for human consumption. But, these giblets may be legally used for making pet food."

On the topic of grains, there is really nothing wrong with the good grains such as brown rice, oats and barley -- especially GMO free grains.

"We try and stay away from those."

The labeling of GMO ingredients is still controversial and some companies have been required to remove their GMO-Free labels.

A GMO is a genetically modified organism and the result of a laboratory process that involves gene splicing whereby scientists take genes from one species and insert them into another, resulting in a product (some grains, for example) that may be herbicide and/or pest resistant.

It's also worth mentioning that certain foods are harmful to dogs such as chocolate and onions. One ingredient in dog food products may be causing some confusion and that is the avocado.

Avocados are safe for dogs but only when safely processed in a good quality food. Don't feed your pet raw avocados.

As far as cats go, taurine is an important element to cat health and even some dog foods now contain this item.

A quality cat food also may contain cranberry supplements and other natural formulas to promote urinary tract health.



Popular dehydrated dog food

"For cats, it's really important they have both dry and wet. A lot of times, cats don't drink enough water," so Robyn recommends a good quality canned food that adds moisture to their diet.

Dogs tend to drink plenty of water; dry (food) is always good and it keeps their teeth clean."

Robyn feeds a combination of dry and a dehydrated food and/or frozen, raw food as well.

The premium, dehydrated food brands offer human-grade ingredients that contain fruits and vegetables, meats, vitamins and minerals. Simply rehydrate the formula with water.

"It's a great way to feed if you don't want to use a canned food."

Another bonus to the dehydrated variety is that it allows for far less waste than canned, especially for small-breed owners.

Another alternative is the frozen, raw diet.

"It's one of the best ways to feed your dogs and cats outside of making your own food," Robyn said.

Of course, always consult your veterinarian before making a diet change especially if your pet suffers from sensitivity issues.



Popular canned dog food

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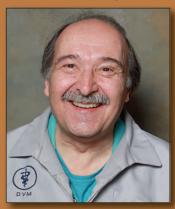
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Explore Spring's Beauty and Bounty in the Grapevine Botanical Area

Story and photographs by Cheryl Hartz

A rare high desert riparian area between Poland Junction and Mayer affords a refreshing spring (or any season) hike. The Grapevine Botanical Area, established in 1997 to manage Grapevine Creek, covers 800 acres in the Bradshaw Ranger District of the Prescott National Forest.

As defined in the USDA Forest Service environmental assessment from 1997: "a botanical area is a unit of land that contains plant specimens, plant groups, or plant communities that are significant because of their form, color, occurrence, habitat, location, life history, arrangement, ecology, rarity, or other features."

The Grapevine Botanical Area boasts an even dozen perennial springs, more than any other creek in this part of Arizona, and creates a lush riparian zone on the east flank of Big Bug Mesa. Despite low elevation, the area's cold air drainage allows for a distinctive walnut-alder community. What's different about the presence of these trees - some of them 100 feet tall - is an almost complete absence of species normally found in juxtaposition with them: willow, ash, cottonwood, netleaf hackberry and sycamore.

Other trees present include aspen, white fir, old growth Douglas fir, boxelder and big tooth maples, seemingly at odds with nearby prickly pear cactus, agave and acacia, but all co-existing quite contentedly, along with spring columbine and other wildflowers. The Forest Service contends that the "rare combination of vegetation types provide exception habitat for fish and wildlife species."

One such species, the Mexican spotted owl, was listed as a threatened species by the Fish and Wildlife Service 20 years ago in the environmental assessment. At least one owl pair had been spotted nesting in the vicinity. I hope its offspring still enjoy life there, but I didn't spot any. Pun intended, no apologies.

Along the trail, a sign about the Grapevine Botanical Area warns visitors that it's Bear Country. Although you're unlikely to see any of the elusive animals, the area is home to a plethora of large critters, including mountain lions, bobcats and mule deer. Keep your dogs safe by leashing them.

Access is from Forest Road 87A off of State Route 69. The gravel road leads to an unimproved parking area. Remember that this is a primitive area. No drinking water or facilities are available, so carry in what you need and carry out what you don't consume. You'll walk along the shadeless rocky road for a mile or so to get to the trees, then follow it some more before you hit Trail No. 4, the main path along Grapevine Creek. (If you carry a water filter, you can get water from the creek.) Shade is abundant along the trail.

We opted for a good day's roundtrip hike of somewhere between six and seven miles, embracing time for a pleasant lunch break and a bit of boulder hopping to explore the numerous little waterfalls and pools below the trail. I loved the hike, but my "dogs were barking" at the end of the day, and I don't mean the canine variety.

To preserve the area, no camping or motorized vehicles are permitted on Trails 4, 304, or 9434. Horses and bicycles are OK. Happy hiking!



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vice Dogs Corn

Service Dogs Living with Other Family Pets

Story and photos by Gary deGeronimo

A Service Animal is defined by The Americans with Disabilities Act as a dog that is individually trained to do work or perform tasks for people with disabilities. When that special Service Dog vest with the appropriate patches is placed on that canine and it enters a public environment, it is then considered a working dog with a specific task or tasks to perform for its partner. This is widely understood nowadays, and under most circumstances the general public respects that concept.

Also, once that vest is placed on the dog, he or she will know it is time to go to work. And the vest is what I consider an "on" and "off" switch, which the dog understands.

But what happens when that Service Dog returns home, the vest comes off and it must then coexist with one, two or more family pets as well as other members of the family? Are they no longer considered a Service Dog? Do they no longer perform their very important duty for which they were trained and that their partner depends on?

The answer is simple: Absolutely not. They are still "on the job" twenty-four seven, with or without a vest. The bond that develops between a Service Dog and their partner is a strong one, one that continues whether the dog is wearing a vest or not and whether that dog is in public or at home. But with that said, it doesn't mean that the Service Dog cannot be with, and enjoy the company of, other family pets and receive love and attention from other family



Service Dog Dante and Pepper

members, both two-legged and four-legged.

There are many examples of Service Dogs living in a home with other family members along with their partner and still in a working mode. One instance of a Service Dog living with other pets but still on duty would be one whose job it is to know where a child with a disability would be at all times. So if that child should wander away and no longer be in sight, the Service Dog can be given a command to "Go Find" that child. That Service Dog may be interacting with other dogs or family members in the home, but will stop whatever it is doing and go into action. This is the same type of behavior that Service Dogs for children with autism are trained to do for those times when a child may disappear in a store, in a mall or even in a park.

Another example would be a condition where someone would suffer from a meltdown often seen in children with autism or someone dealing with Post-Traumatic Stress Disorder (PTSD). They may become extremely emotional or perhaps even agitated. Depression may set in as well. No matter how involved a Service Dog may be with other family members or pets, it should always be on alert for such situations. Once the Service Dog realizes its partner is having a meltdown or a depressed moment, they should be able to stop whatever they are doing and begin to apply Deep Pressure Therapy or



Service Dog Dusty with Family Cat

attempt to distract and interrupt the person who is having such an episode. And these Service Dogs will not stop until they know that their partner has overcome that episode.

A common misconception about Service Dogs that live with other pets and people in the home is that they are almost like robots, must always receive instruction only from their partner and cannot interact with others. It is true that the Service Dog, in public or at home, must stay focused on their partner. But it is also important to allow that Service Dog to be a dog and enjoy time with other people in the family, other pets in the family, and yes, even cats in the family.

Remember, to the well-trained Service Dog, their task or tasks come first, above all else. Whether they are interacting with other pets in the home or even receiving attention from another family member, their priority will always be their partner.

We would still ask that the public remember the proper Service Dog etiquette, not to attempt petting a Service Dog and not to talk directly to the Service Dog. Instead, talk directly to the handler. That dog is working and must focus on the person holding the leash. But be assured that in most cases, the dog will soon be back home with its partner and enjoying its time with the rest of the family.



Trinity at Home with Service Dog Rosie



Service Dog Ralph with Puppa



Service Dog Cody with Family Chickens

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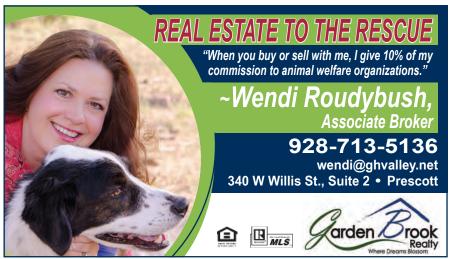
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Local Veterinarian in 12th Year of Caring for Iditarod Dogs

Story by Heidi Dahms Foster

Bradshaw Mountain veterinarian Dr. Michael Walker will travel in March to volunteer for the 12th year at one of the toughest dog sports events in the world – the more than 1,100-mile Iditarod Trail Sled Dog Race.

The Iditarod is grueling, not only for the mushers and dogs, but for the hundreds of volunteer support personnel. They care for the dogs, cook, man checkpoints, provide first aid and rescue services, and attend to the myriad other details aimed at keeping the more than 75 musher/dog teams healthy and safe to from start to finish.

Snow, freezing wind, below-zero temperatures, and 19-hour shifts all are part of Walker's annual Iditarod adventure. While sometimes the harsh conditions turn mushers back, the specially bred and trained dog athletes seem to thrive – the colder the better. Temperatures above 10F can cause the canine athletes to become overheated, he said, so the frigid temperatures suit them just fine.

The conditions of this historic race through Alaska's remote wilderness are so brutal that rookie mushers must complete a mandatory pre-race class to make sure they know how to care for themselves and their dogs during the nine to 15-day run to the finish line at Nome. The Iditarod Trail was a mail and supply route, accessible only by sled, along the coast from Seward to Nome. In 1925, an epidemic of Diptheria struck Nome, and sled dogs carried life-saving serum to the community's residents.

Iditarod dogs go through a mandatory, indepth vet check before the race. Throughout, at race checkpoints, veterinarians examine each dog for heart and lung function, hydration, and general health.

Mushers know they must care for their dogs, because their team is their only ticket back to civilization. Through the years,, dogs have been credited with getting their mushers through storms and to checkpoints when they were lost. The first woman to win the Iditarod, Libby Riddles, gained the advantage by trusting her dogs to see her through a blizzard.

For all the care the dogs get, the mushers are on their own. Have fought his own fatigue, Walker



Dr. Michael Walker

noted that mushers must provide all the care for their dogs themselves, which includes feeding, bedding and watering them at checkpoints.

"With 16 dogs on a six-hour layover, the dogs probably get five- and-a-half hours rest, the musher gets two or three," he said.

If a dog becomes ill or dies on the trail (a rare occurrence), the musher must bring the dog to the next checkpoint, where timely necropsies determine the cause of death.

Mushers can "drop" dogs at a checkpoint and volunteer pilots fly them to a resting area where volunteers care for them until after the race.

They must finish the race with the remaining dogs, no additions allowed.

One of the most coveted awards in the Iditarod is the Alaska Airlines Leonhard Seppala



Iditarod Team

Humanitarian Award, given to the musher who takes the best care of his dogs during the race while still remaining competitive. This award is voted on by race veterinarians.

Walker's experience with the extreme athletes of the Iditarod has given him knowledge he brings into his veterinary practice in Prescott Valley, particularly in orthopedics. He said the experience has enabled him to quickly pinpoint where a dog is tender or feeling pain. Many times, he said, the really good mushers will point the vet in the direction where they think there is a problem with a dog, and they usually are right, because they know their dogs so well.

What keeps him going back year after year to brave the harsh conditions and hard work?

"I always question myself when I'm there," he said. "But I'm still doing something I love, taking care of dogs. It's a nice break from everyday practice, and I've always enjoyed Alaska so it's a great excuse to get up there. I've also made lifelong friends."

The biggest change Walker said he has seen in his years of volunteering is watching the younger mushers start to dominate the race.

"When I started, the old timers were winning year after year. But the younger mushers have grown up mushing all their lives, and they are coming of age. This is what they want to do. They learn to pick dog teams that are competitive and they have more energy."

Like most extreme sports enthusiasts, mushers also need to be a little on the "crazy" side. It helps to deal with sleep deprivation, constant movement, the dangers of the trail, and maintaining the bond with their team that's necessary to see them all to the finish.

"There are a lot of miles between checkpoints, and no one is there. Their lives are in the hands of their dogs. They are tough people, and they know their dogs like their own kids," Walker said.

For more information about the Iditarod, and some fun interactive activities, visit www.iditarod.com.



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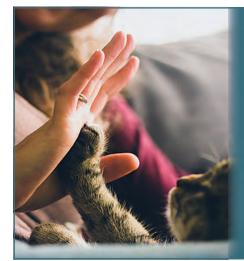
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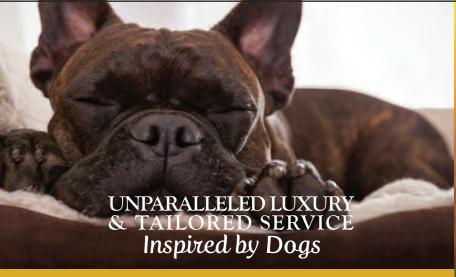
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RESCUE ME! How Horses Touch Lives

Story by Rita Thompson-Tinsley

We live in a community that puts great value in rescuing. There are wonderful caring dog, cat and horse rescues, striving to answer the need for compassion. Then we realize, there's another kind of rescue. There is an emotional HUMAN need to be rescued, actually fulfilled in the blink of a big eye and a soft nicker.

There is a place where this "human rescue" experience is truly unmistakable. Mingus Mountain Academy is a residential treatment center and school for emotionally and behaviorally at-risk adolescent girls. On this 120-acre campus, nestled in the National Forest, you see dormitories and classrooms, a chapel and a gymnasium, and a ranch setting, complete with horses, and an amazing equestrian program. In addition, the EAGALA Model is a therapy included by one of the practitioners, promoting equine assisted psychotherapy and personal development.

Equestrian Coordinator Seth Collins knows horses. He exudes a patience and a kind regard, character that you would expect from a former horse trainer. He was pursuing an education after several years training and riding professional cutting horses in places such as Texas and Arizona. He was hired at Mingus Mountain Academy $4\frac{1}{2}$ years ago, and has been transformed from day one by what the school's mission does for these girls. He sees students getting involved on a deeper level. "Horses and kids learn a lot in the same way,"



Mingus Mountain Academy

states Seth. "A horse never intentionally does anything wrong. Same with kids."

The students learn all about the horse. They are offered intensive training in equestrian care and are given academic credit for grooming, maintenance and riding instruction. The academy produces a Mingus Mountain Academy Rodeo in the fall where riders get the chance to compete. All riders have an opportunity for involvement in activities such as roping, barrels, pole bending and trail riding. Seth takes them on occasional field trips, and is planning a group excursion to a horse show in the valley, possibly this weekend.

So, just how does working with horses affect students who have entered this particular setting with their own kind of unrelatable circumstance? "Sometimes you'll be working with a student who has anger issues", explains Mr. Seth. "And they can see how that horse can sometimes get frustrated too. Or you have a kid who is afraid of horses." These kids see a reflection of their own struggles, indicates Collins, and it takes their minds off of themselves. They tend to focus on the horse.

Aside from the equestrian program, the students are also encouraged to participate in extra-curriculum activities which include intramurals and scholastic sports teams.

Over 32 years ago, there was a couple with an incredible vision. Dr. Pauline and Bill Don Carlos sold their assets in order to establish a treatment



Photo by Tanner Photography

center for troubled adolescent girls in Mingus Mountain. They called it MMERCI (Mingus Mountain Estates Residential Center, Inc.). Pauline, a psychologist with the Arizona Department of Corrections, and husband Bill, an attorney in Sun City, were determined to build an extraordinary foundation that has become a sanctuary of healing and growing for these young ladies who needed a better path.

Today's Mingus Mountain Academy, focuses on a positive peer culture which is designed to reduce the intensity of negative behaviors and increase the strength of positive, alternative behaviors. Students share ownership in their programs by creating positive behavior norms that are meaningful, attainable, and allow them to hold themselves and the peers accountable. The academy's ability to motivate the girls toward a positive, healthy future, is a compelling factor to their success.

My tour of the mountainscaped campus was conducted by three of the loveliest ladies you would be obliged to meet. Knowledgeable and friendly. And, appreciative and respectful of the programs that they have had the opportunity to experience. They pointed out that each dormitory is named after a type of tree. We visited Cypress, Sycamore, Juniper, Piñon, and more buildings, all unique

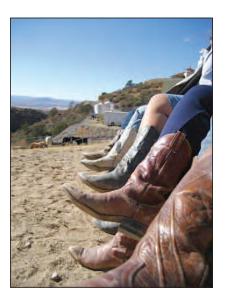


Mingus Mountain Academy Annual Rodeo. Photo by Mike Schaub.

because of the art and designs that were truly individual. There is a trophy and lots of encouragement for Best Dorm On Campus, as well as The Golden Dust Pan Award. And, when I asked them about how the horses in the Equestrian Program have touched their lives, they replied without hesitation. Tour Guide Resident #1: "As an outlet. A way to escape." Tour Guide Resident #2 "It feels like home" (she has grown up with horses). And these equestrian students each claim a particular horse to be "theirs".

As for the Don Carlos founders, Bill and Pauline, I learned from Support Services Director Jessica Hines that they were killed in a plane crash in October, 2000. Bill Don Carlos piloted the light plane that had engine trouble landing in North Phoenix. They had three of their family dogs on board, and though the couple perished, a 150- lb. Bloodhound named "Bubba" miraculously survived.

As you make your way to the administration office of Mingus Mountain Academy, please take a moment to pause and reflect as you pass the tabletop statue. It is the rendering likeness of the remarkable Don Carlos couple. This amazing couple created a legacy for many lives and many lives to come.





Yavapai Humane Society Equine Center Horses for Adoption



Chiquita is a 14 year old purebred Peruvian Paso mare. She is wonderful in hand and has a very good attitude. She has never been ridden as her life time owner felt she was too small for a riding horse. Chiquita is just a little over 14 hands. She is currently being trained for driving and is getting used to a saddle. She has all of her ground behaviors learned. She is a little reactive, but does get used to the person who handles her regularly. Yavapai Humane Society Equine Center 928-350-8688



Hawk is an approximately four year old grade horse. We do not know his breed. He is a beautiful black horse. Hawk was recently gelded and is learning to be a member of our herd. Hawk is good in hand and he has learned his ground behaviors. He has never been ridden. Hawk is a curious horse and he is learning quickly. Yavapai Humane Society Equine Center 928-350-8688

My horse's feet are as swift as rolling thunder He carries me away from all my fears And when my world threatens to fall asunder His mane is there to wipe away my tears.



~Bonnie Lewis



The Ravens are Always Watching

Story by Skye Lyons

Ravens. Corvus Corax officially, but for most of us they are ravens. A common sight; big black birds that like to hang around in parking lots these days. But have you ever taken the time to watch a raven? Get to see some of its quirky humor and clever ways? I've been lucky enough to get to know a few of these birds, and I will never think them a dumb bird again.

When I first moved to Arizona, the home next to mine was empty. The tree behind it was not. A pair of ravens was nesting there. They were a lovely couple, and devoted to each other. Ravens mate for life, so this was not some seasonal egg-producing fling I was witnessing. And produce eggs they did. I enjoyed the first clutch of chicks growing up. However, the next spring was not so idyllic for the ravens. The owners of the house next door - and their tree - decided to rent the place out. This required repairs. Loud and disturbing ones, done by loud and disturbing people, and timed to coincide with chicks in the nest. By the time they got to repairs of the roof, my raven friend was frantic. Those disturbing people were up higher, even closer to his mate and chicks, so my raven decided to fight back.

I awoke on the morning of combat to my raven shrieking, and a man screaming. A quick look out the window showed me the cause of the upset; the man had climbed to the roof to repair the damaged areas of the roof. The raven yelled at him for a bit, but that had no effect: the man only pounded on, no doubt terrifying family in the tree. So the raven changed tactics.

He landed behind the man on the roof and stood quietly watching him for a time. Then my raven casually strolled up behind the man—who was deep in concentration on his pounding—and yelled, "Grock!"

"Whaah!!" was the roofer's startled response.

I swear that man leaped into the air—not an easy to do from a kneeling position. He then twisted around to yell back at the raven, flapping his arms to wave the bird off.

The raven glared back disdainfully before gliding off to watch from another nearby tree.

But the man did not leave. In fact, he returned to work. So, once the man was engrossed in his work, the raven silently landed behind him again, sidled closer, and blasted him again.

Same result: more angry words and raven insults were exchanged.

The third time my raven groked the roofer, his shocked responses turned to unkind words, but no concern.

The raven retreated to give the matter more thought. Scaring the man wasn't working, so another tactic was needed.

As I watched, the bird returned with the same stealthy glide, once again landing close behind the man. From there he waited, and watched.

The man lined up his tools beside him, preparing to use each in its turn. As he worked, he edged across the roof, leaving a few tools behind as he shifted.

The raven paced a few steps closer and waited again, until he was sure he'd not been noticed. He then dashed toward the shiny tools and grabbed one. It had a bit of weight to it, so his attempts to lift it didn't get it too far from the rooftop.

Instantly, my raven revised the plan.

The wide, chisel-shaped thing was flat, so the bird grabbed the higher edge and flipped it over. That worked; the tool actually moved.

Another quick glance to see if the roofer had noticed, and then the raven hurriedly flipped the tool again and again until it reached the edge of the roof. The man only noticed when the tool's clanging against the gutter and following thud alerted him to the fact that something was no longer on the roof with him.

A quick look told him what was missing, and the raven defiantly glaring at him offered little doubt as to how the tool had come to fall off of the roof.

The workman's astonishment immediately turned to anger; he growled something, then climbed down the ladder to retrieve his tool. The bird watched him go, strutting in a little victory march around his reclaimed territory.

As the man's head reappeared over the edge of the roof, the raven mocked him with another, unrepentant, "Grock!" and hopped back to his tree.

The man yelled several unkind things at the bird before returning to work.

Once again, my raven returned to the roof. Tiptoeing up to the area where the work was being done, he once more waited for an opportunity to grab a tool.

This time it was a hammer. The bird couldn't lift it, but he soon figured out how to get his weight behind it and slid it to the roof's edge. The hammer's clanking and thumping was satisfying.

This time, the man knew immediately what had happened. He shouted more rude things as he headed down the ladder once more.

Spreading his wings, my raven popped up into the air and dropped back down again, almost in the same spot. I swear he was laughing.

A lighter tool passed the man before he reached the roof again. More swearing, more waving of arms once he was back up there, and then the man joined the raven in a victory gallop around the roof. The raven was having a wonderful time with this, and the workman was making no progress whatsoever, neither in roofing or in ravenchasing.

This show went on for nearly two hours. Eventually, the man gave up. He was spending more time climbing up and down his ladder than he was making repairs. He was hot, he was sweaty. And he was clearly furious and frustrated. Eventually my raven and his family were left in peace.

It didn't stop things for long, of course. The roof-work was finished, and the house was rented to loud people I didn't enjoy, either. The raven nest was moved the next year, but Dad-bird had given his best trying to defend his home and family, and I'm still impressed by his cleverness and determination.

So, the next time you see a raven, take a moment to watch what they are doing. They may surprise you.







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Celebration of Life: A Forever Home for Glory

Story and photos by Marlene Grady

I dedicate this story to the Memory of Glory.

Glory! What does that name suggest to you? Does it bring to mind bells, whistles, drums and fireworks? Well that's my name but that's not how my life started.

My friend, Spirit, and I were abandoned by our family and were chained to a tree with no food or water. Luckily, a kind lady found us and took us to Circle L Ranch Rescue and Sanctuary. Wow, was it good to eat and drink again. After we were there a short time, a nice lady came along and fell in love with both of us. She wanted to take us home with her. Here's the hitch. She had cats. Spirit loved cats but I would have no part of living with cats, absolutely not. I would miss Spirit but I was happy for him. So my friend got a forever home and I vowed to go home with the next person who wanted me if they didn't have cats.

When I first arrived at Circle L, they only had a couple of volunteers and so dogs never got walked. But as the public began to become acquainted with Circle L, volunteers started coming and started walking all of us. Now we were getting out of our yards and getting socialized. All the volunteers liked to walk me because I was such an easy walker.

I don't like to brag, but I thought that I was an attractive, medium-sized black dog about 40 lbs., a little quirky cause I didn't like my feet and belly rubbed and I didn't bark. I loved to go for walks and walking me was like driving a Cadillac. I never pulled and I was always a lady when passing other dogs. But I found out that I couldn't live with other dogs. I only liked Spirit and so I had to live in a yard by myself during the day and had my own warm kennel and bed in the barn at night. I couldn't live in the houses that had packs of dogs because living there would probably get me into trouble.

I was lonely. However, my time would come when some nice family would take me home. I just had to be patient. I waited and waited for someone to notice me. No one did. Was I too quiet? Should I have barked? Was it because I had black fur with no distinguishable markings? I thought that my fur shone like black diamonds in the sun. I ran back and forth in my yard every time a person came by trying to get their attention, but no one noticed me.

I was a sweet girl. Why didn't they give me a chance? Liz my caregiver and the manager of the Ranch took good care of me through the years. Nina was my other caregiver and recently I became Ann's charge. Liz put beautiful articles in the Pet of the Week column in the Courier through the years. And still no one wanted to take me home. But I didn't give up hope. There must be someone for me! The seasons came and went and months turned into years. Still, I waited. Smiling couples and families picked up their new dogs and took them home. Inside I was screaming, what about me?

Then when I was about 7 years old a volunteer named Marlene noticed that I was special. She started coming out about twice a week and walked me. She bought me



Glory

a furry blanket for my outside igloo so I could snuggle in it in the winter and a doggie cold pad so that I would be comfortable on those hot summer days. She taught me to come and I even rolled over one day and let her rub my belly.

Then I had a life changing experience. Marlene started taking me places and introducing me to lakes and pine trees and grassy parks. I loved the smells of the pine trees and I loved to feel the cool lake water on my paws. I was fascinated with the ducks but never had the urge to invade their space.

I would kiss my friend Marlene when I rode with her in the car. We even shopped at Ace Hardware, and I met all the people who worked there and Home Depot and Lespecially loved the flowers in the garden center and we even went to the Bank where I met all the

The first time that we went to Ace Hardware, I had an accident on the floor. Remember, I had never been in a store before. The people in there were so nice. They said, "no big deal, Glory" and would not even let Marlene clean it

Then one day my friend, Marlene decided that she was going to start a campaign to introduce me to the public. Flyers which told my story and had my picture on them were posted everywhere: retail stores, automobile dealer-



ships, veterinarian offices, dog groomers, pet shops, New Frontiers, Savoini's, Ace Hardware, banks, all the Starbucks, Lynx Lake Café, and Cuppers. She took me on outings to all my favorite places and introduced me to people. One time when she was walking me downtown, someone came up to us and asked if I was Glory. She recognized me from all the pictures. We were shocked! I had become a dog celebrity in the Tri-City Area. People would pet me and say, "You'll find a good home soon."

Then one day, a volunteer named Wendy who helped with the horses heard about me and came to meet me. She was touched by my story and wanted to be a special friend. She also took me on outings and brought me treats and spent time with me. Whenever I would go on outings, I would hold my head high when I walked by the other dog yards. I was so proud that I was special and got to go places with my two friends. My life was improv-

In January of this year, I earned the right to move into the main house and have my own room, complete with my own doggie door that opened to my own private yard with a cushy bed and a plush blanket. Darkening screens were installed to $\bar{\text{keep}}$ my room cool in the summer and a heater to keep me warm in the win-



Liz and Glory at **Goldwater Lake**

ter. Wendy landscaped my yard and even put an area of artificial grass for my pleasure. I was now a senior dog; close to 12 years old.

On October 23, I tried to get up and could not move my back legs. I was so scared!! Liz and Ann decided to wait a day and see if I improved. I didn't want to eat and I couldn't walk and I didn't want to mess in the room that I loved so much. The next day, when I showed no signs of getting better, Liz took me to the Vet for X-rays and the results were bad. They said that they could not fix me. I was partially paralyzed. Liz took me home and wanted to give me one more night in my soft luxurious bed in the room that I loved so much.

The next morning Glory FINALLY went to her forever home. Now you can ring the bells, blow the whistles, bang the drums, and set off the fireworks! Glory Be to God!

When you go to adopt a rescue dog, don't overlook the forgotten ones. They just might be the best ones!

Glory loved her outings and so many dogs would love the opportunity to experience other places. Dogs who live in rescues most of their lives welcome the stimulation. It is a good way to do something wonderful for a rescue dog.



Marlene with Glory at Goldwater Lake





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Animal Shelters

Adopt-For-Life Center for Animals

1520 W. Mingus Ave. Cottonwood, AZ 86326 (928) 634-7387 adoptforlifecenterforanimals.org Angie Hare, angienhare@gmail.com

Chino Valley Animal Shelter

1950 Voss Dr., Chino Valley, AZ 86323 (928) 636-4223, Ext. 7

Humane Society of Sedona

2115 Shelby Dr., Sedona, AZ 86336 Liz Olsen (928) 282-4679 www.humanesocietyofsedona.com

Humane Society of Wickenburg

4000 Industrial Road (928) 684-8801 www.wickenburghumane.com director@wickenburghumane.com

Second Chance Center for Animals

11665 N. Highway 89 Flagstaff, AZ 86004 (928) 526-5964 Toll Free: (888) 241-9731 www.secondchancecenter.org

Yavapai Humane Society

1625 Sundog Ranch Rd. Prescott, AZ (928) 445-2666 www.yavapaihumane.org

Dog & Cat Rescue & Adoptions

Akita Advocates

Relocation Team AZ (602) 88Akita (602-882-5482) www.AkitaAdvocates.com

Amazing Aussies Lethal White Rescue of Arizona

PO Box 31245 Mesa, AZ 85275 adoptions@amazingaussies.com

Arizona Basset Hound Rescue

(602) 225-7800 or (866) 882-9247 P O Box 32594, Phoenix AZ 85064 www.azbassetrescue.org info@azbassetrescue.com

Arizona Bernese Mountain Dog Rescue

(480) 415-5008

www.bernesemountaindogrescue.com

Arizona Border Collie Rescue

P.O. Box 10717 Tempe, AZ 85284-0012 www.azbordercollierescue.com

Arizona Cattle Dog Rescue

(480) 442-ACDR (2237) www.ArizonaCattleDogRescue.org Arizona Chihuahua Rescue

P.O. Box 52713, Mesa (480) 844-2447 www.azchihuahuarescue.org

Arizona Mastiff Rescue

azmastiffrescue.com, (602) 281-0901

Arizona Saint Bernard Rescue

Ann Richards (480 951-8495 saintrescue.org/arizona.html

Catty Shack Cat Adoptions

609 S. Granite St., Prescott, AZ 86301 cattyshackrescue.org

Circle L Ranch

8535 E. Smitty's Place Prescott Valley, AZ (928) 273-7005 www.circlel.org circleranchdogs@gmail.com Liz Stegmeir, (928) 273-7005

Dachshunds Only Rescue

Serving AZ Statewide (602) 550-4088 www.dachshundsonlyrescue.com

Dane Haven. Inc

Maria Bux, Director (602) 388-4370 danehavenrescue@gmail.com

For the Love of German Shepherds Rescue

www.4TheLoveOfGS.petfinder.com ashtonshepherds@aol.com

Ghost Town Dog Rescue

2310 E. Fox St., Mesa, (480) 980-2164 www.GhostTownDogRescue.com

Greyhound Pets of Arizona

Leah Cole, DVM or Jim McDowell (877) 454-dogs (3647) www.gpa-az.com

Help A Dog Smile

Mary Berg - mjady04@aol.com

Min Pin Haven Rescue

(602) 402-3273 Pat Daigle, Intake & Adoption Coordinator Minpinmom@hotmail.com

Miss Kitty's Cat House

(928) 445-5411 302 N. Alarcon Street Prescott, AZ 86301 misskittyscathouse.petfinder.com

No Longer A Stray Dog Rescue

Jan Tambellini 928-632-2334 nladogrescue@gmail.com

Petey's Playground

Kim Lytle, Director

18059 S. Country Club Drive Kirkland, AZ 86332 (928) 713-1375

Pets Return Home

petsreturnhome.org Kelly@petsreturnhome.org

Pound PuppyZ

Chandler, AZ, poundpuppyz.com

Rescue a Golden of Arizona

(602) 404-WOOF (9663) www.golden-retriever.org

Raven Pines Dog Rescue & Rehabilitation

Ellen McNeely Paquin, Tim Paquin 15488 S. Black Mountain Rd. Cordes Lakes, AZ 86333 (602) 339-1797

Southwest Airedale Terrier Rescue

2225 E. Prince Rd., Tucson, AZ 85719 (520) 248-0299 swat.rescue@gmail.com www.swairedalerescue.org

The Lucky Club

(928) 925-5650 www.luckyclub.petfinder.com

United Animal Friends

P.O. Box 11133, Prescott, AZ 86304 (928)778-2924 www.unitedanimalfriends.org

White German Shepherd Rescue

WhiteGSDRescue@AOL.com awos.petfinder.com/shelters/AZ323.html

Horse Rescues

Atlasta Home Horse Rescue

1046 W Road 4 1/2 North Chino Valley, (928) 642-2602 www.atlastahome.org

Circle L Ranch - www.circlel.org

Horse Rescue - Cheryl Caldararo – 925-1926

Wildhorse Ranch Rescue

PO Box 3080 Gilbert, AZ 85299 (866) 926-8007 www.wildhorseranchrescue.com

Wildlife Rescue & Sanctuaries

Bradshaw Mountain Wildlife Association

(928) 632-9559 www.bradshawmountainwildlife.com

Heritage Park Zoological Sanctuary

(928) 778-4242 1403 Heritage Park Road, Prescott, AZ www.heritageparkzoo.org

Boarding/Kennels & Daycare

Farbenholt Kennels

Dewey (928) 632-7557, azgermanshepherds.Com

Hassayampa Canine Resort and Spa

2893 Venture Dr, Prescott, (928) 776-0932 hassayampacanine.com

KennelKamp Village

9049 E. Florentine Rd., Prescott Valley (928) 759-8181, kennelkamp.com

Prescott Animal Hospital

1318 Iron Springs Road, Prescott, (928) 445-2190

Prescott Valley Pet Clinic

9501 E. Lorna Lane, Prescott Valley (928) 772-6069

Run-a-Muk Dog Day Care Center

1205 White Spar Rd, Prescott (928) 771-9252, run-a-muk.com

VCA Thumb Butte Animal Hospital

1441 W. Gurley Street, Prescott (928) 445-2331, vcahospitals.com

Whiskers Barkery

225 W. Gurley St, Prescott, (928) 776-8700

Do-It-Yourself Dog Wash

Pet Headquarters

2710 N Glassford Hill Rd, Prescott Valley (928) 775-5558, azpethq.com

Whiskers Barkery

225 W. Gurley St, Prescott, (928) 776-8700

Belinda's Pet Grooming

8098 E. Valley Road, Suite 4 Prescott Valley (928) 237-3068

Bella's Suds & Cuts Grooming

655 Brannen Ave C., Prescott, (928) 707-2309

Blissful Pet Salon

8182 E Florentine Rd., #A, Presacott Valley (928) 775-4089

Jade's Dog Grooming

1101 Old Chisholm Trail #G, Dewey, (928) 899-1027

KennelKamp Village

9049 E. Florentine Rd., Prescott Valley (928) 759-8181, kennelkamp.com

Whiskers Barkery

225 W. Gurley St, Prescott, (928) 776-8700

Yvonne's Pet Grooming

8600 E. Valley Rd., Prescott Valley, (928) 772-

Healing Therapy

LiteWorks

Pamela Golden,. (480) 466-5022 www.liteworks4u.com

Pet Food/Supplies

Olsens

olsensgrain.com Olsen's - Prescott 711 Elrod, (928) 445-1664 Olsen's - Chino Valley Hwy 89, (928) 636-2321 Olsen's – Dewey Hwy 69, (928) 632-5233 Olsen's – Clarkdale Hwy 89A, (928) 649-3900

Pet Club

Pet Club - Prescott 258 N Lee Blvd., #103 (next to Trader Joe's) (928) 717-6003 Pet Club - Chino Valley 991 N. State Route 89 (across from Safeway) (928) 458-7466 thepetclub.net

Pet Headquarters

2710 N Glassford Hill Rd, Prescott Valley (928) 775-5558, azpethq.com

Warrens's Hay - N - More

2295 South Highway 89, Chino Valley (928) 636-1303, warrenshaynmore.com

Whiskers Barkery

225 West Gurley St., Prescott, (928) 776-8700 320 N. State Route 89A, Sedona (928) 282-8557

Pet Medications

Prescott Compounding Pharmacy

1000 Ainsworth Dr., Ste B 105, Prescott (928) 515-2354

Petsitting

Fur-Ever Happy Pet Services

(Petsitting, Dogwalking), (928) 351-1330 FurEverHappyPetServices.com

Petsitting Plus

Karen Sable Goldstein, (928) 308-6560

Horse and Animal Care

Sharon Boles, (928) 710-5381

Training

Dandy Dawgs

(928) 778-2033, Dogtrainingprescott.com

Farbenholt Dog Training

Dewey (928) 632-7557, azgermanshepherds.

Veterinarians

CHINO VALLEY

Chino Valley Animal Hospital

3601 AZ-89, Chino Valley, (928) 636-4382 chinovalleyanimalhospital.com

Circle L Animal Hospital

845 AZ-89, Chino Valley, (928) 536-4421 circlelanimalhospital.com

DEWEY

Kachina Animal Hospital

850 S. Henrickson Rd, Dewey, (928) 772-8225 kachinaanimalhospital.com

PRESCOTT

Prescott Animal Hospital

1318 Iron Springs Road, Prescott (928) 445-2190

Mile Hi Animal Hospital

334 White Spar Road, Prescott (928) 445-4581

VCA Thumb Butte Animal Hospital

1441 W. Gurley Street, Prescott, (928) 445-2331 vcahospitals.com/thumb-butte

Yavapai Humane Society

Spay/Neuter & Wellness Clinic 2989 Centerpoint East, Ste. B, Prescott (928) 771-0547, yavapaihumane.org/clinic

PRESCOTT VALLEY

Prescott Valley Pet Clinic

9501 E. Lorna Lane, Prescott Valley (928) 772-6069

Bradshaw Mountain Animal Hospital

6227 E. 2nd Street, Prescott Valley (928) 772-7775, bmahonline.com

HOUSE CALLS

Visiting Vet House Calls for Pets (928) 778-7657

Vet - Emergency

Prescott Area Pet Emergency Hospital

2245 Hwy. 69, Prescott, (928) 778-1990

Vet - Holistic

PRESCOTT

Harmony Holistic Veterinary Care

Delia McDonald, DMV 832 Hope St., Prescott, (928) 445-7499

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Holistic Veterinary Care and Acupuncture Center

Caroline A. O'Sullivan, DVM, MS 800 E. Valley Road, Prescott Valley, (928) 925-4130

Equine Services

BOARDING

American Ranch Equestrian Center

9100 Callahan Rd., Prescott, (928) 642-2602

Piñon Meadows Boarding & Training

John Frank

5000 West Road 2 South, Prescott (928) 717-9885 • Cell (928) 821-1453

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Piñon Meadows Boarding & Training

John Frank

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VETERINARIANS

Prescott Animal Hospital & Equine Center

2611 Avenger Rd, Prescott, (928) 776-7669 prescottvets.com

Harmony Holistic Veterinary Care

Delia McDonald, DMV, Todd Metcalf, DVM 832 Hope St. Prescott (928) 445-7499



Hotels/Motels

Apple Creek Cottages 1001 White Spar Rd., Prescott, (928) 445-7321

Best Western Prescottonian

1317 E. Gurley, Prescott, (928) 445-3096

1290 White Spar Rd, Prescott, (928) 778-5770

Creekside Lodge & Cabins

Rt 69, Mayer, (928) 632-0777

Motel 6 – RV

1111 E. Sheldon St., Prescott, (928) 776-0160

Wyndham Garden Hotel

4499 Highway 69, Prescott (928) 777-0770

Real Estate

Realty Executives

503 E. Gurley Street, Prescott, (928) 777-0257

Windermere Real Estate

914 E. Gurley Street, Prescott, (928) 776-1166

Home Smart

Elizabeth Kennedy, lizkrealestate@gmail.com (760) 861-3885

Restaurants

Barley Hound

234 S. Cortez St., Prescott, (928) 237-4506

226 S. Cortez St., Prescott, (928) 445-1636 258 Lee Blvd., Prescott, (928) 515-2446

Jaime's Waffle Express

3050 Windsong Dr., Prescott Valley (928) 772-3131

Leff-T's Steakhouse & Grill

150 S. State Route 69 #12, Dewey (928) 632-1388

The Palace Restaurant & Saloon

Downtown Prescott, 120 S. Montezuma St., (928) 541-1996

Starbuck's

1220 Gail Gardner Way, Prescott (928) 445-7023 351 N Montezuma St., Prescott (928) 776-9797

Streets of New York

150 E. Sheldon St., Prescott, (928) 708-0707

Sweet Anne's Café

142 N. Montezuma, Prescott, (928) 445-1240

Waffles N' More

1365 W. Iron Springs Rd., Prescott, (928) 778-3039

Wildflower Bread Company Prescott Gateway Mall, 3250 Gateway Blvd. (928) 717-1700

Automotive/RV

Adams Specialty Automotive 347 Lincoln Ave, Prescott, (928) 771-2001

Adventure Auto Glass

8030 E. Yavapai Rd., Prescott Prescott/Quad Cities (928) 775-9898 Sedona (928) 282-5788 Cottonwood (928) 634-2776

Autoworks

6540 E 2nd St, Prescott Valley (928) 775-3332, autoworksserviceandrepair.com

Courtesy Auto Sales

Prescott - 1004 E Gurley St., (928) 515-2919 Prescott Valley - 6900 E Frontage Rd., (928) 775-0069, courtesyautosalesprescott.com

Little Dealer/Little Prices

2757 N Truwood Dr., Prescott Valley (928) 350-240, littledealer.com

Oil Can Henry Prescott Valley - 8201 E State Route 69 (928) 775-2336 Prescott - 439 Miller Valley Road (928) 776-9677

Professional Services

Blind Dog Apparel

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Shopping

Ace Hardware

7211 E 1st St., Prescott Valley, (928) 772-8111

Armadilla WaxWorks

103 N. Cortez St., Prescott, (928) 778-2095

Clothes Hound

122 S. Montezuma, Prescott, (928) 771-0811

Cortez Street Emporium

113-115 N Cortez Street, Prescott (928) 541-0077

Home Depot

Prescott Valley - 5500 E. St. Route 69 (928) 771-8467 Prescott - 1941 E. Hwy 69, (928) 777-2400

Powered by Liz

Lowe's 2300 E. St. Route 69, Prescott, (928) 541-8640

Man at Leisure

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On the corner of Walker & Granite St., Prescott (928) 708-0545

Olsen's Grain

Prescott - (928) 445-1664 Chino Valley - (928) 636-2321 Dewey - (928) 632-5233 Clarkdale - (928) 649-3900

Pet Headquarters 2710 N. Glassford Hill Rd., Prescott (928) 775-5558

Pet Club

258 N. Lee Blvd., Prescott (Next to Trader Joe's), (928) 717-6003

Petco

1931 E. Hwy 69, Prescott, (928) 708-0212

Prescott Super Pawn

703 E. Gurley Street, Prescott (928) 776-4653

Tec Rehab

202 W. Gurley St., Prescott, (928) 458-0908

The Hike Shack

210 S. Montezuma, Prescott, (928) 445-8565

TimberWoof Pet BoutiqueBashford Courts Atrium, Retail Shops
130 W Gurley Street, Prescott, (928) 443-9663

Warren's Hay - N - More 2295 S. Hwy 89, Chino Valley, (928) 636-1303

Whiskers Barkery

Prescott - 225 W. Gurley St., (928) 776-8700 Sedona, 320 N. State Route 89A, (928) 282-8557

Yavapai Humane Society Thrift Store

1601 Iron Springs Rd, Prescott, (928) 445-5668

Galleries

The Art Store

109 S. Granite St. Prescott, (928) 443-0749

117 McCormick Street, Prescott (928) 778-0284, www.thebeastro.com

The Frame and I

229 W. Gurley St. Prescott, (928) 445-5073

Mountain Artist Gallery 228 N. Alarcon Street, Prescott, (928) 445-2510

Random Art Gallery 214 N. McCormick Street Prescott (928) 308-7355, www.randomart.biz





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- 1. Our dogs like being with us. Even we are working in the showroom, helping customers, they just like hanging out close to us. Being in proximity to their owners is restful for them.
- 2. Most customers love being greeted at the door by a wagging tail, or two, or three! Of course, on a rare occasion we have someone visit the store that are fearful of dogs, or others that just don't care for animals in general, but most frequently customers enjoy our canines.
- 3. For the pet lovers that stop in, it's an instant connection. Finding a point of rapport with customers can sometimes be challenging. We sell a "big ticket" item, and the first step in building trust is building rapport. The dogs break down the emotionally barriers and fear of purchasing. Pet lovers instantly start talking to the dogs in "doggie" tones; it's hard to be in a defensive and fearful mode when you're talking "doggie"!
- 4. The dogs become acclimated to strangers, and are calmer as a result. People often comment on how peaceful our dogs are. We are careful to get them lots of exercise, that helps with enhance good behavior, but being in the showroom most days makes them used to being around lots of people
- 5. Keeping things in perspective can be difficult. We can take life too seriously and forget to stay playful, grateful and joyful. Our dogs remind us that it's not hard to stay happy, just do it!
- 6. It's hard to overwork when your dog reminds you it's time to go home. Jett, our black lab, is like a timepiece, he puts his head on my lap at closing time as his way of saying "let's go home and eat!" He ensures I will never become a workaholic!
- 7. They enjoy coming to work and working, too. Jett often carries my files in from the car to my desk. He gets such a kick out of helping, but he does expect to be paid, with food that is!

We invite you to stop in and get a friendly greeting from Jett, Kai, Sadie or Valle!



ARE YOUR PETS PREPARED FOR AN **EMERGENCY?**









PERMANENT **IDENTIFICATION**

Permanent ID may be need if your pet is lost or gets stressed and runs away and loses their collar.

MAKE AN **EMERGENCY KIT**

Prepare your kit ahead of time and keep it near your front door for easy access.

ARRANGE SHELTER

Arrange a place for pets to stay if you evacuate. Do not leave your pets. If it isn't safe for you, it isn't safe for them!

BE PREPARED WITH RESOURCES

Animal Disaster Services is there to help shelter your pet during an evacuation. Remember the name and share with your friends!



\$25 MICROCHIPS

Proceeds donated to Animal Disaster Services

Pets often become confused in an emergency and can wander away from home in search of safety. If you and your pet become separated during a disaster or emergency situation, or even if your pet escapes the back yard, microchips greatly increase the chances of your pet being safely reunited with his family.

During April we are offering discounted microchips and all proceeds will be donated to Animal Disaster Services, a local organization that creates and maintains shelters for animals during emergency evacuations, at no cost to the pet's owner.

Microchip discount is only valid during April 2017

Call us to set up your appointment today!





OPEN 7 DAYS A WEEK

Mon - Sat 7:00am - 5:30pm Sunday 9:00am - 4:00pm *Closed Tuesdays 12noon - 2:00pm



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